

FEMALE MASTERS 5 km TOP INDIVIDUAL "BEST PERFORMANCES"

Based on WMA age-graded scoring. Actual time is converted to Open time.

(World Masters Athletics)

Place	Name	Town	St	Ag	Time	AGE		Date	Place/race
						ACTUAL	GRADED %		
1	Terri Cassel	Tulsa	OK	58	20:29	16:18	90.81	03-20	Tulsa/St. Patricks
2	Jane Hutchison	Webb City	MO	63	22:02	16:20	90.62	03-09	Tulsa/St. Patricks
3	Deb Torneden	Wichita	KS	48	18:27	16:41	88.71	09-09	Norman/Brookhaven
4	Pat Hill	Oklahoma City	OK	71	25:32	16:42	88.64	09-99	OKC/Race for Cure
5	Mary Myles	Norman	OK	50	18:55	16:42	88.63	09-06	Norman/Race Judicata
6	Barbara Luciano	Arlington	TX	60	21:51	16:55	87.57	10-10	OKC/Race for Cure
7	Melody Fairchild	Boulder	CO	40	17:29	16:56	87.51	11-13	Tulsa/Black Friday
8	Gale Mason	Broken Arrow	OK	60	21:53	16:56	87.43	09-08	Tulsa/Race for Cure
9	Pauline Marks	Wagoner	OK	50	19:36	17:19	85.54	12-16	Tulsa/Falalala
10	Kathy Ritchhart	Jasper	MO	64	23:42	17:19	85.51	03-14	Nowata/Rotary Club
11	Brenda Stukey	Broken Arrow	OK	40	17:55	17:21	85.39	09-99	Tulsa/Rhythm Run
12	Janet Myers	Bethany	OK	59	22:06	17:21	85.37	03-96	Tulsa/Schlotzskys
13	Pam Sneed	Cleveland	OK	49	19:25	17:22	85.32	09-05	Tulsa/Race for Cure
14	Carolyn Buckner	El Dorado	KS	61	22:45	17:22	85.28	09-98	Tulsa/Okla. Sen. Oly.
15	Cindy Woods	Bluejacket	OK	52	20:13	17:25	85.00	08-15	Vinita/Fire Up Lions
16	Ginny Syring	Jay	OK	59	22:12	17:26	84.98	04-16	Tahlequah/Red Fern
17	Julie Kelly	Stillwater	OK	55	21:03	17:27	84.88	09-08	Perkins/Pistol Pete
18	Lisa Todd	Ardmore	OK	50	19:49	17:30	84.61	06-17	Ardmore/Turtle Run
19	Barbara Roper	Sherman	TX	54	20:53	17:32	84.44	10-18	Madill/Reuel Little
20	Martha O'Rourke	Tulsa	OK	52	20:27	17:37	84.03	06-03	Tulsa/Race for Educ.
21	Jessica Meyers	Tulsa	OK	40	18:14	17:39	83.91	03-19	Tulsa/St. Patricks
22	Lydia Borges	Tulsa	OK	57	21:53	17:39	83.85	04-99	Tulsa/Field of Dreams
23	Kirsten Chapman	Edmond	OK	46	19:08	17:40	83.80	09-09	Norman/Brookhaven
24	Maureen Bixby	Norman	OK	44	18:49	17:42	83.61	07-86	Tulsa/Mohawk/TRC
25	Jan Haddad	Norman	OK	55	21:23	17:43	83.55	09-16	Norman/Brookhaven
26	Faith Walkwitz	Bensenville	IL	65	24:39	17:44	83.50	04-99	Muskogee/Azalea
27	Kathleen Williams	Springfield	IL	68	25:56	17:49	83.10	11-17	Tulsa/Route 66
28	Maggie Chan-Roper	Provo	UT	40	18:25	17:50	83.08	11-15	Prague/Streets Gold
29	Julie Donelson	Tulsa	OK	52	20:42	17:50	83.01	04-17	Stillwater/Remember
30	Keith Frates	Oklahoma City	OK	51	20:28	17:51	82.90	12-11	MWC/Night Light
31	Debra Carlson	Edmond	OK	53	21:01	17:52	82.87	11-17	OKC/Turkey Tracks
32	Donna Spencer	Tulsa	OK	45	19:10	17:52	82.87	05-97	Tulsa/Woody's

33	Mary Mikkelson	Oklahoma City	OK 55	21:38	17:56	82.59	09-16	OKC/Heels for Hope
34	Roxanne Meyer	Shawnee	OK 41	18:38	17:56	82.56	04-99	Tulsa/Field of Dreams
35	Susan Gallemore	Colleyville	TX 58	22:32	17:56	82.54	12-09	Bartlesville/Basal
36	Debra Carlson	Edmond	OK 56	21:58	17:58	82.40	01-21	Tulsa/Go Short
37	Jan Haddad	Norman	OK 47	19:41	18:00	82.30	09-08	Shawnee/St. Gregory's
38	Leslie Cens-McDowell	Johnstown	PA 42	18:51	18:01	82.23	12-88	Tulsa/New Year Run
39	Liz Kyger	Oldfield	MO 56	22:01	18:00	82.21	01-16	Tulsa/Race New Year
40	Donna Munkelwitz	Tulsa	OK 52	20:55	18:01	82.15	03-18	Tulsa/St. Patricks
41	Dorothy Debolt	Claremore	OK 73	28:31	18:02	82.12	09-09	Tulsa/Race for Cure
42	Lisa Mills	Rogers	AR 48	19:56	18:02	82.11	05-05	Bristow/Wildflower
43	Tammy Jenkins	Tulsa	OK 52	20:57	18:03	82.02	08-16	Tulsa/Riverside 5000
44	Julie Donelson	Tulsa	OK 42	18:54	18:04	82.01	09-07	Tulsa/Race for Cure
45	Francie Larrieu Smith	Georgetown	TX 43	19:04	18:05	81.91	09-96	OKC/Race for Cure
46	Rosie New	Anna	TX 51	20:43	18:04	81.90	10-10	Stillwater/Juke Joint
47	Julie Donelson	Tulsa	OK 55	21:51	18:06	81.77	10-19	Tulsa Run
48	Geraldine Weber	Watonga	OK 61	23:45	18:08	81.68	10-02	Stillwater/Juke Joint
49	Kim Bricker	Edmond	OK 41	18:50	18:07	81.68	03-01	Tulsa/Schlotzskys
50	Sheila Natho	Dallas	TX 50	20:32	18:08	81.66	09-16	Norman/Brookhaven

