

ALL TIME INDIVIDUAL BEST PERFORMANCES BY FEMALE OKLAHOMANS

Based on WMA age-graded Scoring - Actual time is converted to Open time.

(WORLD MASTERS ASSOCIATION)

Place	Name	Town	Date	Ag	Place/race	ACTUAL GRADED		PERCENTAGE
						Time	Time	
1	Emily Rusley	Tulsa	10-88	10	Tulsa/Challenger 8	29:14	25:22	94.98
2	Terri Cassel	Tulsa	05-23	61	Tulsa/Riverside 5	33:43	25:44	93.62
3	Sabrina Dornhoefer	Stillwater	04-89	25	Tulsa/Okla. Land Run	26:31	26:31	90.82
4	Paula Leach	Tulsa	08-87	09	Tahlequah/Cherokee	31:44	26:46	89.97
5	Christine McMiken	Stillwater	10-88	25	Tulsa/Challenger 8	26:55	26:55	89.47
6	Randie Thompson	Poteau	04-86	11	Tulsa/Women's Classic	30:43	27:20	88.17
7	Donna Levy	Stillwater	10-92	24	Tulsa/CPA Run	27:38	27:38	87.15
8	Jackie Goodman	Stillwater	12-89	21	Tulsa/Holiday Classic	27:47	27:47	86.68
9	Karen Cramond	Edmond	05-86	28	Sapulpa/All American	27:48	27:48	86.63
10	Kay Gooch	Norman	12-94	22	OKC/Kris Kringle	27:51	27:51	86.47
11	Liz Scanlon	Norman	03-94	23	Norman/St. Patricks	28:04	28:04	85.81
12	Natalie Gray	Sapulpa	09-88	12	Muskogee/Vitality	30:54	28:06	85.71
13	Maureen Bixby	Norman	06-87	45	OKC/Red Earth Run	30:15	28:12	85.45
14	Barbara Luciano	Oklahoma City	11-01	51	OKC/Turkey Trot Clas.	32:36	28:26	84.71
15	Julie Donelson	Tulsa	05-22	58	Tulsa/Riverside 5	35:48	28:29	84.54
16	Amanda Goetschius	Norman	02-13	23	Edmond/Frigid Five	28:34	28:34	84.31
17	Suzy Hunt	Norman	10-93	37	Tulsa/Run to Read	29:06	28:37	84.19
18	Susie Evans	Tulsa	04-90	26	Tulsa/Oklahoma Cup	28:41	28:41	83.96
19	Camille Herron	Norman	07-11	29	Tulsa/Glen's Run	28:44	28:44	83.82
20	Martha O'Rourke	Tulsa	10-88	38	Tulsa/Challenger 8	29:26	28:49	83.64
21	Debbie Porter	Lawton	10-87	28	Woolaroc	28:50	28:50	83.53
22	Michelle Scholtz	Tulsa	10-84	15	Woolaroc/Stroh's	30:12	28:51	83.50
23	Donna Spencer	Tulsa	10-97	46	Tulsa/Run to Read	31:15	28:51	83.47
24	Jessie Gordon	Ardmore	02-98	13	Edmond/Frigid Five	31:09	28:52	83.41
25	Mary Kates	Tulsa	07-90	38	Tulsa/Summer Classic	29:34	28:56	83.26
26	Brenda Stukey	Broken Arrow	10-99	40	Tulsa/Run to Read	29:55	28:58	83.17
27	Andrea Bowman	Norman	10-94	28	Tulsa/Run to Read	29:00	29:00	83.05
28	Johnnie Hamilton	Inola	10-88	22	Tulsa/Challenger 8	29:01	29:01	83.00
29	Janet Myers	Bethany	04-96	59	Tulsa/Osteopathic	37:08	29:09	82.63
30	Erin Rusley	Tulsa	03-88	11	Tulsa/Women's Classic	32:49	29:12	82.53
31	Pam Sneed	Cleveland	09-05	49	Tulsa/Hurricane Run	32:46	29:18	82.25
32	Carol Madison	Tulsa	07-84	33	OKC/Draper/OKCRC	29:28	29:21	82.07

33	Faith Walkwitz	Tahlequah	04-02	67	Tulsa/Osteopathic	42:05	29:22	82.06
34	Charlotte Sanders	Tulsa	09-02	23	Tulsa/Hurricane Run	29:21	29:21	82.06
35	Marla Stuart	Broken Arrow	06-94	27	Tulsa/Riverside 5	29:23	29:23	81.96
36	Pat Hill	Oklahoma City	06-99	70	Inola/Run for St.Jude	44:15	29:26	81.88
37	Shannon Compton	Oklahoma City	02-98	28	Edmond/Frigid Five	29:27	29:27	81.78
38	Donna Wright	Bartlesville	07-88	53	Tulsa/Pow Wow	34:41	29:30	81.69
39	Lydia Borges	Tulsa	09-92	50	Tulsa Zoo Run	33:27	29:32	81.56
40	Rebecca Redding	Norman	10-98	34	Tulsa/Run to Read	29:44	29:33	81.56
41	Fride Vullum	Tulsa	10-05	29	Bartlesville/Woolaroc	29:34	29:34	81.45
42	Laura Downey	Elk City	09-91	35	OKC/Sundown	29:52	29:35	81.42
43	Alicia Moss	Norman	11-84	23	OKC/OGP Final	29:35	29:35	81.41
44	Ashley Miller	Oklahoma City	02-15	25	Edmond/Frigid Five	29:35	29:35	81.41
45	Amanda Goetschius	Norman	03-18	28	Norman/St. Patricks	29:37	29:37	81.32
46	Dru Young	Sapulpa	04-99	63	Tulsa/Osteopathic	40:01	29:40	81.22
47	Tone Hjalmarsen	Stillwater	03-11	25	OKC/St. Paddy's	29:40	29:40	81.18
48	Julie Thomas	Tulsa	10-95	32	Tulsa/Run to Read	29:44	29:40	81.17
49	McKale Davis	Fairfax	05-08	23	Tulsa/Riverside 5	29:42	29:42	81.09
50	Kirsten Chapman	Edmond	11-08	45	OKC/Turkey Trot Clas.	31:57	29:47	80.91

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Place	Name	Town	Date	Ag	Place/race	ACTUAL		GRADED	PERCENTAGE
						Time	Time	Time	
51	Jacque Struckhoff	Oklahoma City	04-90	24	OKC/Oklahoma Cup	29:46	29:46	80.91	
52	Linda Brown	Tulsa	10-91	50	Tulsa/CPA Run	33:44	29:47	80.88	
53	Jaymie Mann	Tulsa	10-82	13	Woolaroc	32:09	29:48	80.82	
54	Lauren Watson	Norman	03-11	22	OKC/St. Paddy's	29:49	29:49	80.77	
55	Katalin Racz	Oklahoma City	03-96	30	Edmond/Frigid Five	29:51	29:51	80.68	
56	Peggy Murphy	Edmond	06-91	28	OKC/Red Earth	29:53	29:53	80.59	
57	Julie Donelson	Tulsa	10-93	28	Tulsa/Run to Read	29:53	29:53	80.59	
58	Lana Lacey	Norman	03-11	24	OKC/St. Paddy's	29:56	29:56	80.46	
59	Karla Hopkins	Bartlesville	10-93	13	Tulsa/Woolaroc	32:18	29:56	80.44	
60	Suzy Flagler	Norman	08-85	29	Tecumseh/Frontier Day	29:58	29:58	80.37	
61	Christine Novara	Owasso	10-95	14	Woolaroc	31:50	30:00	80.31	
62	Claudia Miller	Edmond	02-12	63	Edmond/Frigid Five	40:32	30:03	80.18	
63	Priscilla Godi	Broken Arrow	05-02	41	Tulsa/Riverside 5	31:15	30:04	80.16	
64	Emily Helms	Mustang	02-13	17	OKC/Groundhog Run	30:42	30:04	80.13	
65	Terri Foreman	Tulsa	10-00	39	Tulsa/Run to Read	30:53	30:04	80.09	
66	Vicky Fegaly	Catoosa	10-90	42	Tulsa/CPA Run	31:30	30:06	80.05	
67	Roxanne Meyer	Shawnee	04-99	41	Tulsa/Osteopathic	31:19	30:08	79.99	
68	Debbie Heaton	Oklahoma City	11-86	38	OKC/OGP Final	30:47	30:08	79.97	
69	Allison Kerr	Enid	09-03	26	Tulsa/Hurricane Run	30:09	30:09	79.88	
70	Sandy Sulivant	Poteau	10-91	31	Tulsa/CPA Run	30:12	30:10	79.86	
71	Alana Gray	Pryor	08-86	19	Tahlequah/Cherokee	30:18	30:11	79.81	
72	Monique Ecker	Norman	06-90	20	OKC/Red Earth	30:14	30:14	79.71	
73	Ellen Humpert	Tulsa	09-93	32	Tulsa Zoo Run	30:17	30:13	79.69	
74	Laura McCloy	Norman	10-83	16	OKC/Overholser/OKCRC	31:16	30:15	79.64	
75	Kim Neall	Pryor	04-86	31	Tulsa/Women's Classic	30:17	30:15	79.64	
76	Jan Haddad	Norman	11-08	47	OKC/Turkey Trot Clas.	33:11	30:20	79.41	

77	Katelin Cherry	Oklahoma City	11-06	16	OKC/Turkey Trot Clas.	31:23	30:21	79.34
78	Sherri Duke	Tulsa	10-00	37	Tulsa/Run to Read	30:54	30:23	79.29
79	Donna Middleton	Claremore	04-90	37	Tulsa/Oklahoma Cup	30:58	30:27	79.12
80	Kristi Coleman	Yukon	02-17	31	Edmond/Frigid Five	30:29	30:27	79.11
81	Amy Brown	Tulsa	07-83	14	Tulsa/Y Not Run	32:22	30:30	78.99
82	Veta Weir	Tulsa	06-92	33	Oologah Run	30:38	30:31	78.94
83	Shauna Menz	Norman	04-85	18	OKC/Run for Missions	30:51	30:32	78.93
84	Kris York	Tulsa	04-86	16	Tulsa/Women's Classic	31:34	30:32	78.88
85	Marilyn Thompson	Tulsa	04-92	61	Tulsa/Oklahoma Cup	40:02	30:33	78.85
86	Julie Kelly	Stillwater	03-07	53	OKC/St. Paddy's	35:56	30:33	78.85
87	Alana Gray	Pryor	08-87	20	Muskogee/Vitality	30:35	30:35	78.80
88	Linda Foster	Oklahoma City	01-05	65	OKC/Run for your Life	42:30	30:35	78.78
89	Catherine Lisle	Edmond	02-17	32	Edmond/Frigid Five	30:39	30:35	78.74
90	Martha O'Rourke	Tulsa	05-19	68	Tulsa/Riverside 5	44:35	30:37	78.69
91	Rhonda Tipton	Oklahoma City	03-92	32	Norman/St. Patricks	30:46	30:42	78.44
92	Sherri Duke	Tulsa	09-03	40	Tulsa/Hurricane Run	31:44	30:43	78.41
93	Susan Beeson	Tulsa	10-88	37	Tulsa/Challenger 8	31:15	30:44	78.40
94	Kim Neall	Pryor	10-89	35	Tulsa/Challenger 8	31:02	30:45	78.36
95	Dorothy Akin	Sallisaw	10-86	55	Tulsa/Challenger 8	37:10	30:48	78.25
96	Tiffany Saunders	Edmond	11-04	17	OKC/Turkey Trot Clas.	31:28	30:49	78.18
97	Kim Bricker	Edmond	11-01	41	OKC/Turkey Trot Clas.	32:04	30:51	78.12
98	Penny O'Brien	Oklahoma City	04-86	24	Tulsa/Women's Classic	30:51	30:51	78.07
99	Lauren Watson	Oklahoma City	03-14	25	OKC/St. Paddy's	30:52	30:52	78.02
100	Andrea Larabee	Norman	11-08	30	OKC/Turkey Trot Clas.	30:53	30:53	77.98

