

FEMALE 5 km BEST TIMES

AIDED COURSE - POINT TO POINT (weather and/or terrain aided)

Times are listed ONLY IF runner has run a faster aided course time than an unaided time OR if runner has not recored an unaided time. RUNNER MAY BE LISTED MORE THAN ONCE FOR OPEN AND AGE GROUPS. AGE GROUPS NOT DESIGNATED.

Place	Name	Town	St	Age	Time	Pace	Date	Place/race
1	Donna Levy	West Fork	AR	29	16:15	3:15	03-98	Tulsa/Schlotzskys
2	Christine McMiken	Stillwater	OK	25	16:30	3:18	12-88	Tulsa/Jingle Bell
3	Jackie Goodman	Stillwater	OK	20	16:33	3:19	12-88	Tulsa/Jingle Bell
4	Siri Alfheim	Stillwater	OK	26	16:37	3:20	10-02	Tulsa Run
5	Deb Torneden	Coffeyville	KS	31	16:54	3:23	03-92	Tulsa/C. Mitchell's
6	Karen Cramond	Edmond	OK	27	16:55	3:23	03-86	Tulsa/C. Mitchell's
7	Juanita Wilson	Eules	TX	27	16:57	3:24	05-93	Sand Springs Run
8	Edel Hackett	Fayetteville	AR	25	17:10	3:26	03-90	Tulsa/C. Mitchell's
9	Donna Thibert	Stillwater	OK	20	17:19	3:28	03-87	Tulsa/C. Mitchell's
10	Susie Evans	Tulsa	OK	28	17:33	3:31	03-93	Tulsa/C. Mitchell's
11	Michelle Scholtz	Tulsa	OK	20	17:36	3:32	05-89	Sand Springs Run
12	Michelle Scholtz	Tulsa	OK	18	17:38	3:32	03-87	Tulsa/C. Mitchell's
13	Martha O'Rourke	Tulsa	OK	39	17:44	3:33	03-90	Tulsa/C. Mitchell's
14	Sherrie Keim	Dodge	TX	33	17:45	3:33	05-95	Tulsa/Brookside Str.
15	Marjorie McFarland	Independence	KS	33	17:45	3:33	11-01	Sand Springs Run
16	Karen Chance	Tulsa	OK	22	17:59	3:36	06-83	Tulsa/Superun
17	Kristen Jett	Coppell	TX	35	17:59	3:36	11-01	Sand Springs Run
18	Rene Pillow-Munz	St. Louis	MO	25	18:00	3:36	11-97	Sand Springs/FasTrak
19	Natalie Gray	Sapulpa	OK	13	18:10	3:38	03-89	Tulsa/C. Mitchell's
20	Veta Weir	Tulsa	OK	33	18:12	3:39	03-92	Tulsa/C. Mitchell's
21	Shelly Moore	Deer Creek	OK	21	18:12	3:39	05-95	Tulsa/Brookside Str.
22	Randie Thompson	Poteau	OK	13	18:13	3:39	05-88	Sand Springs Run
23	Rhonda Tipton	Oklahoma City	OK	32	18:17	3:40	05-91	Sand Springs Run
24	Brittany Mason	Stillwater	OK	20	18:18	3:40	11-06	Tulsa Run
25	Jackie Goodman	Stillwater	OK	19	18:19	3:40	12-87	Tulsa/Jingle Bell
26	Natalie Gray	Sapulpa	OK	12	18:19	3:40	05-88	Sand Springs Run
27	Shannon Roche	Oklahoma City	OK	25	18:20	3:40	05-95	Tulsa/Brookside Str.
28	Kristen Jett	Coppell	TX	34	18:20	3:40	11-00	Sand Springs Run
29	Kim Doeksen	Stillwater	OK	16	18:21	3:41	03-87	Tulsa/C. Mitchell's
30	Michelle Scholtz	Tulsa	OK	14	18:23	3:41	06-83	Tulsa/Superun
31	Lora Davies	Stillwater	OK	20	18:23	3:41	12-86	Tulsa/Jingle Bell

32	Kaelyn Balch	Wichita	KS	13	18:25	3:41	10-08	Tulsa Run
33	Laurie Valade	Tulsa	OK	27	18:26	3:42	03-86	Tulsa/C. Mitchell's
34	Kirsten Hinkle	Tulsa	OK	21	18:27	3:42	03-87	Tulsa/C. Mitchell's
35	Terri Foreman	Tulsa	OK	39	18:27	3:42	11-00	Sand Springs Run
36	Emily Rusley	Tulsa	OK	14	18:28	3:42	03-92	Tulsa/C. Mitchell's
37	Mary Hydrick	Tulsa	OK	40	18:29	3:42	03-93	Tulsa/C. Mitchell's
38	Keith Frates	Crested Butte	CO	32	18:30	3:42	03-93	Tulsa/C. Mitchell's
39	Marla Stuart	Broken Arrow	OK	27	18:32	3:43	03-93	Tulsa/C. Mitchell's
40	Erin Simpson	Tulsa	OK	21	18:33	3:43	03-97	Tulsa/Schlotzskys
41	Marlene Martindale	Tulsa	OK	34	18:35	3:43	11-98	Sand Springs Run
42	Maureen Bixby	Norman	OK	45	18:36	3:44	09-87	Tulsa/Spec. Olympics
43	Jan Buschman	Norman	OK	30	18:38	3:44	03-92	Tulsa/C. Mitchell's
44	Emily Corbett	Norman	OK	21	18:40	3:44	11-98	Sand Springs Run
45	Regan Ward	Okmulgee	OK	16	18:40	3:44	10-10	Tulsa Run
46	Donna Spencer	Ft. Worth	TX	40	18:41	3:45	03-92	Tulsa/C. Mitchell's
47	Donna Spencer	Tulsa	OK	39	18:42	3:45	03-91	Tulsa/C. Mitchell's
48	Maryana Young	Tulsa	OK	21	18:43	3:45	03-86	Tulsa/C. Mitchell's
49	Jenny Nemece	Tulsa	OK	15	18:44	3:45	05-95	Tulsa/Brookside Str.
50	Nanette Mitchell	Fayetteville	AR	29	18:44	3:45	03-97	Tulsa/Schlotzskys
51	Sherri Duke	Tulsa	OK	29	18:47	3:46	03-92	Tulsa/C. Mitchell's
52	Paula Leach	Tulsa	OK	08	18:49	3:46	03-87	Tulsa/C. Mitchell's
53	Gretchen Grindle	Portland	OR	18	18:49	3:46	03-97	Tulsa/Schlotzskys
54	Phyllis Downe	Tulsa	OK	32	18:50	3:46	09-88	Tulsa/Spec. Olympics
55	Brenda Stukey	Tulsa	OK	35	18:50	3:46	03-98	Tulsa/Schlotzskys
56	Mary Grene	Andover	KS	45	18:53	3:47	10-07	Tulsa Run
57	Sherri Duke	Tulsa	OK	26	18:54	3:47	11-99	Sand Springs Run
58	Linda Wohlgemuth	Tulsa	OK	29	18:55	3:47	03-93	Tulsa/C. Mitchell's
59	Julie Donelson	Tulsa	OK	37	18:55	3:47	11-01	Sand Springs Run
60	Rosa Reyes	Norman	OK	22	18:56	3:48	06-95	OKC/89er Diamond
61	Amy Bomer	Tulsa	OK	18	18:57	3:48	03-90	Tulsa/C. Mitchell's
62	Patsy Daniel	Claremore	OK	37	18:58	3:48	09-86	Tulsa/Spec. Olympics
63	Pat Hartmuller	Tulsa	OK	28	18:59	3:48	09-86	Tulsa/Spec. Olympics
64	Kristen Patric	Oklahoma City	OK	18	18:59	3:48	03-91	Tulsa/C. Mitchell's
65	Camille Herron	Duncan	OK	16	19:00	3:48	03-98	Tulsa/Schlotzskys
66	Jane Hutchinson	Webb City	MO	52	19:01	3:49	03-98	Tulsa/Schlotzskys
67	Karen Griffen	Tulsa	OK	25	19:03	3:49	06-83	Tulsa/Superun
68	Janet Shurtz	Wichita	KS	26	19:03	3:49	03-87	Tulsa/C. Mitchell's
69	Tracy Bowers	Bartlesville	OK	25	19:03	3:49	03-87	Tulsa/C. Mitchell's

70	Cheryl Griffin	Russellville	AR	29	19:03	3:49	03-93	Tulsa/C. Mitchell's
71	Katie McGraw	Tulsa	OK	17	19:03	3:49	05-96	Tulsa/Brookside Str.
72	Terri Cassel	Tulsa	OK	45	19:04	3:49	11-06	Tulsa Run
73	Dona Madsen	Tahlequah	OK	28	19:05	3:49	12-87	Tulsa/Jingle Bell
74	Connie Lee	Claremore	OK	31	19:05	3:49	05-90	Sand Springs Run
75	Julie Nelson	Stillwater	OK	19	19:06	3:50	03-93	Tulsa/C. Mitchell's
76	Julie Thomas	Tulsa	OK	35	19:10	3:50	03-98	Tulsa/Schlotzskys
77	Lisa McGrath	Edmond	OK	23	19:11	3:51	07-90	Barbara Brennan
78	Melissa Housley	Sapulpa	OK	19	19:11	3:51	03-97	Tulsa/Schlotzskys
79	Amy Brown	Tulsa	OK	14	19:12	3:51	06-83	Tulsa/Superun
80	Vicky Fegaly	Catoosa	OK	39	19:12	3:51	05-88	Sand Springs Run
81	Debbie Brooks	Tulsa	OK	31	19:12	3:51	03-92	Tulsa/C. Mitchell's
82	Debra Strobe	Fayetteville	AR	40	19:12	3:51	03-97	Tulsa/Schlotzskys
83	Barbara Luciano	Oklahoma City	OK	46	19:12	3:51	03-98	Tulsa/Schlotzskys
84	Jeannie McDaniel	Tulsa	OK	38	19:13	3:51	03-87	Tulsa/C. Mitchell's
85	Chris Byerly	Tulsa	OK	18	19:15	3:51	03-85	Tulsa/C. Mitchell's
86	Martha Heinsius	Tulsa	OK	31	19:16	3:52	06-83	Tulsa/Superun
87	Nancee Weeks-Fuhr	Mulvane	KS	41	19:16	3:52	05-93	Sand Springs Run
88	Cheryl Minnix	Fayetteville	AR	33	19:16	3:52	03-97	Tulsa/Schlotzskys
89	Atalie Barber	Tulsa	OK	17	19:16	3:52	11-99	Sand Springs Run
90	Rachel Barber	Tulsa	OK	21	19:16	3:52	06-06	Tulsa/Full Moon
91	Madison Brown	Tulsa	OK	13	19:16	3:52	10-08	Tulsa Run
92	Tasha Lance	Tulsa	OK	17	19:18	3:52	03-97	Tulsa/Schlotzskys
93	Fran Olsen-Sharp	Norman	OK	33	19:19	3:52	05-93	Sand Springs Run
94	Kelli O'Rourke	Tulsa	OK	17	19:19	3:52	11-97	Sand Springs/FasTrak
95	Vanessa Couch	Waynesville	MO	29	19:20	3:52	11-99	Sand Springs Run
96	Janet Matthews	Tulsa	OK	34	19:21	3:53	08-92	Glenpool/Run Amuck
97	Meghan Sullivan	Stillwater	OK	21	19:21	3:53	11-06	Tulsa Run
98	Kim Doeksen	Stillwater	OK	15	19:22	3:53	03-86	Tulsa/C. Mitchell's
99	Rae McSweeney	Tulsa	OK	28	19:23	3:53	03-91	Tulsa/C. Mitchell's
100	Kim Neall	Pryor	OK	40	19:23	3:53	05-95	Tulsa/Brookside Str.
101	Susie Fuller	Oklahoma City	OK	28	19:25	3:53	03-86	Tulsa/C. Mitchell's
102	Tammy Wildcat	Vian	OK	16	19:29	3:54	09-88	Tulsa/Spec. Olympics
103	Suzanne Fillion	St. Louis	MO	28	19:29	3:54	03-91	Tulsa/C. Mitchell's
104	Jenny Paul	Tulsa	OK	27	19:29	3:54	06-06	Tulsa/Full Moon
105	Diane Perry	Tulsa	OK	40	19:30	3:54	03-91	Tulsa/C. Mitchell's
106	Vicki Keffer	Ponca City	OK	23	19:31	3:55	06-83	Tulsa/Superun
107	Shannon Steele	Tulsa	OK	37	19:31	3:55	03-98	Tulsa/Schlotzskys

108	Regan Ward	Okmulgee	OK	13	19:31	3:55	10-07	Tulsa Run
109	Jami Bunge	Tulsa	OK	20	19:32	3:55	11-95	Tulsa/Route 66
110	Donna Oxley	Tulsa	OK	31	19:32	3:55	03-97	Tulsa/Schlotzskys
111	Patsy Lambert	Norman	OK	37	19:33	3:55	09-85	OKC/Focus on Health
112	Ann Crawley	Tulsa	OK	40	19:33	3:55	09-86	Tulsa/Spec. Olympics
113	Rebecca Gibson	Tula	OK	35	19:36	3:56	03-91	Tulsa/C. Mitchell's
114	Christie Lammers	Ft. Smith	AR	35	19:40	3:56	03-92	Tulsa/C. Mitchell's
115	Joan Pringle	Tulsa	OK	32	19:41	3:57	12-88	Tulsa/Jingle Bell
116	Grace Barber	Tulsa	OK	13	19:42	3:57	10-10	Tulsa Run
117	Jaymie Mann	Broken Arrow	OK	14	19:43	3:57	06-83	Tulsa/Superun
118	Rita Flagler	Norman	OK	33	19:43	3:57	05-91	Sand Springs Run
119	Michelle Ahlgren	Tulsa	OK	15	19:43	3:57	03-97	Tulsa/Schlotzskys
120	Denise Smart	Tulsa	OK	28	19:44	3:57	03-91	Tulsa/C. Mitchell's
121	Trudy Calloway	Wichita	KS	45	19:46	3:58	05-93	Sand Springs Run
122	Shawna Myers	Richmond	TX	27	19:46	3:58	11-01	Sand Springs Run
123	Suzanne Duncan	Tulsa	OK	19	19:47	3:58	09-87	Tulsa/C. Mitchell's
124	Martha Heinsius	Tulsa	OK	35	19:47	3:58	03-87	Tulsa/C. Mitchell's
125	Erica Lovely	Comanche	OK	13	19:47	3:58	11-09	Lawton/Frost Fanny
126	Kathy Royce	Fayetteville	AR	28	19:48	3:58	06-83	Tulsa/Superun
127	Mary Gade	Stillwater	OK	29	19:48	3:58	12-88	Tulsa/Jingle Bell
128	Barbara Manning	Owasso	OK	41	19:49	3:58	03-86	Tulsa/C. Mitchell's
129	Holly Young	Dewey	OK	12	19:50	3:58	03-86	Tulsa/C. Mitchell's
130	Demetra Castille	Oklahoma City	OK	17	19:50	3:58	09-86	Tulsa/Spec. Olympics
131	Sandy Knox	Salina	KS	23	19:52	3:59	06-83	Tulsa/Superun
132	Martie McCain	Tulsa	OK	33	19:52	3:59	09-85	Tulsa/Family Run
133	Brittani Johnson	Stillwater	OK	19	19:52	3:59	04-09	OKC/Redbud Classic
134	Laura Heaton	Stillwater	OK	18	19:52	3:59	04-09	OKC/Redbud Classic
135	Sue McCaslin	Tulsa	OK	36	19:53	3:59	03-93	Tulsa/C. Mitchell's
136	Donna Hart	Tulsa	OK	31	19:54	3:59	06-83	Tulsa/Superun
137	Pat Case	Tulsa	OK	40	19:56	4:00	05-88	Sand Springs Run
138	Katy Moffett	Tulsa	OK	37	19:57	4:00	12-88	Tulsa/Jingle Bell
139	Lydia Borges	Tulsa	OK	47	19:59	4:00	05-89	Sand Springs Run
140	Ellen Hughes	Tulsa	OK	27	19:59	4:00	03-91	Tulsa/C. Mitchell's
141	Donna Laden	Tulsa	OK	39	19:59	4:00	11-99	Sand Springs Run
142	Cheryl Litsch	Guthrie	OK	41	19:59	4:00	11-01	Sand Springs Run
143	Alex Kirkpatrick	Sapulpa	OK	19	19:59	4:00	11-06	Tulsa Run
144	Julie Anderson	Bartlesville	OK	19	20:02	4:01	09-86	Tulsa/Spec. Olympics
145	Cynthia Reffner	Tulsa	OK	18	20:04	4:01	03-85	Tulsa/C. Mitchell's

146	Jenna Wichmann	Tulsa	OK	17	20:07	4:02	10-08	Tulsa Run
147	Trish Portuese	Birmingham	AL	35	20:09	4:02	11-98	Sand Springs Run
148	Tiffany Bowden	Rush Springs	OK	19	20:10	4:02	09-86	Tulsa/C. Mitchell's
149	Jameka Roberts	Tulsa	OK	18	20:10	4:02	11-95	Tulsa/Route 66
150	Kaelyn Balch	Wichita	KS	12	20:12	4:03	10-07	Tulsa Run
151	Jessica Kiser	Comanche	OK	13	20:12	4:03	11-09	Lawton/Frost Fanny
152	Stephanie Cox	Tulsa	OK	17	20:13	4:03	03-86	Tulsa/C. Mitchell's
153	Jessica Kiser	Comanche	OK	12	20:13	4:03	11-08	Lawton/Frost Fanny
154	Amanda Erwin	Tulsa	OK	19	20:14	4:03	03-92	Tulsa/C. Mitchell's
155	Julie Donelson	Tulsa	OK	45	20:14	4:03	10-09	Tulsa Run
156	Sharon Cooper	Claremore	OK	44	20:16	4:04	06-83	Tulsa/Superun
157	Pam Sneed	Cleveland	OK	47	20:16	4:04	09-03	Tulsa/Route 66
158	Randie Thompson	Poteau	OK	17	20:18	4:04	03-92	Tulsa/C. Mitchell's
159	Dawn Jacobson	Tulsa	OK	39	20:18	4:04	05-93	Sand Springs Run
160	Robin Saenz	Broken Arrow	OK	41	20:18	4:04	03-97	Tulsa/Schlotzskys
161	Trudy Calloway	Wichita	KS	41	20:19	4:04	12-88	Tulsa/Jingle Bell
162	Sandie Brandenberge	Ponca City	OK	41	20:19	4:04	03-98	Tulsa/Schlotzskys
163	Karen Perry	Oklahoma City	OK	15	20:20	4:04	07-90	Barbara Brennan
164	Sandra Stelle	Stillwater	OK	19	20:21	4:05	12-88	Tulsa/Jingle Bell
165	Nancy Young	Tulsa	OK	37	20:21	4:05	03-89	Tulsa/C. Mitchell's
166	Suzanne Williams	Tulsa	OK	43	20:21	4:05	03-92	Tulsa/C. Mitchell's
167	Donna Kating	Pryor	OK	15	20:24	4:05	06-83	Tulsa/Superun
168	Cathey Barkley	Tulsa	OK	35	20:25	4:05	03-93	Tulsa/C. Mitchell's
169	Barb Zeller	Tulsa	OK	19	20:25	4:05	11-95	Tulsa/Route 66
170	Valerie Baker	Tulsa	OK	35	20:27	4:06	03-84	Tulsa/C. Mitchell's
171	Dian Chambers	Tulsa	OK	35	20:28	4:06	03-87	Tulsa/C. Mitchell's
172	Sarah Reihart	Broken Arrow	OK	17	20:29	4:06	10-04	Tulsa Run
173	Valerie Brewer	Edmond	OK	17	20:31	4:07	11-97	Sand Springs/FasTrak
174	Donna Middleton	Claremore	OK	40	20:32	4:07	03-93	Tulsa/C. Mitchell's
175	Giovanna Migliaccio	Oklahoma City	OK	13	20:33	4:07	04-08	OKC/Redbud Classic
176	J. D. Stigall	Tulsa	OK	37	20:36	4:08	03-87	Tulsa/C. Mitchell's
177	Cheryl Weatherford	Jenks	OK	38	20:36	4:08	11-01	Sand Springs Run
178	Lizzy Pitcock	Tulsa	OK	17	20:36	4:08	10-05	Tulsa Run
179	Haley Geissler	Collinsville	OK	13	20:38	4:08	10-11	Tulsa Run
180	Pam Bell	Norman	OK	40	20:39	4:08	03-93	Tulsa/C. Mitchell's
181	Debbie Dearman	Tulsa	OK	18	20:39	4:08	11-95	Tulsa/Route 66
182	Lynne Taylor	Oklahoma City	OK	46	20:40	4:08	09-85	OKC/Focus on Health
183	Susie Willard	Tulsa	OK	38	20:42	4:09	05-91	Sand Springs Run

184	Deidre Downham	Oklahoma City	OK	40	20:44	4:09	05-90	Sand Springs Run
185	Laurie Smith	Bartlesville	OK	47	20:45	4:09	11-03	Tulsa Run
186	Lindsey Medlen	Brownsboro	AL	19	20:45	4:09	10-04	Tulsa Run
187	Georgia Irion	Oklahoma City	OK	40	20:46	4:10	03-90	Tulsa/C. Mitchell's
188	Ryan Jordan	Bartlesville	OK	17	20:46	4:10	10-05	Tulsa Run
189	Irene Harvell	Vian	OK	40	20:47	4:10	09-88	Tulsa/Spec. Olympics
190	Kristin Nichols	Broken Arrow	OK	13	20:47	4:10	11-03	Tulsa Run
191	Johnnie Hamilton	Inola	OK	19	20:48	4:10	03-86	Tulsa/C. Mitchell's
192	Patty Bloome	Stillwater	OK	17	20:49	4:10	06-83	Tulsa/Superun
193	Barbara Manning	Tulsa	OK	45	20:49	4:10	03-90	Tulsa/C. Mitchell's
194	Donna Wright	Bartlesville	OK	51	20:50	4:10	03-87	Tulsa/C. Mitchell's
195	Ute Nestler	Tulsa	OK	36	20:51	4:11	10-07	Tulsa Run
196	Kathryn Rutherford	Claremore	OK	36	20:52	4:11	11-00	Sand Springs Run
197	Lynne Smith	Tulsa	OK	15	20:53	4:11	06-83	Tulsa/Superun
198	LaRhonda Holloway	Tulsa	OK	19	20:55	4:11	05-87	Sand Springs Run
199	Tonja Shaw	Jenks	OK	16	20:56	4:12	09-87	Tulsa/Family Run
200	Heather Joplin	Plano	TX	15	20:56	4:12	10-04	Tulsa Run
201	Nawal Kirts	Midwest City	OK	18	20:56	4:12	04-09	OKC/Redbud Classic
202	Alice Echelle	Stillwater	OK	41	20:57	4:12	12-88	Tulsa/Jingle Bell
203	Martie McCain	Tulsa	OK	35	20:58	4:12	12-86	Tulsa/Jingle Bell
204	Terrie Johnson	Tulsa	OK	35	20:59	4:12	05-95	Tulsa/Brookside Str.
205	Donna Spencer	Tulsa	OK	50	21:00	4:12	11-01	Sand Springs Run
206	Tonja Shaw	Jenks	OK	13	21:03	4:13	09-84	Tulsa/Family Run
207	Linda Brown	Tulsa	OK	48	21:03	4:13	03-90	Tulsa/C. Mitchell's
208	Connie Crowl	Broken Arrow	OK	13	21:05	4:13	11-03	Tulsa Run
209	Jamie Douglas	Pryor	OK	15	21:06	4:14	12-88	Tulsa/Jingle Bell
210	Kendal Kelly	Bristow	OK	12	21:07	4:14	05-95	Tulsa/Brookside Str.
211	Jayme McCarty	Miami	OK	15	21:08	4:14	03-86	Tulsa/C. Mitchell's
212	Ute Nestler	Tulsa	OK	40	21:10	4:14	10-11	Tulsa Run
213	Nancy Wallace	Tulsa	OK	45	21:11	4:15	03-91	Tulsa/C. Mitchell's
214	Rachel Barber	Tulsa	OK	15	21:11	4:15	11-99	Sand Springs Run
215	Andrea Caywood	Mannford	OK	15	21:14	4:15	09-03	Tulsa/Route 66
216	Stephanie Cox	Tulsa	OK	15	21:15	4:15	03-84	Tulsa/C. Mitchell's
217	Mary Hydrick	Tulsa	OK	45	21:15	4:15	08-97	Tulsa/Route 66
218	Lydia Borges	Tulsa	OK	55	21:15	4:15	08-97	Tulsa/Gilcrease
219	Nancy Potikes	Lawton	OK	45	21:22	4:17	11-08	Lawton/Frost Fanny
220	Margaret Speer	Tulsa	OK	49	21:23	4:17	03-87	Tulsa/C. Mitchell's
221	Debbie Winters	Tulsa	OK	40	21:25	4:17	05-90	Sand Springs Run

222	Shawna Voorhees	Tulsa	OK	14	21:27	4:18	06-83	Tulsa/Superun
223	Dian Chambers	Tulsa	OK	40	21:28	4:18	03-92	Tulsa/C. Mitchell's
224	Jafumbwa Asad	Tulsa	OK	12	21:30	4:18	09-86	Tulsa/Family Run
225	Jan Nierling	Bixby	OK	43	21:30	4:18	11-01	Sand Springs Run
226	J. D. Stigall	Tulsa	OK	40	21:31	4:19	05-90	Sand Springs Run
227	Carolyn Knoll	Tulsa	OK	40	21:36	4:20	05-93	Sand Springs Run
228	Twila Graham	Tulsa	OK	40	21:37	4:20	03-91	Tulsa/C. Mitchell's
229	Irene Stockard	Sallisaw	OK	50	21:37	4:20	03-98	Tulsa/Schlotzskys
230	Ann Thomas	Mounds	OK	41	21:39	4:20	03-89	Tulsa/C. Mitchell's
231	Lorie Davis	Tulsa	OK	40	21:39	4:20	09-09	Tulsa/Route 66
232	Lucy Cotton	Tulsa	OK	40	21:40	4:20	03-90	Tulsa/C. Mitchell's
233	Barbara Hess	Tulsa	OK	40	21:41	4:21	03-93	Tulsa/C. Mitchell's
234	Nancy Wallace	Tulsa	OK	44	21:42	4:21	03-90	Tulsa/C. Mitchell's
235	Patsy Daniel	Claremore	OK	40	21:43	4:21	05-89	Sand Springs Run
236	Wendy Simpson	Edmond	OK	52	21:43	4:21	04-08	OKC/Redbud Classic
237	Claudia Smith	Sand Springs	OK	42	21:43	4:21	10-10	Tulsa Run
238	Barbara Pogue	Sand Springs	OK	50	21:44	4:21	05-91	Sand Springs Run
239	Joy Austin	Jenks	OK	50	21:55	4:23	09-87	Tulsa/Spec. Olympics
240	Kazuko Windler	Broken Arrow	OK	42	21:59	4:24	09-87	Tulsa/Spec. Olympics
241	Penolope DeGance	Tulsa	OK	45	22:02	4:25	03-89	Tulsa/C. Mitchell's
242	Laura Jetton	Jenks	OK	42	22:04	4:25	03-92	Tulsa/C. Mitchell's
243	Carol Poarch	Tulsa	OK	46	22:12	4:27	10-05	Tulsa Run
244	Jean Anderson	Tulsa	OK	48	22:13	4:27	09-87	Tulsa/Family Run
245	JoAnn Alderman	Tulsa	OK	46	22:13	4:27	12-88	Tulsa/Jingle Bell
246	Sue Strahan	Tulsa	OK	40	22:16	4:28	03-87	Tulsa/C. Mitchell's
247	Michelle Donahue	Tulsa	OK	41	22:16	4:28	03-90	Tulsa/C. Mitchell's
248	Cynthia Jacobi	Tula	OK	44	22:18	4:28	03-91	Tulsa/C. Mitchell's
249	Elaine Diloreto	Tulsa	OK	42	22:24	4:29	03-87	Tulsa/C. Mitchell's
250	Dinah Swineheart	Hilton Head	SC	40	22:25	4:29	03-90	Tulsa/C. Mitchell's
251	Jan Youell	Tulsa	OK	41	22:26	4:30	12-88	Tulsa/C. Mitchell's
252	Sally Sterne	Tulsa	OK	40	22:26	4:30	03-90	Tulsa/C. Mitchell's
253	Linda Morris	Tulsa	OK	41	22:27	4:30	09-88	Tulsa/Spec. Olympics
254	Sharon Cooper	Claremore	OK	50	22:30	4:30	03-89	Tulsa/C. Mitchell's
255	Dorothy Akin	Sallisaw	OK	55	22:31	4:31	09-86	Tulsa/Spec. Olympics
256	Brenda Boyles	Tulsa	OK	43	22:32	4:31	09-85	Tulsa/Family Run
257	Ann Crawley	Tulsa	OK	47	22:32	4:31	03-93	Tulsa/C. Mitchell's
258	Linda Stilwell	Broken Arrow	OK	45	22:34	4:31	03-92	Tulsa/C. Mitchell's
259	Kathy Moffitt	Oklahoma City	OK	48	22:39	4:32	09-85	OKC/Focus on Health

260	Monika Ryan	Tulsa	OK	46	22:44	4:33	03-87	Tulsa/Jingle Bell
261	Yoko Pepera	Tulsa	OK	50	22:44	4:33	11-00	Sand Springs Run
262	Laura Potts	Tulsa	OK	40	22:46	4:34	03-90	Tulsa/C. Mitchell's
263	Nancy Robertson	Tulsa	OK	45	22:51	4:35	03-92	Tulsa/C. Mitchell's
264	Deb Abbott	Tulsa	OK	47	22:54	4:35	10-08	Tulsa Run
265	Mona Canaday	Tulsa	OK	50	23:00	4:36	11-06	Tulsa Run
266	Janet Chadwick	Midwest City	OK	52	23:21	4:41	09-85	OKC/Focus on Health
267	Judy Bomer	Tulsa	OK	51	23:22	4:41	05-95	Tulsa/Brookside Str.
268	Sonja Banfield	Broken Arrow	OK	52	23:25	4:41	03-91	Tulsa/C. Mitchell's
269	Shirley Wilkinson	Broken Arrow	OK	50	23:31	4:43	12-88	Tulsa/Jingle Bell
270	Mary Alice Hollenba	Douglass	KS	56	23:35	4:43	04-12	OKC/Redbud Classic
271	Michelle Donahue	Tulsa	OK	50	23:44	4:45	11-98	Sand Springs Run
272	Grace McCoy	Tulsa	OK	50	23:58	4:48	05-97	Tulsa/Brookside Stri.
273	Lisa Earl	Enid	OK	50	24:00	4:48	04-12	OKC/Redbud Classic
274	Barbara Blanchard	Tulsa	OK	50	24:04	4:49	10-02	Tulsa Run
275	Joan Johnson	Norman	OK	55	24:05	4:49	04-13	OKC/Redbud Classic
276	Marilyn Thompson	Tulsa	OK	57	24:07	4:50	12-88	Tulsa/Jingle Bell
277	Marcella Morton	Westville	OK	51	24:07	4:50	11-01	Sand Springs Run
278	Ruth Trowbridge	Oklahoma City	OK	53	24:16	4:52	07-90	Barbara Brennan
279	Linda Anthony	Duncan	OK	56	24:17	4:52	11-09	Lawton/Frost Fanny
280	Marilyn Thompson	Tulsa	OK	60	24:20	4:52	03-91	Tulsa/C. Mitchell's
281	Donna Krutka	Tulsa	OK	40	24:22	4:53	03-97	Tulsa/Schlotzskys
282	Lorie Estrem	Jenks	OK	50	24:30	4:54	10-09	Tulsa Run
283	Marlene Hintermeist	Tulsa	OK	56	24:45	4:57	03-89	Tulsa/C. Mitchell's
284	Clare Scott	Tulsa	OK	52	24:51	4:59	10-05	Tulsa Run
285	Louise Rose	Tulsa	OK	50	24:54	4:59	03-91	Tulsa/C. Mitchell's
286	Sue Neil	Tulsa	OK	56	25:18	5:04	03-91	Tulsa/C. Mitchell's
287	Connie Hunter	Stillwater	OK	57	25:23	5:05	10-05	Tulsa Run
288	Claire Eagan	Tulsa	OK	11	25:26	5:06	10-11	Tulsa Run
289	Sonja Banfield	Broken Arrow	OK	55	25:32	5:07	11-95	Tulsa/Route 66
290	Claire Eagan	Tulsa	OK	58	25:50	5:10	10-08	Tulsa Run
291	Trudy Calloway	Wichita	KS	64	26:03	5:13	04-12	OKC/Redbud Classic
292	Barbara Parker	Tulsa	OK	60	26:57	5:24	10-05	Tulsa Run
293	Joan Whitmire	Tulsa	OK	60	27:09	5:26	03-93	Tulsa/C. Mitchell's
294	Marlene Hintermeist	Tulsa	OK	60	27:22	5:29	03-93	Tulsa/C. Mitchell's
295	Carolyn Lowry	Carl Junction	MO	62	28:02	5:37	10-04	Tulsa Run
296	Janet Ellsbury	Tulsa	OK	60	28:58	5:48	09-07	Tulsa/Route 66
297	Carolyn Lowry	Carl Junction	MO	66	30:48	6:10	10-08	Tulsa Run

298	Louise Rose	Tulsa	OK	65	30:55	6:11	11-06	Tulsa Run
299	Denna Iseminger	Sand Springs	OK	65	31:02	6:13	10-05	Tulsa Run
300	Naomi Thompson	Pryor	OK	65	31:36	6:20	03-92	Tulsa/C. Mitchell's
301	Jimmie Haggard	Tulsa	OK	68	31:51	6:23	03-91	Tulsa/C. Mitchell's
302	Peggy Loop	Tulsa	OK	65	32:08	6:26	10-04	Tulsa Run
303	Susie Martinez	Tulsa	OK	65	32:13	6:27	10-09	Tulsa Run
304	Dru Young	Sapulpa	OK	70	32:26	6:30	10-05	Tulsa Run
305	Marie Roth	Oklahoma City	OK	70	34:01	6:49	04-08	OKC/Redbud Classic
306	Joan Whitmire	Tulsa	OK	75	38:18	7:40	10-08	Tulsa Run
307	Joan Whitmire	Tulsa	OK	75	39:08	7:50	09-08	Tulsa/Route 66
308	Faith Walkwitz	Tahlequah	OK	75	40:27	8:06	09-09	Tulsa/Route 66
309	Joan Whitmire	Tulsa	OK	76	41:17	8:16	10-09	Tulsa Run

