

ALL TIME INDIVIDUAL BEST PERFORMANCES BY FEMALE OKLAHOMANS

Based on WMA age-graded Scoring - Actual time is converted to Open time.

(WORLD MASTERS ASSOCIATION)

WMA						AGE	PERF.	
PERCENTAGE						ACTUAL	GRADED	
Place	Name	Town	Date	Age	Place/race	Time	Time	Time
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1	Terri Cassel	Tulsa	11-19	58	Jenks Half Marathon	1:30:38	1:12:07	91.30
2	Alex Becker	Tulsa	05-08	20	Jenks/Aquarium Run	1:16:36	1:16:34	85.99
3	Joanie Hildenbrand	Oklahoma City	04-12	56	OKC Memorial Half Mar	1:34:42	1:17:25	85.04
4	Amanda Goetschius	Norman	04-17	27	OKC/Memorial Half Mar	1:18:37	1:18:37	83.74
5	Pam Sneed	Cleveland	11-04	49	Jenks Half Marathon	1:28:00	1:18:39	83.71
6	Zelia Gomez	Oklahoma City	11-17	38	Tulsa/Route 66	1:20:25	1:18:42	83.67
7	Andrea Bowman	Norman	11-94	28	Jenks Half Marathon	1:19:19	1:19:19	83.00
8	Donna Spencer	Tulsa	11-97	46	Tulsa Half Marathon	1:26:03	1:19:27	82.88
9	Lise Olivier	Tulsa	11-06	23	Tulsa/Okla. Half Mar.	1:19:42	1:19:42	82.60
10	Natasha Cockram	Tulsa	11-13	21	Tulsa/Route 66	1:19:44	1:19:44	82.57
11	Stephanie Andre	Bixby	12-16	33	Tulsa/Half & Half	1:20:10	1:19:50	82.47
12	Liz Scanlon	Norman	11-94	23	Jenks Half Marathon	1:20:06	1:20:06	82.19
13	Lydia Borges	Tulsa	11-98	57	Jenks Half Marathon	1:39:25	1:20:11	82.11
14	Susan Park	Edmond	09-11	42	OKC/Kelsey Briggs	1:24:01	1:20:15	82.05
15	Susie Evans	Tulsa	11-91	27	Jenks Half Marathon	1:20:28	1:20:28	81.81
16	Maureen Bixby	Norman	11-89	46	OKC Half Marathon	1:27:13	1:20:32	81.77
17	Ashley Carreon	Oklahoma City	04-19	30	OKC Memorial Half Mar	1:20:38	1:20:37	81.67
18	Lauren Watson	Norman	11-13	25	Tulsa/Route 66	1:20:38	1:20:38	81.64
19	Kristi Coleman	Yukon	04-17	31	OKC/Memorial Half Mar	1:20:49	1:20:44	81.54
20	Martha O'Rourke	Tulsa	11-94	44	Jenks Half Marathon	1:26:01	1:20:53	81.40
21	Ashley Miller	Oklahoma City	04-15	26	OKC Memorial Half Mar	1:20:54	1:20:54	81.38
22	Johnnie Hamilton	Inola	11-88	22	Jenks Half Marathon	1:21:00	1:21:00	81.28
23	Shannon Compton	Oklahoma City	11-96	27	Tulsa Half Marathon	1:21:03	1:21:03	81.23
24	Julie Kelly	Stillwater	04-13	59	OKC/Memorial Half Mar	1:43:24	1:21:09	81.14
25	McKale Davis	Stillwater	05-11	26	OKC Memorial Half Mar	1:21:09	1:21:09	81.13
26	Mary Kates	Tulsa	09-90	38	Catoosa Owasso	1:22:59	1:21:12	81.08
27	Tammy Jenkins	Tulsa	11-16	54	Jenks Half Marathon	1:36:55	1:21:20	80.95
28	Suzy Flagler	Norman	04-87	30	Ft. Sill/SW Oklahoma	1:21:23	1:21:22	80.91
29	Lauren Watson	Norman	05-11	22	OKC Memorial Half Mar	1:21:23	1:21:23	80.89
30	Janet Richard	Edmond	06-18	62	Stillwater/Scorcher	1:48:37	1:21:41	80.61

31	Myra Ragsdale	Ada	03-17	61	Jenks/Aquarium Run	1:47:15	1:21:50	80.47
32	Charlotte Sanderson	Tulsa	04-05	26	OKC/Memorial Half Mar	1:22:07	1:22:07	80.17
33	Deana Nelson	Norman	10-19	55	Madill/Reuel Little	1:39:18	1:22:16	80.04
34	Becky Redding	Norman	03-98	34	Norman/Arts Classic	1:22:58	1:22:26	79.87
35	Debbie Porter	Lawton	09-87	28	Catoosa Owasso	1:22:31	1:22:31	79.78
36	Debra Chronister	Oklahoma City	04-19	63	OKC Memorial Half Mar	1:51:23	1:22:33	79.75
37	Marja Willis	Tulsa	11-16	72	Tulsa/Route 66	2:08:27	1:22:36	79.71
38	Laurie Smith	Bartlesville	11-15	60	Jenks Half Marathon	1:46:46	1:22:37	79.69
39	Stephanie Andre	Bixby	03-19	36	Tulsa/T-Town Half	1:23:56	1:22:51	79.47
40	Janessa Dunn	Tulsa	11-13	21	Tulsa/Route 66	1:22:59	1:22:59	79.33
41	Emily Dunn	Tulsa	11-13	21	Tulsa/Route 66	1:22:59	1:22:59	79.33
42	Jessica Tranchina	Tulsa	10-06	29	Jenks Half Marathon	1:23:06	1:23:06	79.22
43	Jenny Graef	Norman	10-12	27	Lawton/Spir. Survival	1:23:13	1:23:13	79.11
44	Ginger Lewis	Tulsa	11-08	38	Tulsa/Route 66	1:25:06	1:23:17	79.06
45	Abby Hoover	Shawnee	04-17	22	OKC/Memorial Half Mar	1:23:16	1:23:16	79.06
46	Tammy Jones	Wagoner	04-16	52	Jenks/Aquarium Run	1:36:44	1:23:18	79.05
47	Nicole Jarvis	Tulsa	04-15	38	Jenks/Aquarium Run	1:25:13	1:23:24	78.96
48	Patricia Cadenhead	Tulsa	11-17	55	Tulsa/Route 66	1:40:42	1:23:25	78.93
49	Cheyenne Walden	Sand Springs	04-16	17	Tulsa/Golden Driller	1:26:00	1:23:27	78.89
50	Carol Madison	Tulsa	11-83	32	Jenks Half Marathon	1:23:44	1:23:32	78.82

