

FEMALE MARATHON BEST TIMES

AIDED COURSE - POINT TO POINT (weather or terrain aided)

Times are listed ONLY if runner has run a faster aided course time than an unaided time OR if runner has not recorded an unaided time. RUNNER MAY BE LISTED MORE THAN ONCE FOR OPEN AND AGE GROUPS. AGE GROUPS NOT DESIGNATED.

Place	Name	Town	St	Age	Time	Pace	Date	Place/race
1	Liz Scanlon	Norman	OK	23	2:46:37	3:57	12-94	Altus/Bulldog
2	Katie Kramer-Ochoa	Broken Arrow	OK	36	3:08:18	4:28	03-16	Ardmore/Arb. to Ard.
3	Jeanne-Clai White	Lake Charles	LA	26	3:14:07	4:37	03-17	Ardmore/Arb. to Ard.
4	Keith Frates	Boulder	CO	37	3:15:44	4:39	12-97	Altus/Bulldog
5	Karen Plucinski	Carl Junction	MO	49	3:16:58	4:41	03-12	Ardmore/Arb. to Ard.
6	Terri Cassel	Tulsa	OK	54	3:17:46	4:42	03-16	Ardmore/Arb. to Ard.
7	Jennifer Stong	Edmond	OK	44	3:18:39	4:43	03-17	Ardmore/Arb. to Ard.
8	Gina Hendrickson	Edmond	OK	32	3:24:48	4:52	03-12	Ardmore/Arb. to Ard.
9	Brienna Townsend	Tulsa	OK	23	3:27:33	4:56	12-95	Altus/Bulldog
10	Sabrina Johnson	San Francisco	CA	32	3:28:10	4:57	03-19	Ardmore/Arb. to Ard.
11	Maria Martinez	Fort Worth	TX	35	3:32:32	5:03	03-12	Ardmore/Arb. to Ard.
12	Nancee Weeks	Mulvane	KS	43	3:35:08	5:06	11-94	Ponca City/Cher.Strip
13	Chastity Teeter	Lindsay	OK	45	3:45:40	5:21	03-16	Ardmore/Arb. to Ard.
14	Cindy Lewandowski	Sartell	MN	48	3:46:02	5:22	03-11	Ardmore/Arb. to Ard.
15	Mary Fletcher	Corpus Christ	TX	51	3:50:03	5:28	11-94	Ponca City/Cher.Strip
16	Bonnie Allison	OKC	OK	53	3:51:33	5:30	12-95	Altus/Bulldog
17	Debra Anglin	Houston	TX	55	4:13:51	6:01	03-11	Ardmore/Arb. to Ard.
18	Peggy Mowbray	Charlottesvil	VA	55	4:15:03	6:03	03-11	Ardmore/Arb. to Ard.
19	Gillian Brewer	Arlington	TX	63	4:18:47	6:08	03-12	Ardmore/Arb. to Ard.

