

MALE SINGLE AGE 5 km RECORDS

Name	Town	St	Time	Age	Date	Place/race
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Jericho McKinney	Paden	OK	20:40	6	09-18	Tuskahoma/Choc. Nat.
Jonathan Reid	Enid	OK	20:27	7	09-97	Enid/Great Land Run
Jani Mahendra	Stillwater	OK	19:25	8	12-90	Tulsa/Jingle Bell
Jed Helker	Tulsa	OK	18:41	9	04-09	Broken Arrow/Grace
Kevin Schwab	Mustang	OK	18:26	10	10-99	Stillwater/Juke Joint
Tyler Roark	Broken Arrow	OK	17:36	11	04-96	Muskogee/Azalea
Cody Jones	Tulsa	OK	16:38	12	05-10	Tulsa/Full Moon
Kevin Schwab	Mustang	OK	16:41	13	03-03	OKC/Beacon on the Bay
Kevin Schwab	Mustang	OK	16:08	14	01-04	OKC/Chili Day
Kevin Schwab	Mustang	OK	15:45	15	08-04	Norman/Ike Hike
Cody Jones	Jenks	OK	15:43	16	08-13	Tulsa/Riverside 5000
Tommy Horn	Broken Arrow	OK	15:30	17	09-78	Tulsa/Mohawk/TRC
Isai Rodriquez	Ringwood	OK	14:58	18	08-16	Tulsa/Riverside 5000
Mark Anderson	Fayetteville	AR	14:45	19	12-78	Tulsa/Mohawk/TRC
Mornay Annandale	Wichita	KS	14:36	20	12-90	Tulsa/Jingle Bell
Patrick Kiptum	Stillwater	OK	14:32	21	08-94	Tulsa/Night Light
Eliud Ngetich	Santa Fe	NM	14:06	22	09-16	Norman/Brookhaven
Philliman Hanneck	El Paso	TX	14:07	23	05-94	Bristow/Wildflower
Mathew Chesang	Manhattan	KS	14:11	24	09-06	Norman/Brookhaven
Tim Gargiulo	Dallas	TX	14:25	25	05-93	Tulsa/Field of Dreams
Tim Gargiulo	Dallas	TX	14:18	26	05-94	Tulsa/Field of Dreams
Aron Rono	Santa Fe	NM	13:51	27	09-10	Norman/Brookhaven
Paul Donovan	Fayetteville	AR	14:11	28	05-92	Tulsa/Field of Dreams
Paul Donovan	Fayetteville	AR	14:14	29	05-93	Tulsa/Field of Dreams
Paul Donovan	Fayetteville	AR	14:10	30	05-94	Tulsa/Field of Dreams
Mark Thompson	Edmond	OK	14:45	31	09-10	Norman/Brookhaven
Kevin Mitchell	Fayetteville	AR	15:04	32	03-94	Tulsa/C. Mitchell's
Michael Larsen	Tyro	KS	14:58	33	06-87	Brkn. Arrow/Love Run
Ken Hardwick	Oklahoma City	OK	15:11	34	10-84	Enid/Chisholm Trail
Charles Mulinga	Fayetteville	AR	14:12	35	09-98	Norman/Brookhaven
Stephen Ariga	Allen	TX	14:48	36	09-09	Norman/Brookhaven
Charles Mulinga	Fayetteville	AR	14:33	37	08-00	Tulsa/Night Light
David Satre	Oklahoma City	OK	14:56	38	05-15	OKC/Oklahoma Strong
Henry Rono	Albuquerque	NM	14:36	39	12-91	Tulsa/Jingle Bell
Doug Bell	Greeley	CO	14:56	40	12-90	Tulsa/Jingle Bell

Sammy Kiplagat	San Antonio	TX	15:05	41	08-14	Norman/Brookhaven
Doug Bell	Greeley	CO	15:55	42	05-93	Tulsa/Field of Dreams
John Bermingham	Edmonton AL	CN	15:28	43	05-95	Bristow/Wildflower
Charlie Gray	Lee's Summit	MO	15:40	44	05-98	Bristow/Wildflower
Pete Orban	Claremore	OK	16:04	45	06-01	Tulsa/Full Moon
Charlie Gray	Lee's Summit	MO	15:54	46	05-00	Bristow/Wildflower
Pete Orban	Claremore	OK	16:14	47	06-03	Tulsa/Twilight Run
Pete Orban	Claremore	OK	16:17	48	06-04	Tulsa/Full Moon
Pete Orban	Claremore	OK	16:17	49	06-05	Tulsa/Kidney Klassic
Pete Orban	Claremore	OK	16:24	50	08-05	Norman/Brookhaven
Pete Orban	Claremore	OK	16:25	51	10-06	Tulsa/Red Ribbon
Pete Orban	Claremore	OK	16:38	52	07-08	Tulsa/Mohawk/TRC
Mike Kelly	Stillwater	OK	16:45	53	05-07	OKC/Sooner Games
Mike Kelly	Stillwater	OK	16:58	54	09-07	Perry/Cherokee Strip
Mike Kelly	Stillwater	OK	17:01	55	04-09	Stillwater/Remember
Pete Orban	Claremore	OK	17:08	56	03-12	Tulsa/Parkside Run
Mike Kelly	Stillwater	OK	17:27	57	07-11	OKC/Stars & Stripes
Mike Kelly	Stillwater	OK	17:21	58	09-11	Perkins/Pistol Pete
Mike Kelly	Stillwater	OK	17:47	59	10-12	Shawnee/FamilyPromise
Pete Orban	Claremore	OK	17:47	59	09-14	Pyror/Fall Fever
Jack Gentry	Rogers	AR	17:56	60	07-89	Tulsa/Mohawk/TRC
Jack Gentry	Rogers	AR	18:20	61	12-89	Tulsa/Jingle Bell
Steve Blanchard	Tulsa	OK	18:23	62	07-94	Tulsa/Mohawk/TRC
Steve Blanchard	Tulsa	OK	18:23	63	04-95	Tulsa/Corp. Challenge
Steve Blanchard	Tulsa	OK	19:08	64	07-96	Tulsa/Mohawk/TRC
Jack Gentry	Rogers	AR	19:12	65	03-93	Claremore Challenge
Jim Smith	Oklahoma City	OK	19:52	66	07-88	Tulsa/Mohawk/TRC
Paul Heitzman	Eudora	KS	19:21	67	08-98	Tulsa/SandRun
Paul Heitzman	Eudora	KS	19:06	68	01-00	Tulsa/Resolution Run
Paul Heitzman	Eudora	KS	19:12	69	04-00	Tulsa/Grace Race
Paul Heitzman	Eudora	KS	19:52	70	03-01	Tulsa/Schlotzskys
Paul Heitzman	Eudora	KS	20:05	71	03-02	Tulsa/St. Patricks
Paul Heitzman	Eudora	KS	20:27	72	03-03	Tulsa/Wish Lemons
Steve Blanchard	Tulsa	OK	21:55	73	06-05	Bixby/Green Corn
Paul Heitzman	Eudora	KS	22:43	74	10-05	Tulsa/Red Ribbon
Paul Heitzman	Eudora	KS	22:24	75	02-06	Tulsa/Mohawk Thirty
Jack Gentry	Rogers	AR	23:14	76	07-04	Tulsa/Mohawk/TRC
Richard Irons	Tulsa	OK	26:13	77	09-11	Tulsa/Race for Cure

Don Walkwitz	Tahlequah	OK	26:22	78	05-12	Stilwell/Berries
Jack Gentry	Rogers	AR	25:15	79	03-07	Tulsa/St. Patricks
Jack Gentry	Rogers	AR	27:24	80	07-08	Tulsa/Mohawk/TRC
Fisher Lewis	Bethany	OK	29:26	81	10-02	Watonga/Rat Race
Paul Heitzman	Eudora	KS	28:48	82	05-13	Tulsa/Cinco de Mayo
Lowell Green	Oklahoma City	OK	35:24	85	05-09	OKC/Gusher Gallop
Marion McAnelly	Stilwell	OK	44:51	91	05-91	Stilwell/Berries

