

FEMALE SINGLE AGE 8 km RECORDS

Name	Town	St	Time	Age	Date	Place/race
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Paula Leach	Tulsa	OK	33:38	08	10-86	Woolaroc
Paula Leach	Tulsa	OK	31:44	09	08-87	Tahlequah/Cherokee
Emily Rusley	Tulsa	OK	29:14	10	10-88	Tulsa/Challenger 8
Randie Thompson	Poteau	OK	30:43	11	04-86	Tulsa/Women's Classic
Natalie Gray	Sapulpa	OK	30:54	12	09-88	Muskogee/Vitality
Amanda Owensby	Bentonville	AR	30:37	13	08-96	Tahlequah/Cherokee
Robyn Reese	Tahlequah	OK	33:39	14	08-86	Tahlequah/Cherokee
Michelle Scholtz	Tulsa	OK	30:12	15	10-84	Woolaroc/Stroh's
Michelle Scholtz	Tulsa	OK	30:52	16	10-85	Woolaroc
Emily Helms	Mustang	OK	30:42	17	02-13	OKC/Groundhog Run
Michelle Scholtz	Tulsa	OK	30:23	18	06-87	Tulsa/Women's Classic
Alana Gray	Pryor	OK	30:18	19	08-86	Tahlequah/Cherokee
Joanna Dias	Fayetteville	AR	28:50	20	10-88	Tulsa/Challenger 8
Jackie Goodman	Stillwater	OK	27:47	21	12-89	Tulsa/Holiday Classic
Kay Gooch	Norman	OK	27:51	22	12-94	OKC/Kris Kringle
Sabrina Dornhoefer	Stillwater	OK	27:45	23	10-87	Woolaroc
Donna Levy	Stillwater	OK	27:38	24	10-92	Tulsa/CPA Run
Sabrina Dornhoefer	Stillwater	OK	26:31	25	04-89	Tulsa/Okla. Land Run
Susie Evans	Tulsa	OK	28:41	26	04-90	Tulsa/Oklahoma Cup
Kim Droen	Eden Prairie	MN	27:43	27	04-90	Tulsa/Oklahoma Cup
Karen Cramond	Edmond	OK	27:48	28	05-86	Sapulpa/All American
Louise Mohanna	Cairo	NE	27:48	28	04-90	Tulsa/Oklahoma Cup
Camille Herron	Norman	OK	28:44	29	07-11	Tulsa/Glen's Run
Katalin Racz	Oklahoma City	OK	29:51	30	03-96	Edmond/Frigid Five
Suzy Flagler	Norman	OK	29:17	31	10-87	Tulsa/Challenger 8
Julie Thomas	Tulsa	OK	29:44	32	10-95	Tulsa/Run to Read
Carol Madison	Tulsa	OK	29:28	33	07-84	OKC/Draper/OKCRC
Heather McKeown	Tulsa	OK	31:29	34	08-87	Muskogee/Vitality
Laura Downey	Elk City	OK	29:52	35	09-91	OKC/Sundown
Teena Colebrook	Fayetteville	AR	30:06	36	10-93	Tulsa/CPA Run
Suzy Hunt	Norman	OK	29:06	37	10-93	Tulsa/Run to Read
Martha O'Rourke	Tulsa	OK	29:26	38	10-88	Tulsa/Challenger 8
Martha O'Rourke	Tulsa	OK	29:45	39	10-89	Tulsa/Challenger 8
Martha O'Rourke	Tulsa	OK	30:21	40	10-89	Tulsa/Stairmaster
Martha O'Rourke	Tulsa	OK	30:10	41	04-92	Tulsa/Oklahoma Cup

Mary Hydrick	Tulsa	OK	32:55	42	10-94	Tulsa/Run to Read
Martha O'Rourke	Tulsa	OK	31:09	43	10-93	Tulsa/Run to Read
Jane Hutchison	Webb City	MO	29:25	44	12-89	Tulsa/Holiday Classic
Maureen Bixby	Norman	OK	30:15	45	06-87	OKC/Red Earth Run
Maureen Bixby	Norman	OK	30:34	46	10-88	Tulsa/Challenger 8
Jan Haddad	Norman	OK	33:11	47	11-08	OKC/Turkey Trot Clas.
Terri Cassel	Tulsa	OK	32:00	48	09-09	Tulsa/Glen's Run
Pam Sneed	Cleveland	OK	32:46	49	09-05	Tulsa/Hurricane Run
Lydia Borges	Tulsa	OK	33:27	50	09-92	Tulsa Zoo Run
Barbara Luciano	Oklahoma City	OK	32:36	51	11-01	OKC/Turkey Trot Clas.
Terri Cassel	Tulsa	OK	33:28	52	10-13	Bartlesville/Woolaroc
Donna Wright	Bartlesville	OK	34:41	53	07-88	Tulsa/Pow Wow
Terri Cassel	Tulsa	OK	33:36	54	05-16	Tulsa/Riverside 5
Terri Cassel	Tulsa	OK	33:22	55	05-17	Tulsa/Riverside 5
Lydia Borges	Tulsa	OK	35:58	56	10-98	Tulsa/Run to Read
Terri Cassel	Tulsa	OK	34:44	57	05-19	Tulsa/Riverside 5
Janet Myers	Bethany	OK	38:07	58	07-95	Bethany Classic
Janet Myers	Bethany	OK	37:08	59	04-96	Tulsa/Osteopathic
Jane Hutchison	Webb City	MO	37:50	60	05-06	Tulsa/Riverside 5
Marilyn Thompson	Tulsa	OK	40:02	61	04-92	Tulsa/Oklahoma Cup
Marilyn Thompson	Tulsa	OK	44:59	62	07-93	Inola/Run for St.Jude
Dru Young	Sapulpa	OK	40:01	63	04-99	Tulsa/Osteopathic
Marilyn Thompson	Tulsa	OK	42:25	64	09-95	Tulsa Zoo Run
Linda Foster	Oklahoma City	OK	42:30	65	01-05	OKC/Run for your Life
Opal Alexander	Tulsa	OK	48:00	66	09-94	Tulsa Zoo Run
Faith Walkwitz	Tahlequah	OK	42:05	67	04-02	Tulsa/Osteopathic
Martha O'Rourke	Tulsa	OK	44:35	68	05-19	Tulsa/Riverside 5
Faith Walkwitz	Tahlequah	OK	46:00	69	09-03	Tulsa/Hurricane Run
Pat Hill	Oklahoma City	OK	44:15	70	06-99	Inola/Run for St.Jude
Kathy Moffitt	Oklahoma City	OK	48:23	71	05-09	OKC/Dog Jog
Mona Keffer	Bartlesville	OK	49:43	72	10-09	Bartlesville/Woolaroc
Pat Hill	Oklahoma City	OK	48:22	73	11-01	OKC/Turkey Trot Clas.
Deloris Green	Oklahoma City	OK	54:12	74	11-05	OKC/Turkey Trot. Clas
Katy Moffitt	Oklahoma City	OK	55:15	75	03-13	OKC/St. Paddy's
Pat Hill	Oklahoma City	OK	57:16	76	01-05	OKC/Chili Day

