

MALE SINGLE AGE 5 km RECORDS

| Name | Town | St | Time | Age | Date | Place/race |
|-------------------|---------------|----|-------|-------|-------|-----------------------|
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| Jericho McKinney | Paden | OK | 20:40 | 6 | 09-18 | Tuskahoma/Choc. Nat. |
| Jonathan Reid | Enid | OK | 20:27 | 7 | 09-97 | Enid/Great Land Run |
| Jani Mahendra | Stillwater | OK | 19:25 | 8 | 12-90 | Tulsa/Jingle Bell |
| Jed Helker | Tulsa | OK | 18:41 | 9 | 04-09 | Broken Arrow/Grace |
| Kevin Schwab | Mustang | OK | 18:26 | 10 | 10-99 | Stillwater/Juke Joint |
| Tyler Roark | Broken Arrow | OK | 17:36 | 11 | 04-96 | Muskogee/Azalea |
| Cody Jones | Tulsa | OK | 16:38 | 12 | 05-10 | Tulsa/Full Moon |
| Kevin Schwab | Mustang | OK | 16:41 | 13 | 03-03 | OKC/Beacon on the Bay |
| Kevin Schwab | Mustang | OK | 16:08 | 14 | 01-04 | OKC/Chili Day |
| Kevin Schwab | Mustang | OK | 15:45 | 15 | 08-04 | Norman/Ike Hike |
| Cody Jones | Jenks | OK | 15:43 | 16 | 08-13 | Tulsa/Riverside 5000 |
| Tommy Horn | Broken Arrow | OK | 15:30 | 17 | 09-78 | Tulsa/Mohawk/TRC |
| Isai Rodriquez | Ringwood | OK | 14:58 | 18 | 08-16 | Tulsa/Riverside 5000 |
| Mark Anderson | Fayetteville | AR | 14:45 | 19 | 12-78 | Tulsa/Mohawk/TRC |
| Mornay Annandale | Wichita | KS | 14:36 | 20 | 12-90 | Tulsa/Jingle Bell |
| Patrick Kiptum | Stillwater | OK | 14:32 | 21 | 08-94 | Tulsa/Night Light |
| Eliud Ngetich | Santa Fe | NM | 14:06 | 22 | 09-16 | Norman/Brookhaven |
| Philliman Hanneck | El Paso | TX | 14:07 | 23 | 05-94 | Bristow/Wildflower |
| Mathew Chesang | Manhattan | KS | 14:11 | 24 | 09-06 | Norman/Brookhaven |
| Tim Gargiulo | Dallas | TX | 14:25 | 25 | 05-93 | Tulsa/Field of Dreams |
| Tim Gargiulo | Dallas | TX | 14:18 | 26 | 05-94 | Tulsa/Field of Dreams |
| Aron Rono | Santa Fe | NM | 13:51 | 27 | 09-10 | Norman/Brookhaven |
| Paul Donovan | Fayetteville | AR | 14:11 | 28 | 05-92 | Tulsa/Field of Dreams |
| Paul Donovan | Fayetteville | AR | 14:14 | 29 | 05-93 | Tulsa/Field of Dreams |
| Paul Donovan | Fayetteville | AR | 14:10 | 30 | 05-94 | Tulsa/Field of Dreams |
| Mark Thompson | Edmond | OK | 14:45 | 31 | 09-10 | Norman/Brookhaven |
| Kevin Mitchell | Fayetteville | AR | 15:04 | 32 | 03-94 | Tulsa/C. Mitchell's |
| Michael Larsen | Tyro | KS | 14:58 | 33 | 06-87 | Brkn. Arrow/Love Run |
| Ken Hardwick | Oklahoma City | OK | 15:11 | 34 | 10-84 | Enid/Chisholm Trail |
| Charles Mulinga | Fayetteville | AR | 14:12 | 35 | 09-98 | Norman/Brookhaven |
| Stephen Ariga | Allen | TX | 14:48 | 36 | 09-09 | Norman/Brookhaven |
| Charles Mulinga | Fayetteville | AR | 14:33 | 37 | 08-00 | Tulsa/Night Light |
| David Satre | Oklahoma City | OK | 14:56 | 38 | 05-15 | OKC/Oklahoma Strong |
| Henry Rono | Albuquerque | NM | 14:36 | 39 | 12-91 | Tulsa/Jingle Bell |
| Doug Bell | Greeley | CO | 14:56 | 40 | 12-90 | Tulsa/Jingle Bell |

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| Sammy Kiplagat | San Antonio | TX | 15:05 | 41 | 08-14 | Norman/Brookhaven |
| Doug Bell | Greeley | CO | 15:55 | 42 | 05-93 | Tulsa/Field of Dreams |
| John Bermingham | Edmonton AL | CN | 15:28 | 43 | 05-95 | Bristow/Wildflower |
| Charlie Gray | Lee's Summit | MO | 15:40 | 44 | 05-98 | Bristow/Wildflower |
| Pete Orban | Claremore | OK | 16:04 | 45 | 06-01 | Tulsa/Full Moon |
| Charlie Gray | Lee's Summit | MO | 15:54 | 46 | 05-00 | Bristow/Wildflower |
| Pete Orban | Claremore | OK | 16:14 | 47 | 06-03 | Tulsa/Twilight Run |
| Pete Orban | Claremore | OK | 16:17 | 48 | 06-04 | Tulsa/Full Moon |
| Pete Orban | Claremore | OK | 16:17 | 49 | 06-05 | Tulsa/Kidney Klassic |
| Pete Orban | Claremore | OK | 16:24 | 50 | 08-05 | Norman/Brookhaven |
| Pete Orban | Claremore | OK | 16:25 | 51 | 10-06 | Tulsa/Red Ribbon |
| Pete Orban | Claremore | OK | 16:38 | 52 | 07-08 | Tulsa/Mohawk/TRC |
| Mike Kelly | Stillwater | OK | 16:45 | 53 | 05-07 | OKC/Sooner Games |
| Mike Kelly | Stillwater | OK | 16:58 | 54 | 09-07 | Perry/Cherokee Strip |
| Mike Kelly | Stillwater | OK | 17:01 | 55 | 04-09 | Stillwater/Remember |
| Pete Orban | Claremore | OK | 17:08 | 56 | 03-12 | Tulsa/Parkside Run |
| Mike Kelly | Stillwater | OK | 17:27 | 57 | 07-11 | OKC/Stars & Stripes |
| Mike Kelly | Stillwater | OK | 17:21 | 58 | 09-11 | Perkins/Pistol Pete |
| Mike Kelly | Stillwater | OK | 17:47 | 59 | 10-12 | Shawnee/FamilyPromise |
| Pete Orban | Claremore | OK | 17:47 | 59 | 09-14 | Pyror/Fall Fever |
| Jack Gentry | Rogers | AR | 17:56 | 60 | 07-89 | Tulsa/Mohawk/TRC |
| Jack Gentry | Rogers | AR | 18:20 | 61 | 12-89 | Tulsa/Jingle Bell |
| Steve Blanchard | Tulsa | OK | 18:23 | 62 | 07-94 | Tulsa/Mohawk/TRC |
| Steve Blanchard | Tulsa | OK | 18:23 | 63 | 04-95 | Tulsa/Corp. Challenge |
| Steve Blanchard | Tulsa | OK | 19:08 | 64 | 07-96 | Tulsa/Mohawk/TRC |
| Jack Gentry | Rogers | AR | 19:12 | 65 | 03-93 | Claremore Challenge |
| Jim Smith | Oklahoma City | OK | 19:52 | 66 | 07-88 | Tulsa/Mohawk/TRC |
| Paul Heitzman | Eudora | KS | 19:21 | 67 | 08-98 | Tulsa/SandRun |
| Paul Heitzman | Eudora | KS | 19:06 | 68 | 01-00 | Tulsa/Resolution Run |
| Paul Heitzman | Eudora | KS | 19:12 | 69 | 04-00 | Tulsa/Grace Race |
| Paul Heitzman | Eudora | KS | 19:52 | 70 | 03-01 | Tulsa/Schlotzskys |
| Paul Heitzman | Eudora | KS | 20:05 | 71 | 03-02 | Tulsa/St. Patricks |
| Paul Heitzman | Eudora | KS | 20:27 | 72 | 03-03 | Tulsa/Wish Lemons |
| Steve Blanchard | Tulsa | OK | 21:55 | 73 | 06-05 | Bixby/Green Corn |
| Paul Heitzman | Eudora | KS | 22:43 | 74 | 10-05 | Tulsa/Red Ribbon |
| Paul Heitzman | Eudora | KS | 22:24 | 75 | 02-06 | Tulsa/Mohawk Thirty |
| Jack Gentry | Rogers | AR | 23:14 | 76 | 07-04 | Tulsa/Mohawk/TRC |
| Richard Irons | Tulsa | OK | 26:13 | 77 | 09-11 | Tulsa/Race for Cure |

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| Don Walkwitz | Tahlequah | OK | 26:22 | 78 | 05-12 | Stilwell/Berries |
| Jack Gentry | Rogers | AR | 25:15 | 79 | 03-07 | Tulsa/St. Patricks |
| Jack Gentry | Rogers | AR | 27:24 | 80 | 07-08 | Tulsa/Mohawk/TRC |
| Fisher Lewis | Bethany | OK | 29:26 | 81 | 10-02 | Watonga/Rat Race |
| Paul Heitzman | Eudora | KS | 28:48 | 82 | 05-13 | Tulsa/Cinco de Mayo |
| Lowell Green | Oklahoma City | OK | 35:24 | 85 | 05-09 | OKC/Gusher Gallop |
| Marion McAnelly | Stilwell | OK | 44:51 | 91 | 05-91 | Stilwell/Berries |

