

ALPHABETICAL LIST MALE 5 km S - indicates single-age record

| Name | Town/state | S Time | Agtime | Percent | Age Div | Date | Place/race |
|-----------------|-------------------|--------|--------|---------|----------|-------|-----------------------|
| Blake Abshure | Norman OK | 18:28 | 16:02 | 80.50 | 12 M0112 | 12-93 | OKC/Kris Kringle |
| Blake Abshure | Norman OK | 17:24 | 16:08 | 79.98 | 15 M1315 | 09-96 | OKC/Race for Cure |
| Bill Adams | Bartlesville OK | 17:46 | 16:10 | 79.83 | 45 M4549 | 07-86 | Tulsa/Mohawk/TRC |
| Ryan Adams | Tulsa OK | 17:10 | 15:55 | 81.07 | 15 M1315 | 01-97 | Tulsa/Resolution Run |
| Bob Adkins | Tulsa OK | 17:55 | 15:56 | 81.02 | 48 M4549 | 01-83 | Tulsa/Mohawk/TRC |
| Bob Adkins | Tulsa OK | 18:19 | 15:39 | 82.53 | 53 M5054 | 04-88 | Tulsa/Golden Palace |
| Bob Adkins | Tulsa OK | 18:48 | 15:32 | 83.16 | 57 M5559 | 04-92 | Tulsa/Corp. Challenge |
| Bob Adkins | Tulsa OK | 19:19 | 15:33 | 83.00 | 60 M6064 | 05-94 | Tulsa/Miracle Run |
| Bob Adkins | Tulsa OK | 21:26 | 16:30 | 78.23 | 65 M6569 | 04-00 | Tulsa/Corp. Challenge |
| Bob Adkins | Tulsa OK | 23:33 | 17:02 | 75.80 | 71 M7074 | 09-05 | Tulsa/Race for Cure |
| Chad Aduddell | Edmond OK | 17:23 | 16:07 | 80.06 | 15 M1315 | 03-88 | Tulsa/Run for Tulips |
| Larry Aduddell | Tulsa OK | 15:25 | 15:25 | 83.78 | 29 M2529 | 03-75 | Tulsa/Mohawk/TRC |
| Larry Aduddell | Tulsa OK | 15:14 | 15:07 | 85.34 | 32 M3034 | 09-77 | Tulsa/Mohawk/TRC |
| Larry Aduddell | Broken Arrow OK | 15:40 | 15:21 | 84.15 | 35 M3539 | 12-80 | Tulsa/Mohawk/TRC |
| Larry Aduddell | Tulsa OK | 17:23 | 16:26 | 78.52 | 40 M4044 | 01-86 | Tulsa/Mohawk/TRC |
| Matt Aguero | Lawton OK | 15:37 | 15:37 | 82.71 | 29 M2529 | 09-09 | Norman/Brookhaven |
| Wynston Alberts | Stillwater OK | 14:50 | 14:50 | 86.97 | 24 M2024 | 12-95 | Tulsa/Jingle Bell |
| Calvin Allen | Noble OK | 17:42 | 16:25 | 78.63 | 15 M1315 | 09-16 | Norman/Brookhaven |
| Mike Allen | Midwest City OK | 17:17 | 16:21 | 78.98 | 40 M4044 | 03-93 | OKC/Coats for Kids |
| Mike Allen | Midwest City OK | 17:31 | 15:57 | 80.97 | 45 M4549 | 11-97 | OKC/Adjutant General |
| Bryce Allmon | Stillwater OK | 15:41 | 15:10 | 85.02 | 18 M1619 | 10-77 | Tulsa/Mohawk/TRC |
| Bud Almond | Tulsa OK | 16:29 | 15:49 | 81.60 | 38 M3539 | 04-91 | Tulsa/Corp. Challenge |
| Bud Almond | Tulsa OK | 17:12 | 16:09 | 79.94 | 41 M4044 | 03-94 | Tulsa/C. Mitchell's |
| Erik Alnes | Tulsa OK | 17:21 | 16:05 | 80.21 | 15 M1315 | 08-08 | Tulsa/Riverside 5000 |
| Ben Anderson | Oklahoma City OK | 15:35 | 15:35 | 82.78 | 24 M2024 | 08-19 | Norman/Brookhaven |
| Ben Anderson | Oklahoma City OK | 15:17 | 15:17 | 84.41 | 27 M2529 | 08-22 | Tulsa/Riverside 5000 |
| Donnie Anderson | Bartlesville OK | 15:37 | 15:27 | 83.46 | 20 M2024 | 07-89 | Tulsa/Home Run |
| Eric Anderson | Tulsa OK | 17:26 | 15:51 | 81.36 | 14 M1315 | 10-82 | Tulsa/Mohawk Park/TRC |
| Mark Anderson | Fayetteville AR X | 14:45 | 14:27 | 89.38 | 19 M1619 | 12-78 | Tulsa/Mohawk/TRC |
| Merlin Anderson | Normal IL | 18:09 | 15:07 | 85.40 | 56 M5559 | 10-03 | OKC/Race for Cure |
| Robert Anderson | Dewey OK | 15:53 | 15:21 | 84.05 | 37 M3539 | 07-85 | Tulsa/Mohawk/TRC |
| Robert Anderson | Tulsa OK | 16:12 | 15:19 | 84.26 | 40 M4044 | 06-88 | Tulsa/Home Run |
| Robert Anderson | Tulsa OK | 16:38 | 15:09 | 85.27 | 45 M4549 | 05-93 | Tulsa/Full Moon |
| Robert Anderson | Thoreau NM | 18:58 | 16:20 | 79.00 | 52 M5054 | 09-99 | Muskogee/Fit 4 Life |
| Mike Andrews | Stillwater OK | 15:30 | 15:11 | 85.05 | 19 M1619 | 10-77 | Tulsa/Mohawk/TRC |

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| Scott Andrews | Tulsa OK | | 17:25 | 16:09 | 79.90 | 15 | M1315 | 09-03 | Tulsa/Race for Cure |
| Mornay Annandale | Wichita KS | X | 14:36 | 14:27 | 89.27 | 20 | M2024 | 12-90 | Tulsa/Jingle Bell |
| Mornay Annandale | Wichita KS | | 14:48 | 14:48 | 87.16 | 28 | M2529 | 08-98 | Tulsa/SandRun |
| Mornay Annandale | Wichita KS | | 15:17 | 15:10 | 85.06 | 32 | M3034 | 09-02 | Norman/Brookhaven |
| David Annett | Tulsa OK | | 17:25 | 16:09 | 79.90 | 15 | M1315 | 08-08 | Tulsa/Riverside 5000 |
| Don Antle | Bartlesville OK | | 18:20 | 15:47 | 81.73 | 52 | M5054 | 10-89 | Enid/Chisholm Trail |
| Don Antle | Bartlesville OK | | 18:17 | 15:21 | 84.05 | 55 | M5559 | 09-92 | Tulsa/Okla. Sen. Oly. |
| Don Antle | Bartlesville OK | | 20:29 | 16:29 | 78.28 | 60 | M6064 | 08-97 | Tulsa/Spaulding |
| Stephen Ariga | Grand Prairie TX | | 15:00 | 14:46 | 87.44 | 34 | M3034 | 08-08 | Norman/Brookhaven |
| Stephen Ariga | Allen TX | X | 14:48 | 14:24 | 89.64 | 36 | M3539 | 09-09 | Norman/Brookhaven |
| Tom Aspel | Fayetteville AR | | 15:24 | 14:54 | 86.58 | 18 | M1619 | 01-74 | Tulsa/Mohawk/TRC |
| Tom Aspel | Russellville AR | | 14:58 | 14:58 | 86.19 | 22 | M2024 | 02-78 | Tulsa/Mohawk/TRC |
| Tom Aspel | Russellville AR | | 15:39 | 15:24 | 83.81 | 34 | M3034 | 09-89 | Tulsa/Night Tracks |
| Tom Aspel | Russellville AR | | 15:42 | 15:11 | 85.03 | 37 | M3539 | 05-93 | Tulsa/Full Moon |
| Tom Aspel | Russellville AR | | 16:03 | 15:11 | 85.05 | 40 | M4044 | 06-95 | Tulsa/Break Barriers |
| Steven Aston | Tulsa OK | | 17:13 | 15:58 | 80.83 | 15 | M1315 | 08-14 | Tulsa/Riverside 5000 |
| Jace Austin | Fort Gibson OK | | 19:58 | 17:20 | 74.46 | 12 | M0112 | 11-17 | Tulsa/Route 66 |
| Arya Bahreina | Edmond OK | | 14:47 | 14:47 | 87.26 | 22 | M2024 | 08-16 | Tulsa/Riverside 5000 |
| Arya Bahrieni | Oklahoma City OK | | 15:30 | 15:11 | 85.05 | 19 | M1619 | 09-12 | Norman/Brookhaven |
| Robert Baines | Norman OK | | 16:40 | 15:27 | 83.50 | 15 | M1315 | 09-10 | Norman/Brookhaven |
| Al Bakari | Norman OK | | 19:33 | 16:09 | 79.97 | 57 | M5559 | 03-15 | Norman/LuDown Legacy |
| Brian Baker | Fayetteville AR | | 14:29 | 14:29 | 89.07 | 25 | M2529 | 06-95 | Tulsa/Break Barriers |
| Brian Baker | Fayetteville OK | | 14:34 | 14:32 | 88.79 | 30 | M3034 | 03-01 | Tulsa/Schlotzskys |
| Charlie Baker | Tulsa OK | | 17:44 | 16:09 | 79.98 | 45 | M4549 | 07-87 | Tulsa/Mohawk/TRC |
| Charlie Baker | Tulsa OK | | 18:16 | 15:59 | 80.75 | 50 | M5054 | 08-93 | Tulsa/Night Light |
| Charlie Baker | Tulsa OK | | 19:38 | 16:29 | 78.27 | 55 | M5559 | 05-97 | Tulsa/Woody's |
| Cordell Baker | Sapulpa OK | | 15:44 | 15:02 | 85.81 | 17 | M1619 | 08-07 | Tulsa/Riverside 5000 |
| Cordell Baker | Gunnison CO | | 15:39 | 15:20 | 84.24 | 19 | M1619 | 07-09 | Tulsa/Mohawk/TRC |
| Derik Baker | Pawnee OK | | 17:24 | 16:08 | 79.98 | 15 | M1315 | 05-89 | Bristow/Wildflower |
| Steve Baker | Fayetteville AR | | 14:57 | 14:57 | 86.29 | 24 | M2024 | 02-78 | Tulsa/Mohawk/TRC |
| Steve Baker | Noble OK | | 16:36 | 15:42 | 82.23 | 40 | M4044 | 10-93 | OKC/Jim Thorpe |
| Steven Baker | Tulsa OK | | 15:35 | 15:28 | 83.42 | 32 | M3034 | 07-23 | Tulsa/Firecracker |
| Manuel Barba | Tulsa OK | | 16:29 | 15:21 | 84.02 | 42 | M4044 | 08-94 | Tulsa/Night Light |
| Hub Barker | Mustang OK | | 17:34 | 15:52 | 81.31 | 46 | M4549 | 08-75 | Tulsa/Mohawk/TRC |
| Bennett Barnett | Oklahoma City OK | | 16:08 | 15:48 | 81.72 | 19 | M1619 | 08-19 | Tulsa/Riverside 5000 |
| Dave Barney | Scottsdale AZ | | 15:06 | 15:04 | 85.65 | 30 | M3034 | 12-90 | Tulsa/Jingle Bell |
| Dave Barney | Scottsdale AZ | | 15:10 | 14:51 | 86.92 | 35 | M3539 | 06-95 | Tulsa/Break Barriers |
| Benjamin Barrett | Norman OK | | 15:34 | 15:04 | 85.65 | 18 | M1619 | 08-14 | Norman/Brookhaven |

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| Bailey Base | Tulsa OK | | 22:13 | 16:51 | 76.59 | 8 | M0112 | 05-06 | Jenks/Aquarium Run |
| J. D. Baugher | Norman OK | | 17:42 | 16:25 | 78.63 | 15 | M1315 | 09-06 | Norman/Brookhaven |
| Aden Baughman | Tulsa OK | | 17:32 | 16:15 | 79.37 | 15 | M1315 | 03-17 | OKC/Run Lucky |
| Hunter Baumberg | Tulsa OK | | 18:43 | 16:15 | 79.43 | 12 | M0112 | 08-12 | Tulsa/Riverside 5000 |
| John Beattie | Tulsa OK | | 15:31 | 15:28 | 83.46 | 21 | M2024 | 12-07 | Tulsa/Jingle Bell |
| Jeffrey Beck | Norman OK | | 15:37 | 15:35 | 82.82 | 30 | M3034 | 09-12 | Norman/Brookhaven |
| Mike Beda | Tulsa OK | | 18:26 | 16:00 | 80.65 | 51 | M5054 | 08-97 | Tulsa/Night Light |
| Mike Beda | Tulsa OK | | 18:37 | 15:15 | 84.69 | 58 | M5559 | 08-04 | Broken Arrow/Dog Days |
| Mike Beda | Tulsa OK | | 19:31 | 15:42 | 82.15 | 60 | M6064 | 03-07 | Tulsa/St. Patricks |
| Mike Beda | Tulsa OK | | 20:30 | 15:46 | 81.79 | 65 | M6569 | 09-10 | Tulsa/Race for Cure |
| Mike Beda | Tulsa OK | | 22:21 | 16:22 | 78.90 | 70 | M7074 | 12-15 | Jenks/Heart & Sole |
| Mike Beda | Tulsa OK | | 23:49 | 16:13 | 79.57 | 75 | M7579 | 09-21 | Tulsa/Parkside Run |
| Danny Belcourt | Stillwater OK | | 14:29 | 14:29 | 89.07 | 24 | M2024 | 03-89 | Tulsa/Golden Palace |
| Danny Belcourt | Stillwater OK | | 14:36 | 14:36 | 88.47 | 29 | M2529 | 12-94 | Tulsa/Jingle Bell |
| Danny Belcourt | Stillwater OK | | 15:14 | 15:12 | 84.90 | 30 | M3034 | 03-95 | Tulsa/C. Mitchell's |
| Doug Bell | Greeley CO | X | 14:56 | 14:07 | 91.41 | 40 | M4044 | 12-90 | Tulsa/Jingle Bell |
| Doug Bell | Greeley CO | | 15:17 | 14:21 | 89.97 | 41 | M4044 | 12-91 | Tulsa/Jingle Bell |
| Doug Bell | Greeley CO | X | 15:55 | 14:50 | 87.02 | 42 | M4044 | 05-93 | Tulsa/Field of Dreams |
| Skeet Bemo | Sapulpa OK | | 16:09 | 14:58 | 86.17 | 15 | M1315 | 05-87 | Tulsa/Home Run |
| Don Bene | Tulsa OK | | 15:40 | 15:40 | 82.34 | 24 | M2024 | 11-85 | Tulsa/Bookfest Run |
| J. B. Bennett | Okmulgee OK | | 18:50 | 16:05 | 80.27 | 53 | M5054 | 06-88 | Tulsa/Daybreak Run |
| Russell Bennett | Tulsa OK | | 16:33 | 14:50 | 87.01 | 47 | M4549 | 03-85 | Tulsa/Amer. Airlines |
| Russell Bennett | Tulsa OK | | 17:36 | 15:09 | 85.13 | 52 | M5054 | 07-89 | Tulsa/Daybreak Run |
| Russell Bennett | Tulsa OK | | 18:17 | 15:21 | 84.05 | 55 | M5559 | 09-92 | Tulsa/Okla. Sen. Oly. |
| Art Bentley | West Plains MO | | 18:47 | 16:26 | 78.53 | 50 | M5054 | 05-94 | Tulsa/Field of Dreams |
| Ben Berghall | Tulsa OK | | 14:47 | 14:47 | 87.26 | 23 | M2024 | 12-90 | Tulsa/Holiday Classic |
| Kim Berghall | Tulsa OK | | 14:36 | 14:36 | 88.36 | 28 | M2529 | 11-88 | Tulsa/Night Light |
| Noel Berkeley | Norman OK | | 14:45 | 14:45 | 87.46 | 22 | M2024 | 04-91 | OKC/Oklahoma Cup |
| Noel Berkeley | Norman OK | | 14:21 | 14:21 | 89.89 | 24 | M2024 | 12-89 | Tulsa/Jingle Bell |
| Noel Berkeley | Norman OK | | 14:12 | 14:12 | 90.84 | 28 | M2529 | 05-92 | Tulsa/Field of Dreams |
| Noel Berkeley | Fayetteville AR | | 14:36 | 14:34 | 88.58 | 30 | M3034 | 05-95 | Bristow/Wildflower |
| Cade Berkey | Hydro OK | | 17:41 | 16:05 | 80.21 | 14 | M1315 | 12-16 | Edmond/Holiday Hustle |
| John Bermingham | Edmonton AL CN | X | 15:28 | 14:18 | 90.30 | 43 | M4044 | 05-95 | Bristow/Wildflower |
| Tim Bernardi | Tulsa OK | | 19:44 | 17:08 | 75.34 | 12 | M0912 | 11-88 | Tulsa/Night Light |
| Charles Bertalot | Tulsa OK | | 18:30 | 16:11 | 79.73 | 50 | M5054 | 10-91 | Stillwater/Juke Joint |
| Charles Bertalot | Tulsa OK | | 19:38 | 16:29 | 78.27 | 55 | M5559 | 09-96 | Tulsa/Okla. Sen. Oly. |
| Joe Bessenbacher | Shawnee KS | | 22:46 | 17:12 | 75.04 | 67 | M6569 | 09-04 | Tahlequah/Cher. Hol. |
| Ean Beyer | Norman OK | | 19:52 | 17:15 | 74.83 | 12 | M0112 | 09-10 | Norman/Brookhaven |

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| Ean Beyer | Norman OK | | 16:52 | 15:38 | 82.51 | 15 | M1315 | 08-13 | Tulsa/Riverside 5000 |
| Ean Beyer | Norman OK | | 15:44 | 15:02 | 85.81 | 17 | M1619 | 09-15 | Norman/Brookhaven |
| Ryan Bickerstaff | Alva OK | | 15:38 | 15:08 | 85.29 | 18 | M1619 | 12-99 | Ponca City/Millennium |
| Mike Bilyeu | Tulsa OK | | 14:28 | 14:28 | 89.17 | 23 | M2024 | 07-89 | Tulsa/Home Run |
| Mike Bilyeu | Tulsa OK | | 14:40 | 14:40 | 87.95 | 25 | M2529 | 12-90 | Tulsa/Holiday Classic |
| Mike Bilyeu | Tulsa OK | | 14:54 | 14:50 | 87.03 | 31 | M3034 | 01-97 | Tulsa/Resolution Run |
| Walter Birney | Copeland KS | | 17:56 | 14:56 | 86.43 | 56 | M5559 | 07-90 | Tulsa/Mohawk/TRC |
| Sean Birren | St. Ann MO | | 16:30 | 16:04 | 80.40 | 36 | M3539 | 03-09 | Tulsa/Wish Lemons |
| Eric Biyase | Wichita KS | | 14:32 | 14:32 | 88.76 | 24 | M2024 | 05-00 | Bristow/Wildflower |
| Steve Blanchard | Tulsa OK | | 17:05 | 14:50 | 87.02 | 51 | M5054 | 07-83 | Tulsa/Mohawk/TRC |
| Steve Blanchard | Tulsa OK | | 17:40 | 14:35 | 88.49 | 57 | M5559 | 07-89 | Tulsa/Mohawk/TRC |
| Steve Blanchard | Tulsa OK | X | 18:23 | 14:32 | 88.85 | 62 | M6064 | 07-94 | Tulsa/Mohawk/TRC |
| Steve Blanchard | Tulsa OK | X | 18:23 | 14:24 | 89.57 | 63 | M6064 | 04-95 | Tulsa/Corp. Challenge |
| Steve Blanchard | Tulsa OK | X | 19:08 | 14:51 | 86.85 | 64 | M6064 | 07-96 | Tulsa/Mohawk/TRC |
| Steve Blanchard | Tulsa OK | | 19:17 | 14:50 | 86.95 | 65 | M6569 | 05-97 | Tulsa/Full Moon |
| Steve Blanchard | Tulsa OK | | 21:37 | 15:26 | 83.66 | 72 | M7074 | 08-04 | Tulsa/SandRun |
| Steve Blanchard | Tulsa OK | X | 21:55 | 15:25 | 83.73 | 73 | M7074 | 06-05 | Bixby/Green Corn |
| Steve Blanchard | Tulsa OK | | 24:05 | 16:24 | 78.69 | 75 | M7579 | 03-07 | Tulsa/St. Patricks |
| Bo Blevins | Tulsa OK | | 19:45 | 17:08 | 75.27 | 12 | M0112 | 11-10 | Sapulpa/Steps Success |
| Vince Blocker | Jenks OK | | 18:38 | 16:18 | 79.16 | 50 | M5054 | 08-14 | Tulsa/Riverside 5000 |
| Vince Blocker | Jenks OK | | 19:05 | 16:02 | 80.52 | 55 | M5559 | 03-19 | Tulsa/St. Patricks |
| Reno Blum | Oklahoma City OK | | 15:30 | 15:30 | 83.23 | 23 | M2024 | 08-17 | Tulsa/Riverside 5000 |
| Marcus Bollom | Corpus Christi T | | 15:46 | 14:48 | 87.21 | 41 | M4044 | 11-18 | OKC/Turkey Tracks |
| Bob Bomer | Tulsa OK | | 17:36 | 16:01 | 80.59 | 45 | M4549 | 06-88 | Tulsa/Daybreak Run |
| Bob Bomer | Tulsa OK | | 18:07 | 15:51 | 81.42 | 50 | M5054 | 08-93 | Tulsa/Night Light |
| Mike Booth | Edmond OK | | 20:59 | 16:53 | 76.41 | 60 | M6064 | 12-12 | OKC/Sandridge Run |
| Jeff Bott | Talala OK | | 15:56 | 15:13 | 84.73 | 17 | M1619 | 07-89 | Tulsa/Mohawk/TRC |
| David Boulanger | Moore OK | | 17:08 | 15:35 | 82.78 | 14 | M1315 | 08-19 | Norman/Brookhaven |
| Jake Bowen | Oklahoma City OK | | 17:26 | 16:10 | 79.83 | 15 | M1315 | 08-13 | Moore/Moore Strong |
| Parker Bowles | Norman OK | | 16:18 | 15:07 | 85.38 | 15 | M1315 | 09-07 | Norman/Brookhaven |
| Yadon Bowman | Guthrie OK | | 19:05 | 16:34 | 77.90 | 12 | M0112 | 12-17 | Edmond/Holiday Hustle |
| Kelly Boyd | Clayton MO | | 18:02 | 15:47 | 81.79 | 50 | M5054 | 06-95 | OKC/Red Earth |
| Lane Boyer | Fredonia KS | | 19:42 | 16:06 | 80.12 | 10 | M0112 | 05-00 | Tulsa/Field of Dreams |
| Carter Bradford | Yukon OK | | 17:40 | 16:23 | 78.77 | 15 | M1315 | 11-12 | Yukon/Chill Cheeks |
| Fay Bradley | Independence KS | | 21:27 | 15:42 | 82.21 | 70 | M7074 | 09-08 | Tulsa/Race for Cure |
| Dan Brannin | Tulsa OK | | 20:52 | 16:30 | 78.28 | 62 | M6064 | 04-88 | Tulsa/Golden Palace |
| Mark Bravo | OKC OK | | 17:21 | 16:24 | 78.67 | 40 | M4044 | 05-98 | OKC/Northwest Mem. |
| Ash Brayer | Oklahoma City OK | | 18:49 | 16:20 | 79.01 | 12 | M0112 | 08-13 | Moore/Moore Strong |

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| Gerald Breeden | Moore OK | 17:15 | 15:57 | 80.97 | 43 | M4044 | 10-00 | Stillwater/Juke Joint |
| Tom Brennan | Poteau OK | 17:24 | 16:27 | 78.45 | 40 | M4044 | 10-11 | Honobia/Big Foot |
| Michael Breshears | Stillwater OK | 15:02 | 15:02 | 85.81 | 23 | M2024 | 09-07 | Norman/Brookhaven |
| David Briggs | Bentonville AR | 15:34 | 15:34 | 82.87 | 22 | M2024 | 07-86 | Tulsa/Mohawk/TRC |
| David Briggs | Bentonville AR | 15:16 | 15:16 | 84.61 | 29 | M2529 | 03-94 | Claremore Challenge |
| Tom Briggs | Oklahoma City OK | 18:56 | 16:02 | 80.46 | 54 | M5054 | 10-87 | MWC/Raider Fall Run |
| Tom Briggs | Oklahoma City OK | 19:17 | 16:04 | 80.38 | 56 | M5559 | 05-89 | OKC/Andy Payne |
| Tom Briggs | Arcadia OK | 22:35 | 17:13 | 74.98 | 66 | M6569 | 10-99 | Watonga/Rat Race |
| Tom Briggs | Arcadia OK | 24:26 | 17:11 | 75.10 | 73 | M7074 | 09-06 | Norman/Brookhaven |
| Gary Britt | Tulsa OK | 20:43 | 16:23 | 78.84 | 62 | M6064 | 03-09 | Tulsa/St. Patricks |
| Gary Britt | Tulsa OK | 21:21 | 16:08 | 80.02 | 67 | M6569 | 08-14 | Tulsa/Riverside 5000 |
| Robert Broaddus | Jenks OK | 18:46 | 16:17 | 79.22 | 51 | M5054 | 09-09 | Tulsa/Race for Cure |
| Robert Broaddus | Jenks OK | 19:33 | 16:25 | 78.60 | 55 | M5559 | 08-13 | Tulsa/Riverside 5000 |
| Rick Brower | Copan OK | 17:13 | 16:17 | 79.28 | 40 | M4044 | 04-88 | Tulsa/Golden Palace |
| Rick Brower | Copan OK | 17:15 | 15:35 | 82.80 | 46 | M4549 | 04-94 | Tulsa/Corp. Challenge |
| Rick Brower | Copan OK | 17:51 | 15:37 | 82.63 | 50 | M5054 | 04-98 | Tulsa/Corp. Challenge |
| Rick Brower | Copan OK | 19:11 | 16:07 | 80.10 | 55 | M5559 | 06-03 | Bartlesville/Legends |
| Rick Brower | Copoaan OK | 20:25 | 16:17 | 79.27 | 61 | M6064 | 09-08 | Bartlesville/Relief |
| Rick Brower | Copan OK | 22:31 | 17:20 | 74.46 | 65 | M6569 | 12-12 | Bartlesville/JB Rock |
| Ian Brown | Tulsa OK | 19:55 | 17:17 | 74.64 | 12 | M0112 | 05-97 | Tulsa/Full Moon |
| Richard Brown | Tulsa OK | 15:19 | 15:16 | 84.55 | 21 | M2024 | 08-93 | Tulsa/Night Light |
| Wes Brown | Oklahoma City OK | 14:43 | 14:43 | 87.66 | 27 | M2529 | 07-89 | Tulsa/Home Run |
| Wes Brown | Oklahoma City OK | 14:43 | 14:41 | 87.88 | 30 | M3034 | 08-93 | Tulsa/Night Light |
| Wes Brown | Tulsa OK | 15:27 | 15:02 | 85.87 | 36 | M3539 | 07-98 | Tulsa/Mohawk/TRC |
| Rick Bryan | Geary OK | 16:36 | 15:56 | 81.02 | 38 | M3539 | 06-95 | Sulphur/Sizzler |
| Mike Budnik | Tulsa OK | 18:17 | 16:00 | 80.67 | 50 | M5054 | 12-96 | Tulsa/Jingle Bell |
| Mike Budnik | Broken Arrow OK | 19:44 | 16:34 | 77.87 | 55 | M5559 | 02-01 | Tulsa/Relief Run |
| Jacob Buhler | Edmond OK | 15:26 | 15:26 | 83.58 | 24 | M2024 | 09-11 | Norman/Brookhaven |
| Jacob Buhler | Norman OK | 15:24 | 15:24 | 83.77 | 25 | M2529 | 09-12 | Norman/Brookhaven |
| Jeff Bullard | Enid OK | 16:42 | 16:02 | 80.54 | 38 | M3539 | 10-89 | Stillwater/Juke Joint |
| Jeff Bullard | Enid OK | 17:08 | 16:12 | 79.67 | 40 | M4044 | 10-91 | Stillwater/Juke Joint |
| Jacob Bungei | Tulsa OK | 14:52 | 14:52 | 86.77 | 24 | M2024 | 06-86 | Tulsa/Home Run |
| Jacob Bungei | Tulsa OK | 14:41 | 14:41 | 87.86 | 26 | M2529 | 03-89 | Tulsa/Golden Palace |
| Don Burnett | Oklahoma City OK | 16:43 | 15:20 | 84.15 | 44 | M4044 | 05-98 | Tulsa/Woody's |
| Don Burnett | Oklahoma City OK | 16:52 | 15:21 | 84.09 | 45 | M4549 | 05-99 | Tulsa/Woody's |
| Don Burnett | Oklahoma City OK | 18:12 | 15:56 | 81.04 | 50 | M5054 | 10-03 | OKC/Trolley Track |
| Don Burnett | Oklahoma City OK | 19:37 | 16:29 | 78.33 | 55 | M5559 | 01-10 | OKC/Resolution Run |
| Scott Burnett | Tulsa OK | 16:28 | 16:08 | 80.06 | 35 | M3539 | 07-91 | Tulsa/Mohawk/TRC |

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| Scott Burnett | Tulsa OK | 16:45 | 15:43 | 82.09 | 41 | M4044 | 04-98 | Tulsa/Grace Race |
| Frank Burt | Lawton OK | 19:09 | 16:05 | 80.24 | 55 | M5559 | 10-83 | Tulsa/Mohawk/TRC |
| Thomas Butchko | Tulsa OK | 19:15 | 16:42 | 77.23 | 12 | M0112 | 08-93 | Tulsa/Night Light |
| Chuck Butler | Edmond OK | 20:50 | 16:46 | 76.96 | 60 | M6064 | 09-02 | OKC/Race for Cure |
| Jason Butler | Oklahoma City OK | 16:18 | 15:04 | 85.69 | 43 | M4044 | 08-15 | Tulsa/Riverside 5000 |
| Jason Butler | Oklahoma City OK | 16:42 | 14:58 | 86.23 | 47 | M4549 | 08-19 | Norman/Brookhaven |
| Josh Butts | Tulsa OK | 15:35 | 15:35 | 82.78 | 26 | M2529 | 07-08 | Tulsa/Mohawk/TRC |
| James Byrd | Oklahoma City OK | 15:21 | 15:21 | 84.04 | 23 | M2024 | 03-94 | OKC/Coats for Kids |
| James Byrd | Oklahoma City OK | 15:22 | 15:22 | 83.95 | 27 | M2529 | 04-98 | Tulsa/Grace Race |
| Eugene Byrnes | Tulsa OK | 22:31 | 17:20 | 74.46 | 65 | M6569 | 08-92 | Tulsa Ski Club |
| Fernando Cabada | Norman OK | 14:27 | 14:27 | 89.27 | 24 | M2024 | 08-13 | Norman/Brookhaven |
| Greg Cabrera | Oklahoma City OK | 17:28 | 16:12 | 79.68 | 15 | M1315 | 09-96 | OKC/Race for Cure |
| Scott Caldwell | Fort Gibson OK | 22:28 | 17:02 | 75.74 | 8 | M0112 | 05-91 | Tulsa/Full Moon |
| Scott Caldwell | Fort Gibson OK | 17:40 | 15:20 | 84.15 | 12 | M0912 | 06-95 | Tulsa/Full Moon |
| Scott Caldwell | Fort Gibson OK | 16:43 | 15:30 | 83.25 | 15 | M1315 | 04-98 | Muskogee/Azalea |
| Steve Calonkey | Norman OK | 19:11 | 15:42 | 82.19 | 58 | M5559 | 09-10 | Norman/Brookhaven |
| Steve Calonkey | Norman OK | 19:58 | 16:04 | 80.30 | 60 | M6064 | 09-12 | Norman/Brookhaven |
| Steve Calonkey | Norman OK | 22:41 | 17:27 | 73.92 | 65 | M6569 | 02-17 | OKC/Coldest Run |
| Josh Camp | Norman OK | 17:31 | 16:14 | 79.45 | 15 | M1315 | 09-16 | Norman/Brookhaven |
| Griffen Campbell | Sand Springs OK | 22:52 | 17:20 | 74.42 | 8 | M0112 | 12-07 | Tulsa/Jingle Bell |
| Jim Campbell | Oklahoma City OK | 19:20 | 15:25 | 83.71 | 61 | M6064 | 03-94 | OKC/Coats for Kids |
| Jim Campbell | Oklahoma City OK | 21:35 | 16:36 | 77.68 | 65 | M6569 | 04-98 | Lexington/89er |
| Robert Campbell | Beaver OK | 19:35 | 16:19 | 79.15 | 56 | M5559 | 08-90 | MWC/Y Twilight |
| Frank Canez | Tulsa OK | 15:21 | 15:02 | 85.89 | 19 | M1619 | 09-77 | Tulsa/Mohawk/TRC |
| Owen Canfield | Oklahoma City OK | 19:24 | 16:50 | 76.63 | 12 | M0112 | 10-00 | Stillwater/Juke Joint |
| Cailean Carlberg | Tulsa OK | 15:43 | 15:43 | 82.08 | 23 | M2024 | 03-07 | Tulsa/St. Patricks |
| Rene Carlsen | Stillwater OK | 15:32 | 15:32 | 83.05 | 23 | M2024 | 07-98 | Stillwater/Freedom |
| Rene Carlsen | Stillwater OK | 14:57 | 14:57 | 86.29 | 25 | M2529 | 02-00 | Tulsa/Relief Run |
| Greg Carlson | Claremore OK | 19:04 | 16:33 | 77.97 | 12 | M0112 | 08-95 | Tulsa/Night Light |
| Jazz Carreon | Oklahoma City OK | 15:27 | 15:27 | 83.50 | 25 | M2529 | 10-09 | Norman/Brookhaven |
| Jazz Carreon | Bethany OK | 15:24 | 15:17 | 84.42 | 32 | M3034 | 09-17 | Norman/Brookhaven |
| Brett Carter | Tulsa OK | 17:33 | 16:16 | 79.30 | 15 | M1315 | 11-02 | Tulsa/Turkey Trot |
| Jeremy Case | Tulsa OK | 16:23 | 15:11 | 84.94 | 15 | M1315 | 03-96 | Tulsa/Schlotzskys |
| Nathan Chamer | Oklahoma City OK | 15:55 | 15:35 | 82.83 | 35 | M3539 | 09-16 | Norman/Brookhaven |
| Nathan Chamer | Oklahoma City OK | 15:31 | 14:34 | 88.61 | 41 | M4044 | 08-19 | Norman/Brookhaven |
| Lewis Chandler | Broken Arrow OK | 17:16 | 15:21 | 84.07 | 48 | M4549 | 04-91 | Tulsa/Oklahoma Cup |
| Lewis Chandler | Tulsa OK | 17:14 | 15:05 | 85.59 | 50 | M5054 | 06-92 | Tulsa/Full Moon |
| Lewis Chandler | Tulsa OK | 19:34 | 16:26 | 78.53 | 55 | M5559 | 07-97 | Owasso/Race to Grad. |

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| Lewis Chandler | Tulsa OK | | 21:16 | 16:22 | 78.84 | 65 | M6569 | 07-07 | Owasso/Ram Run |
| Peter Chebli | Wichita KS | | 15:08 | 15:04 | 85.68 | 31 | M3034 | 09-16 | Norman/Brookhaven |
| Ben Chesang | Lawrence KS | | 14:58 | 14:58 | 86.30 | 29 | M2529 | 08-13 | Tulsa/Riverside 5000 |
| Benson Chesang | Irving TX | | 14:57 | 14:55 | 86.51 | 30 | M3034 | 08-14 | Norman/Brookhaven |
| Mathew Chesang | Manhattan KS | X | 14:11 | 14:11 | 90.95 | 24 | M2024 | 09-06 | Norman/Brookhaven |
| Mathew Chesang | Olathe KS | | 14:11 | 14:11 | 90.95 | 25 | M2529 | 09-07 | Norman/Brookhaven |
| Mathew Chesang | Olathe KS | | 14:59 | 14:59 | 86.10 | 25 | M2529 | 05-07 | Bristow/Wildflower |
| Denton Childs | Springdale AR | | 15:38 | 15:13 | 84.86 | 36 | M3539 | 07-86 | Tulsa/Mohawk/TRC |
| Denton Childs | Springdale AR | | 16:16 | 15:23 | 83.91 | 40 | M4044 | 04-91 | Tulsa/Oklahoma Cup |
| Denton Childs | Springdale AR | | 17:39 | 15:57 | 80.92 | 46 | M4549 | 12-96 | Tulsa/Jingle Bell |
| Donnie Childs | Enid OK | | 17:01 | 15:47 | 81.78 | 15 | M1315 | 04-84 | Enid/Spring Thaw |
| Donnie Childs | Enid OK | | 15:48 | 15:06 | 85.44 | 17 | M1619 | 03-86 | Enid/Helping Hand |
| Rich Chillingworth | Tulsa OK | | 18:51 | 16:30 | 78.25 | 50 | M5054 | 03-01 | Tulsa/Schlotzskys |
| Rich Chillingworth | Tulsa OK | | 19:13 | 16:08 | 79.97 | 55 | M5559 | 07-06 | Tulsa/Mohawk/TRC |
| Rich Chillingworth | Tulsa OK | | 19:40 | 15:50 | 81.53 | 60 | M6064 | 05-11 | Tulsa/Full Moon |
| Rich Chillingworth | Tulsa OK | | 22:14 | 17:06 | 75.41 | 65 | M6569 | 10-16 | Tulsa Run |
| Rich Chillingworth | Tulsa OK | | 23:24 | 17:08 | 75.36 | 70 | M7074 | 09-21 | Tulsa/Parkside Run |
| Rich Chillingworth | Tulsa OK | | 24:18 | 17:48 | 72.56 | 70 | M7074 | 04-21 | Jenks/Mythical Run |
| David Chirchir | Stillwater OK | | 14:52 | 14:52 | 86.88 | 29 | M2529 | 08-11 | Tulsa/Riverside 5000 |
| Dave Chisholm | Mustang OK | | 16:07 | 15:47 | 81.80 | 35 | M3539 | 02-77 | Tulsa/Mohawk/TRC |
| Dave Chisholm | Mustang OK | | 17:21 | 15:55 | 81.08 | 44 | M4044 | 04-86 | OKC/Festival Run |
| Mike Christenson | Rogers AR | | 18:48 | 16:27 | 78.46 | 50 | M5054 | 07-01 | Tulsa/Mohawk/TRC |
| Jeff Churchill | Tulsa OK | | 17:00 | 15:46 | 81.86 | 15 | M1315 | 11-87 | Tulsa/M. Houghton |
| Gitogo Churu | Stillwater OK | | 15:01 | 15:01 | 85.91 | 24 | M2024 | 11-99 | Fairview/Boot Scoot |
| Andrew Clark | Tulsa OK | | 22:02 | 16:42 | 77.23 | 8 | M0112 | 12-96 | Tulsa/Jingle Bell |
| Caleb Clark | Bartlesville OK | | 17:29 | 16:12 | 79.60 | 15 | M1315 | 09-05 | Tulsa/Run to Son |
| Caleb Clark | Bartlesville OK | | 15:21 | 15:18 | 84.36 | 21 | M2024 | 05-11 | Tulsa/Full Moon |
| Doug Clark | Tulsa OK | | 15:37 | 14:59 | 86.13 | 38 | M3539 | 04-95 | Tulsa/Corp. Challenge |
| Doug Clark | Tulsa OK | | 15:26 | 14:29 | 89.09 | 41 | M4044 | 05-98 | Tulsa/Woody's |
| Mike Clark | Tulsa OK | | 20:27 | 16:19 | 79.14 | 61 | M6064 | 04-17 | Tulsa/Parkinson Run |
| Tony Clement | Norman OK | | 15:04 | 15:04 | 85.62 | 28 | M2529 | 09-15 | Norman/Brookhaven |
| Larry Clenney | Sand Springs OK | | 20:56 | 16:42 | 77.31 | 61 | M6064 | 09-07 | Tulsa/Race for Cure |
| Larry Clenney | Tulsa OK | | 22:05 | 17:00 | 75.92 | 65 | M6569 | 05-12 | Tulsa/Full Moon |
| Mike Cleveland | Edmond OK | | 17:22 | 16:18 | 79.17 | 41 | M4044 | 11-96 | Edmond/Jingle Bell |
| Michael Cliff | Sand Springs OK | | 15:51 | 14:42 | 87.80 | 15 | M1315 | 08-94 | Tulsa/Night Light |
| Michael Cliff | Stillwater OK | | 15:36 | 15:17 | 84.51 | 19 | M1619 | 03-98 | Tulsa/TABS |
| Grant Cochran | Oklahoma City OK | | 16:41 | 16:01 | 80.62 | 38 | M3539 | 06-94 | OKC/Red Earth |
| Robert Cochran | Elgin OK | | 17:44 | 16:08 | 79.98 | 14 | M1315 | 09-00 | Norman/Brookhaven |

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| Adam Cohen | Norman OK | 16:15 | 15:55 | 81.13 | 35 | M3539 | 10-03 | Norman/Brookhaven |
| Adam Cohen | Norman OK | 16:05 | 14:59 | 86.11 | 42 | M4044 | 09-10 | Norman/Brookhaven |
| Adam Cohen | Norman OK | 17:15 | 15:20 | 84.16 | 48 | M4549 | 09-16 | Norman/Brookhaven |
| Adam Cohen | Norman OK | 17:53 | 15:01 | 85.93 | 55 | M5559 | 09-23 | Norman/Brookhaven |
| Mike Cole | Tulsa OK | 15:45 | 15:14 | 84.66 | 18 | M1619 | 02-72 | Tulsa/Mohawk/TRC |
| Mike Cole | Tulsa OK | 15:13 | 15:09 | 85.21 | 31 | M3034 | 08-84 | Tulsa/Mohawk/TRC |
| Mike Cole | Tulsa OK | 16:33 | 15:39 | 82.48 | 40 | M4044 | 07-94 | Tulsa/Mohawk/TRC |
| Jim Bob Coleman | Watonga OK | 17:14 | 15:59 | 80.75 | 15 | M1315 | 10-97 | Watonga/Rat Race |
| Jake Conley | Rogers AR | 17:44 | 16:26 | 78.48 | 15 | M1315 | 05-99 | Tulsa/Woody's |
| Ray Conn | Tulsa OK | 18:49 | 16:20 | 79.01 | 51 | M5054 | 04-81 | Tulsa/Mohawk/TRC |
| Kevin Connolly | Edmond OK | 16:47 | 15:34 | 82.92 | 15 | M1315 | 09-95 | Norman/Brookhaven |
| Kevin Connolly | stillwater OK | 15:11 | 14:52 | 86.83 | 19 | M1619 | 02-00 | Glenpool/Spaulding |
| Doug Consiglio | Fayetteville AR | 14:54 | 14:54 | 86.58 | 25 | M2529 | 12-89 | Tulsa/Jingle Bell |
| Gil Contreras | Fayetteville AR | 15:07 | 15:07 | 85.34 | 24 | M2024 | 03-94 | Claremore Challenge |
| Austin Cookson | Oklahoma City OK | 15:40 | 15:40 | 82.34 | 25 | M2529 | 08-16 | Tulsa/Riverside 5000 |
| Jack Coon | Tulsa OK | 17:36 | 16:19 | 79.07 | 15 | M1315 | 08-13 | Tulsa/Riverside 5000 |
| Randall Cooper | Tulsa OK | 17:26 | 16:22 | 78.87 | 41 | M4044 | 11-89 | Tulsa/Night Light |
| Richard Cooper | Fayetteville AR | 14:53 | 14:53 | 86.67 | 23 | M2024 | 07-89 | Tulsa/Home Run |
| Blake Cope | Okarche OK | 17:24 | 16:08 | 79.98 | 15 | M1315 | 07-16 | OKC/Hotter |
| Lance Cornman | Oklahoma City OK | 18:49 | 16:28 | 78.39 | 50 | M5054 | 10-92 | Cushing/Run for Mums |
| Dahl Cox | Longdale OK | 15:54 | 15:09 | 85.22 | 39 | M3539 | 07-94 | Tulsa/Mohawk/TRC |
| Dahl Cox | Longdale OK | 16:25 | 15:31 | 83.15 | 40 | M4044 | 09-95 | Norman/Brookhaven |
| Dahl Cox | Longdale OK | 17:29 | 15:55 | 81.13 | 45 | M4549 | 11-00 | Chickasha/Rudolph's |
| Dallas Cox | Stillwater OK | 15:20 | 15:01 | 85.98 | 19 | M1619 | 03-81 | Tulsa/Mohawk/TRC |
| Chris Craig | Norman OK | 17:41 | 16:24 | 78.70 | 15 | M1315 | 10-03 | Norman/Brookhaven |
| Johnny Crain | Norman OK | 14:40 | 14:40 | 87.95 | 23 | M2024 | 09-15 | Norman/Brookhaven |
| Scott Cramer | Fayetteville AR | 15:02 | 14:53 | 86.70 | 20 | M2024 | 11-90 | Tulsa/Night Lights |
| Mike Cranford | Tulsa OK | 17:10 | 16:07 | 80.10 | 41 | M4044 | 08-93 | Tulsa/Night Light |
| Davis Crawford | Oklahoma City OK | 19:40 | 16:36 | 77.80 | 11 | M0112 | 04-07 | OKC/Redbud Classic |
| Coleman Crawley | Fort Gibson OK | 21:52 | 16:35 | 77.82 | 8 | M0112 | 04-05 | Broken Arrow/Grace |
| Coleman Crawley | Fort Gibson OK | 18:47 | 16:18 | 79.15 | 12 | M0112 | 05-09 | Tulsa/Full Moon |
| Chooch Crittenden | Tulsa OK | 18:56 | 16:26 | 78.52 | 12 | M0912 | 07-89 | Tulsa/Home Run |
| Jerry Crockett | Stillwater OK | 17:42 | 15:29 | 83.33 | 50 | M5054 | 08-78 | Tulsa/Mohawk/TRC |
| Jerry Crockett | Stillwater OK | 17:55 | 14:55 | 86.51 | 56 | M5559 | 12-84 | Tulsa/Mohawk/TRC |
| Jerry Crockett | Stillwater OK | 18:26 | 14:50 | 86.98 | 60 | M6064 | 10-88 | Enid/Chisholm Trail |
| Jerry Crockett | Stillwater OK | 20:02 | 15:25 | 83.69 | 65 | M6569 | 08-93 | Tulsa/Night Light |
| Jerry Crockett | Stillwater OK | 21:38 | 15:50 | 81.51 | 70 | M7074 | 08-98 | Tulsa/Night Light |
| Andrew Crook | Boulder CO | 15:29 | 15:25 | 83.75 | 31 | M3034 | 09-90 | Tulsa/Night Tracks |

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| Cole Crosby | Norman OK | 15:30 | 15:30 | 83.23 | 22 | M2024 | 09-11 | Norman/Brookhaven |
| John Cross | Enid OK | 15:00 | 15:00 | 86.00 | 24 | M2024 | 08-96 | Tulsa/Night Light |
| John Cross | Enid OK | 15:10 | 15:10 | 85.06 | 25 | M2529 | 04-97 | Tulsa/Grace Race |
| Ron Cross | Tulsa OK | 17:10 | 16:07 | 80.10 | 41 | M4044 | 10-89 | Enid/TBird Challenge |
| James Crossland | Hominy OK | 18:49 | 16:12 | 79.63 | 52 | M5054 | 04-91 | Claremore Challenge |
| Brian Crow | Tulsa OK | 17:27 | 16:11 | 79.75 | 15 | M1315 | 02-91 | Broken Arrow/S. Heart |
| Matthew Crowe | Flagstaff AZ | 15:29 | 15:29 | 83.31 | 26 | M2529 | 09-16 | Norman/Brookhaven |
| Everett Crum | Hilliard FL | 18:20 | 16:03 | 80.45 | 50 | M5054 | 04-85 | Guthrie/89er Run |
| Blake Culp | Bartlesville OK | 19:26 | 16:52 | 76.50 | 12 | M0112 | 11-95 | Tulsa Colors Run |
| Colin Cumming | Stillwater OK | 17:13 | 16:02 | 80.44 | 42 | M4044 | 10-95 | Stillwater/Juke Joint |
| Colin Cumming | Stillwater OK | 18:20 | 15:08 | 85.27 | 57 | M5559 | 09-10 | Norman/Brookhaven |
| Colin Cumming | Stillwater OK | 23:14 | 17:01 | 75.90 | 70 | M7074 | 04-23 | Stillwater/Remember |
| Jim Cummings | Wichita Falls TX | 20:22 | 16:06 | 80.20 | 62 | M6064 | 09-02 | Ringling/Great Steaks |
| Jeff Cunningham | Waco TX | 15:00 | 14:42 | 87.89 | 19 | M1619 | 11-94 | Tulsa/M. Houghton |
| Russell Currie | Shawnee OK | 18:53 | 16:23 | 78.73 | 51 | M5054 | 06-91 | OKC/Andy Payne |
| Clayburn Curtis | Jones OK | 22:58 | 15:51 | 81.42 | 6 | M0112 | 04-91 | OKC/Oklahoma Cup |
| Andrew Dalrymple | Oklahoma City OK | 18:05 | 15:42 | 82.21 | 12 | M0112 | 11-90 | Tulsa/Night Lights |
| Mike Darby | Tulsa OK | 15:23 | 15:04 | 85.70 | 19 | M1619 | 11-88 | Tulsa/Night Light |
| Mike Darby | Tulsa OK | 15:15 | 15:12 | 84.92 | 21 | M2024 | 11-90 | Tulsa/Night Lights |
| Justus David | Ada OK | 15:07 | 15:07 | 85.34 | 28 | M2529 | 08-15 | Tulsa/Riverside 5000 |
| John Davidson | Wewoka OK | 15:37 | 15:37 | 82.60 | 22 | M2024 | 05-94 | Tulsa/Field of Dreams |
| Richard Davidson | Okmulgee OK | 18:59 | 16:21 | 78.93 | 52 | M5054 | 02-00 | Tulsa/Relief Run |
| Richard Davidson | Okmulgee OK | 19:56 | 16:36 | 77.76 | 56 | M5559 | 06-04 | Okmulgee/Creek Nation |
| Richard Davidson | Mounds OK | 20:43 | 15:56 | 80.93 | 65 | M6569 | 03-12 | Tulsa/St. Patricks |
| Dwight Davis | Tulsa OK | 15:40 | 15:21 | 84.15 | 19 | M1619 | 08-97 | Tulsa/Night Light |
| Dwight Davis | Tulsa OK | 15:15 | 15:15 | 84.59 | 23 | M2024 | 03-01 | Tulsa/Schlotzskys |
| J. J. Davis | Beggs OK | 19:24 | 16:50 | 76.63 | 12 | M0112 | 11-89 | Tulsa/Night Light |
| Likhaya Dayile | Enid OK | 14:30 | 14:30 | 88.97 | 22 | M2024 | 05-98 | Tulsa/Woody's |
| Walter Dearman | Mounds OK | 19:37 | 16:29 | 78.33 | 55 | M5559 | 11-90 | Tulsa/M. Houghton |
| Nathan Debactez | Moore OK | 17:17 | 16:01 | 80.52 | 15 | M1315 | 08-19 | Norman/Brookhaven |
| Sam Dech | Oklahoma City OK | 15:30 | 15:30 | 83.33 | 29 | M2529 | 12-08 | OKC/Downtown December |
| Sam Dech | Oklahoma City OK | 15:38 | 15:36 | 82.73 | 30 | M3034 | 12-09 | Edmond/Holiday Hustle |
| Samuel Deih | Oklahoma City OK | 15:38 | 15:38 | 82.52 | 24 | M2024 | 07-04 | Shawnee/St. Gregory's |
| Jose DeLaCruz | Madill OK | 19:43 | 17:07 | 75.40 | 12 | M0112 | 10-09 | Madill/Reuel Little |
| David Delahay | Bartlesville OK | 16:44 | 15:35 | 82.77 | 42 | M4044 | 04-92 | Tulsa/Corp. Challenge |
| Eric Delgado | Oklahoma City OK | 15:53 | 15:08 | 85.31 | 39 | M3539 | 08-19 | Norman/Brookhaven |
| Eric Delgado | Oklahoma City OK | 16:08 | 15:02 | 85.85 | 42 | M4044 | 09-22 | Norman/Brookhaven |
| Oakland DeMoss | Fort Smith AR | 19:56 | 15:54 | 81.19 | 61 | M6064 | 11-89 | Tulsa/Night Light |

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| Oakland DeMoss | Fort Smith AR | | 22:33 | 17:02 | 75.76 | 67 | M6569 | 05-96 | Bristow/Wildflower |
| Chase Dennis | Madill OK | | 19:54 | 17:16 | 74.71 | 12 | M0112 | 10-02 | Madill/Reuel Little |
| Fred Dice | Pryor OK | | 17:25 | 15:07 | 85.36 | 51 | M5054 | 07-87 | Tulsa/Mohawk/TRC |
| Fred Dice | Pryor OK | | 18:25 | 15:28 | 83.44 | 55 | M5559 | 11-91 | Tulsa/Night Lights |
| Fred Dice | Pryor OK | | 19:51 | 15:58 | 80.77 | 60 | M6064 | 09-96 | Tulsa/Okla. Sen. Oly. |
| Joshua Dick | Tahlequah OK | | 22:48 | 17:17 | 74.64 | 8 | M0112 | 11-08 | Tahlequah/Optometric |
| Jafred Dicken | Stillwater OK | | 14:47 | 14:44 | 87.60 | 21 | M2024 | 03-01 | Tulsa/Schlotzskys |
| Jafred Dicken | Stillwater OK | | 15:30 | 15:30 | 83.23 | 25 | M2529 | 07-04 | Shawnee/St. Gregory's |
| Larry Dickerson | Burke VA | | 30:38 | 18:49 | 68.61 | 80 | M8084 | 05-12 | Tulsa/Cinco De Mayo |
| Paul Dinkins | Tulsa OK | | 18:52 | 16:23 | 78.80 | 12 | M0912 | 04-79 | Tulsa/Mohawk/TRC |
| Michael Dixon | Tulsa OK | | 18:56 | 16:26 | 78.52 | 12 | M0112 | 11-95 | Tulsa/Okey 5 km |
| Michael Dixon | Tulsa OK | | 15:52 | 15:21 | 84.03 | 18 | M1619 | 03-01 | Tulsa/Schlotzskys |
| Gerald Doeksen | Stillwater OK | | 17:28 | 15:54 | 81.20 | 45 | M4549 | 10-88 | Enid/Chisholm Trail |
| Bob Doenges | Tulsa OK | | 18:51 | 16:30 | 78.25 | 50 | M5054 | 11-90 | Tulsa/M. Houghton |
| Mark Dolph | Kingwood TX | | 16:43 | 16:22 | 78.86 | 35 | M3539 | 09-93 | OKC/Renaissance |
| Mark Dolph | Tulsa OK | | 17:10 | 15:09 | 85.24 | 49 | M4549 | 09-07 | Tulsa/Race for Cure |
| Mark Dolph | Tulsa OK | | 17:05 | 14:50 | 87.02 | 51 | M5054 | 09-09 | Tulsa/Race for Cure |
| Mark Dolph | Tulsa OK | | 17:05 | 14:43 | 87.71 | 52 | M5054 | 09-10 | Tulsa/Race for Cure |
| Mark Dolph | Tulsa OK | | 17:28 | 14:40 | 87.98 | 55 | M5559 | 08-13 | Tulsa/Riverside 5000 |
| Mark Dolph | Tulsa OK | | 18:31 | 14:54 | 86.59 | 60 | M6064 | 08-18 | Tulsa/Riverside 5000 |
| Craig Donnelly | Shawnee OK | | 15:31 | 15:31 | 83.14 | 24 | M2024 | 04-10 | Broken Arrow/Grace |
| Craig Donnelly | Shawnee OK | | 15:07 | 15:07 | 85.34 | 25 | M2529 | 09-10 | Norman/Brookhaven |
| Joey Donnelly | Norman OK | | 16:58 | 15:44 | 82.02 | 15 | M1315 | 09-92 | Norman/Brookhaven |
| Paul Donovan | Fayetteville AR | X | 14:11 | 14:11 | 90.95 | 28 | M2529 | 05-92 | Tulsa/Field of Dreams |
| Paul Donovan | Fayetteville AR | X | 14:14 | 14:14 | 90.75 | 29 | M2529 | 05-93 | Tulsa/Field of Dreams |
| Paul Donovan | Fayetteville AR | X | 14:10 | 14:08 | 91.29 | 30 | M3034 | 05-94 | Tulsa/Field of Dreams |
| Ian Dorward | Norman OK | | 15:42 | 15:23 | 83.97 | 19 | M1619 | 11-96 | Norman/Wings |
| Justin Doty | Wayne OK | | 19:05 | 16:34 | 77.90 | 12 | M0112 | 05-94 | Norman/Run Justice |
| Scott Downard | Norman OK | | 15:12 | 15:12 | 84.87 | 27 | M2529 | 10-12 | Shawnee/FamilyPromise |
| Scott Downard | Norman OK | | 15:36 | 15:26 | 83.65 | 33 | M3034 | 09-16 | Norman/Brookhaven |
| Scott Downard | Norman OK | | 15:46 | 15:21 | 84.14 | 36 | M3539 | 08-19 | Norman/Brookhaven |
| James Downes | Fayetteville AR | | 14:27 | 14:27 | 89.27 | 26 | M2529 | 05-94 | Tulsa/Field of Dreams |
| Bryan Downey | Stillwater OK | | 15:35 | 15:05 | 85.56 | 18 | M1619 | 09-07 | Tulsa/Race for Cure |
| Paul Dressen | Guthrie OK | | 15:55 | 15:35 | 82.83 | 19 | M1619 | 04-86 | Guthrie/89er Run |
| Robert Drew | Tulsa OK | | 17:25 | 16:21 | 78.95 | 41 | M4044 | 05-94 | Tulsa/Miracle Run |
| Jeremy Duff | Tulsa OK | | 15:44 | 15:44 | 81.99 | 23 | M2024 | 05-02 | Tulsa/Schlotzskys |
| Michael Duke | Tulsa OK | | 17:12 | 15:57 | 80.91 | 15 | M1315 | 03-11 | Tulsa/St. Patricks |
| Eddie Dukes | Tahlequah OK | | 17:48 | 15:57 | 80.90 | 47 | M4549 | 07-86 | Tulsa/Mohawk/TRC |

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| Eddie Dukes | Tahlequah OK | 18:27 | 16:09 | 79.95 | 50 | M5054 | 09-88 | Sallisaw/Blue Ribbon |
| Rob Duncan | Derby KS | 15:37 | 15:34 | 82.92 | 21 | M2024 | 09-07 | Norman/Brookhaven |
| David Dunham | Tulsa OK | 19:26 | 16:52 | 76.50 | 12 | M0112 | 04-92 | Broken Arrow/Rooster |
| Matt Dunham | Tulsa OK | 19:41 | 17:05 | 75.53 | 12 | M0112 | 09-92 | Tulsa/Night Tracks |
| Bill Dunn | Sunnyvale CA | 19:05 | 15:38 | 82.62 | 58 | M5559 | 12-05 | OKC/Downtown December |
| Richard Dunn | Broken Arrow OK | 18:24 | 14:33 | 88.77 | 62 | M6064 | 07-16 | Tulsa/Bedlam Run |
| David Duran | Madill OK | 20:24 | 15:28 | 83.42 | 8 | M0112 | 10-04 | Madill/Reuel Little |
| David Duran | Madill OK | 19:42 | 16:06 | 80.12 | 10 | M0112 | 10-05 | Madill/Reuel Little |
| Marcos Duran | Madill OK | 19:31 | 16:56 | 76.17 | 12 | M0112 | 10-04 | Madill/Reuel Little |
| Miguel Duran | Madill OK | 17:27 | 16:11 | 79.75 | 15 | M1315 | 10-17 | Madill/Reuel Little |
| Dennis Eberhart | Oklahoma City OK | 15:25 | 15:16 | 84.54 | 20 | M2024 | 02-74 | Tulsa/Mohawk/TRC |
| Kris Ebert | Edmond OK | 17:14 | 15:59 | 80.75 | 15 | M1315 | 11-12 | Edmond/Turkey Trot |
| Kris Ebert | Del City OK | 15:50 | 15:08 | 85.26 | 17 | M1619 | 08-14 | Tulsa/Riverside 5000 |
| Tyson Echelle | Stillwater OK | 15:51 | 15:32 | 83.18 | 19 | M1619 | 06-92 | Stillwater/Freedom |
| Tyson Echelle | Stillwater OK | 15:43 | 15:43 | 82.08 | 22 | M2024 | 10-94 | Stillwater/Juke Joint |
| Cale Edison | Madill OK | 15:25 | 15:25 | 83.68 | 24 | M2024 | 08-16 | Tulsa/Riverside 5000 |
| Britt Edwards | Tulsa OK | 17:04 | 16:08 | 79.98 | 40 | M4044 | 05-98 | Tulsa/Woody's |
| David Edwards | Fayetteville AR | 17:31 | 15:35 | 82.87 | 48 | M4549 | 09-88 | Sallisaw/Blue Ribbon |
| Butch Eichholz | El Reno OK | 17:47 | 15:56 | 80.97 | 47 | M4549 | 09-93 | Norman/Brookhaven |
| Butch Eichholz | El Reno OK | 18:20 | 16:03 | 80.45 | 50 | M5054 | 09-96 | OKC/Race for Cure |
| Cale Eidson | Madill OK | 15:06 | 15:06 | 85.43 | 23 | M2024 | 10-15 | Madill/Reuel Little |
| Calvin Ellis | Sapulpa OK | 20:28 | 16:28 | 78.34 | 60 | M6064 | 04-90 | Tulsa/Corp.Challenge |
| Calvin Ellis | Sapulpa OK | 24:58 | 18:04 | 71.50 | 71 | M7074 | 12-01 | Tulsa/John A.Ferguson |
| Daniel Ellis | Kiefer OK | 17:23 | 16:07 | 80.06 | 15 | M1315 | 08-99 | Tulsa/Night Light |
| James Ellis-Smith | Stillwater OK | 15:25 | 15:22 | 84.00 | 21 | M2024 | 08-94 | Tulsa/Night Light |
| Adam Ellison | Tulsa OK | 15:34 | 15:15 | 84.69 | 19 | M1619 | 11-95 | Tulsa/Okey 5 km |
| Trevor Ellson | Tulsa OK | 17:13 | 15:40 | 82.38 | 14 | M1315 | 03-10 | Tulsa/St. Patricks |
| Garrett Elmore | Moore OK | 17:42 | 16:25 | 78.63 | 15 | M1315 | 08-13 | Moore/Moore Strong |
| Jim Elmore | Tulsa OK | 19:39 | 15:57 | 80.92 | 59 | M5559 | 08-84 | Tulsa/Freedom Run |
| Jim Elmore | Tulsa OK | 20:49 | 16:36 | 77.74 | 61 | M6064 | 07-86 | Tulsa/Mohawk/TRC |
| Jim Elmore | Tulsa OK | 24:49 | 18:10 | 71.05 | 70 | M7074 | 09-95 | Tulsa/Chili Pepper |
| Jerik Embleton | Tulsa OK | 15:05 | 15:05 | 85.53 | 22 | M2024 | 08-22 | Tulsa/Riverside 5000 |
| Jerik Embleton | Tulsa OK | 15:02 | 15:02 | 85.81 | 24 | M2024 | 09-23 | Norman/Brookhaven |
| John English | Broken Arrow OK | 16:32 | 15:59 | 80.75 | 37 | M3539 | 03-80 | Tulsa/Mohawk/TRC |
| Brad Erickstad | Ponca City OK | 15:08 | 15:08 | 85.24 | 23 | M2024 | 03-82 | Tulsa/Mohawk/TRC |
| Jonathan Fantoni | Broken Arrow OK | 19:23 | 16:49 | 76.70 | 12 | M0112 | 11-21 | Tulsa/Eagle Run |
| Ryan Farrar | Broken Arrow OK | 18:08 | 15:18 | 84.38 | 11 | M0112 | 11-01 | Tulsa/Turkey Trot |
| Ryan Farrar | Broken Arrow OK | 16:48 | 15:35 | 82.84 | 15 | M1315 | 07-05 | Tulsa/Mohawk/TRC |

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| Scott Farris | Mooreland OK | 15:29 | 15:10 | 85.14 | 19 | M1619 | 07-84 | Edmond/Krazy Days |
| Jerry Faulkner | Edmond OK | 15:36 | 15:36 | 82.69 | 23 | M2024 | 09-05 | Norman/Brookhaven |
| Jerry Faulkner | Tulsa OK | 15:10 | 15:10 | 85.06 | 28 | M2529 | 09-10 | Norman/Brookhaven |
| Jerry Faulkner | Queens NY | 15:35 | 15:21 | 84.17 | 34 | M3034 | 09-16 | Norman/Brookhaven |
| Jerry Faulkner | Edmond OK | 16:39 | 15:38 | 82.58 | 41 | M4044 | 09-22 | Norman/Brookhaven |
| Bob Featherston | Tulsa OK | 18:07 | 15:28 | 83.44 | 53 | M5054 | 08-84 | Tulsa/Mohawk/TRC |
| Greg Fehriback | N. Richland Hills | 15:39 | 15:39 | 82.43 | 22 | M2024 | 07-21 | Tulsa/Firecracker |
| Mitch Feldman | Denver CO | 17:20 | 16:23 | 78.75 | 40 | M4044 | 03-31 | Tulsa/St. Patricks |
| Robert Ferguson | Richardson TX | 17:10 | 15:30 | 83.20 | 46 | M4549 | 05-93 | Bristow/Wildflower |
| Will Ferson | Richardson TX | 18:48 | 16:27 | 78.46 | 50 | M5054 | 10-90 | Tulsa/Indian Summer |
| Ron Fick | Tulsa OK | 17:25 | 16:28 | 78.37 | 40 | M4044 | 11-93 | Tulsa/M. Houghton |
| Bill Field | Faribault MN | 16:39 | 15:59 | 80.78 | 38 | M3539 | 08-00 | Tulsa/Silo Run |
| Trevor Fieldsend | Stillwater OK | 14:44 | 14:44 | 87.56 | 26 | M2529 | 03-85 | Tulsa/Amer. Airlines |
| Trevor Fieldsend | Stillwater OK | 14:54 | 14:52 | 86.80 | 30 | M3034 | 10-89 | Stillwater/Juke Joint |
| Trevor Fieldsend | Stillwater OK | 15:23 | 15:04 | 85.70 | 35 | M3539 | 08-94 | Tulsa/Night Light |
| Trevor Fieldsend | Stillwater OK | 16:56 | 16:01 | 80.61 | 40 | M4044 | 10-99 | Stillwater/Juke Joint |
| Rex Finnegan | Stillwater OK | 18:29 | 16:11 | 79.80 | 50 | M5054 | 10-91 | Enid/Golden Anniv |
| Jeff Fisher | Tulsa OK | 20:50 | 16:46 | 76.96 | 60 | M6064 | 07-23 | Tulsa/Firecracker |
| Piercen Fisher | Tulsa OK | 20:34 | 15:36 | 82.74 | 8 | M0112 | 05-13 | Tulsa/Zarrow Run |
| Frank Fleming | Marlow OK | 17:35 | 16:18 | 79.15 | 15 | M1315 | 11-01 | Tulsa/Turkey Trot |
| Parker Fleming | Tulsa OK | 17:06 | 15:51 | 81.38 | 15 | M1315 | 10-92 | Stillwater/Juke Joint |
| Doug Fletcher | Roland OK | 18:28 | 15:54 | 81.14 | 52 | M5054 | 10-95 | Sallisaw/Hospice Run |
| Joe Flores | Madill OK | 17:30 | 15:55 | 81.05 | 14 | M1315 | 10-05 | Madill/Reuel Little |
| Jose Flores | Madill OK | 19:37 | 16:33 | 78.00 | 11 | M0112 | 10-02 | Madill/Reuel Little |
| Bob Ford | Okeene OK | 18:43 | 16:23 | 78.81 | 50 | M5054 | 10-94 | Watonga/Rat Race |
| Bob Ford | Okeene OK | 19:18 | 15:56 | 81.00 | 57 | M5559 | 10-01 | Watonga/Rat Race |
| Bob Ford | Okeen OK | 20:04 | 16:09 | 79.90 | 60 | M6064 | 11-04 | Watonga/Rat Race |
| Tom Ford | Guthrie OK | 18:08 | 15:44 | 81.98 | 51 | M5054 | 10-91 | Enid/Golden Anniv. |
| Tom Ford | Salado TX | 19:29 | 16:22 | 78.87 | 55 | M5559 | 12-95 | OKC/Kris Kringle |
| Doug Formsma | Broken Arrow OK | 16:45 | 15:43 | 82.09 | 41 | M4044 | 06-86 | Tulsa/Home Run |
| Lowry Foster | Little Rock AR | 16:24 | 15:37 | 82.62 | 39 | M3539 | 02-91 | Broken Arrow/S. Heart |
| Lowry Foster | Little Rock AR | 16:29 | 15:28 | 83.42 | 41 | M4044 | 12-93 | Tulsa/Jingle Bell |
| Lowry Foster | Little Rock AR | 17:32 | 15:58 | 80.89 | 45 | M4549 | 05-97 | Bristow/Wildflower |
| Erik Framme | Stillwater OK | 15:34 | 15:34 | 82.87 | 24 | M2024 | 01-98 | Tulsa/Resolution Run |
| Jeremy Freeman | Newcastle OK | 15:57 | 15:12 | 84.95 | 39 | M3539 | 09-16 | Norman/Brookhaven |
| Mike Fretz | Stillwater OK | 15:58 | 15:38 | 82.57 | 19 | M1619 | 05-87 | Tulsa/Home Run |
| Mike Fretz | Stillwater OK | 15:36 | 15:26 | 83.55 | 20 | M2024 | 03-89 | Tulsa/Golden Palace |
| Paul Friese | Mustang OK | 22:34 | 17:22 | 74.30 | 65 | M6569 | 08-21 | Stillwater/Remember |

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| Don Frissell | Edmond OK | | 22:33 | 17:21 | 74.35 | 65 | M6569 | 10-11 | Stillwater/Juke Joint |
| Don Frissell | Edmond OK | | 26:59 | 18:03 | 71.46 | 76 | M7579 | 04-23 | OKC/Memorial 5 km |
| Ron Fritzke | Tulsa OK | | 15:03 | 14:54 | 86.60 | 20 | M2024 | 09-77 | Tulsa/Mohawk/TRC |
| Landon Frye | Huntington AR | | 19:33 | 16:58 | 76.04 | 12 | M0112 | 10-01 | Sallisaw/Hospice Run |
| Dylan Fugitt | Denton TX | | 14:41 | 14:41 | 87.86 | 23 | M2024 | 04-91 | Tulsa/Oklahoma Cup |
| Ray Fuqua | Enid OK | | 18:29 | 16:03 | 80.43 | 51 | M5054 | 10-85 | Enid/Chisholm Trail |
| Steve Fury | Stillwater OK | | 14:49 | 14:46 | 87.40 | 21 | M2024 | 03-89 | Tulsa/Golden Palace |
| Noah Gade | Stillwater OK | | 16:59 | 15:45 | 81.94 | 15 | M1315 | 05-11 | Jenks/Aquarium Run |
| Rob Gallant | Tulsa OK | | 16:56 | 16:01 | 80.61 | 40 | M4044 | 11-03 | Tulsa/Turkey Trot |
| Mitchell Gammons | Missouri City TX | | 17:47 | 15:56 | 80.97 | 47 | M4549 | 11-18 | OKC/Little Red Heart |
| John Gannaway | Moore OK | | 17:22 | 16:06 | 80.13 | 15 | M1315 | 07-89 | OKC/Barbara Brennan |
| Delton Gantt | Tulsa OK | | 17:50 | 16:06 | 80.09 | 46 | M4549 | 10-00 | Broken Arrow/Missions |
| Bob Garcia | Bellvue NE | | 16:06 | 15:20 | 84.16 | 39 | M3539 | 06-94 | Tulsa/Full Moon |
| Gabe Garcia | Tulsa OK | | 15:10 | 15:10 | 85.06 | 28 | M2529 | 08-22 | Tulsa/Riverside 5000 |
| Ted Gardner | Ada OK | | 20:27 | 16:19 | 79.14 | 61 | M6064 | 06-92 | Sulphur/Sizzler |
| Tim Gargiulo | Dallas TX | X | 14:25 | 14:25 | 89.48 | 25 | M2529 | 05-93 | Tulsa/Field of Dreams |
| Tim Gargiulo | Dallas TX | X | 14:18 | 14:18 | 90.21 | 26 | M2529 | 05-94 | Tulsa/Field of Dreams |
| Jason Garner | Tulsa OK | | 19:51 | 16:45 | 77.08 | 11 | M0112 | 05-94 | Bristow/Wildflower |
| Mikey Gates | Tulsa OK | | 15:26 | 15:26 | 83.58 | 22 | M2024 | 08-22 | Tulsa/Riverside 5000 |
| Jeff Gaudett | Rochester MI | | 14:57 | 14:57 | 86.29 | 24 | M2024 | 09-07 | Norman/Brookhaven |
| Lonnie Gee | Iuka KS | | 16:39 | 15:02 | 85.79 | 46 | M4549 | 04-05 | Broken Arrow/Grace |
| Jack Gentry | Rogers AR | X | 17:56 | 14:26 | 89.41 | 60 | M6064 | 07-89 | Tulsa/Mohawk/TRC |
| Jack Gentry | Rogers AR | X | 18:20 | 14:37 | 88.27 | 61 | M6064 | 12-89 | Tulsa/Jingle Bell |
| Jack Gentry | Rogers AR | X | 19:12 | 14:46 | 87.33 | 65 | M6569 | 03-93 | Claremore Challenge |
| Jack Gentry | Rogers AR | | 20:15 | 14:39 | 88.15 | 71 | M7074 | 07-99 | Tulsa/Mohawk/TRC |
| Jack Gentry | Rogers AR | X | 23:14 | 15:33 | 83.00 | 76 | M7579 | 07-04 | Tulsa/Mohawk/TRC |
| Jack Gentry | Rogers AR | X | 25:15 | 15:53 | 81.32 | 79 | M7579 | 03-07 | Tulsa/St. Patricks |
| Jack Gentry | Rogers AR | X | 27:24 | 16:50 | 76.70 | 80 | M8084 | 07-08 | Tulsa/Mohawk/TRC |
| Jeff Gentry | Portales NM | | 19:50 | 16:39 | 77.48 | 55 | M5559 | 10-19 | Stillwater/Juke Joint |
| Guy George | Tulsa OK | | 15:40 | 15:40 | 82.34 | 25 | M2529 | 05-84 | Liberty/Prairie Run |
| Reece Gibbins | Norman OK | | 16:47 | 15:34 | 82.92 | 15 | M1315 | 09-18 | Norman/Brookhaven |
| Lee Giezentanner | Fayetteville AR | | 15:33 | 15:33 | 83.06 | 29 | M2529 | 05-99 | Tulsa/Woody's |
| David Gill | Muskogee OK | | 22:44 | 17:20 | 74.49 | 66 | M6569 | 10-09 | Sallisaw/Hospice Run |
| Mike Gillett | Geary OK | | 17:36 | 16:01 | 80.59 | 45 | M4549 | 06-92 | Stillwater/Freedom |
| Mike Gillett | Geary OK | | 18:34 | 16:15 | 79.44 | 50 | M5054 | 03-97 | Edmond/Creek Classic |
| Gene Gingrich | Moore OK | | 16:54 | 15:59 | 80.77 | 40 | M4044 | 09-92 | Norman/Brookhaven |
| Gerald Glass | Springfield MO | | 18:50 | 15:41 | 82.30 | 56 | M5559 | 09-94 | Tulsa/Night Tracks |
| Gerald Glass | Springfield MO | | 18:57 | 15:15 | 84.61 | 60 | M6064 | 08-98 | Tulsa/Spaulding |

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| Neil Glenesk | Tahlequah OK | | 17:24 | 16:20 | 79.02 | 41 | M4044 | 09-94 | Tahlquah/Optometric |
| Tomasz Gnabel | Alamosa CO | | 15:08 | 15:08 | 85.24 | 26 | M2529 | 05-93 | Tulsa/Pacificare Run |
| Patrick Gomez | Norman OK | | 15:06 | 15:06 | 85.43 | 24 | M2024 | 09-15 | Norman/Brookhaven |
| Patrick Gomez | Oklahoma City OK | | 15:24 | 15:24 | 83.77 | 26 | M2529 | 11-17 | OKC/Turkey Tracks |
| Manuel Gonzalez | Tulsa OK | | 16:45 | 15:36 | 82.69 | 42 | M4044 | 06-94 | Tulsa/Full Moon |
| Caden Goss | Fort Gibson OK | | 15:19 | 14:26 | 89.44 | 16 | M1619 | 07-19 | Jay/Huckleberry |
| Tyler Goza | Edmond OK | | 17:37 | 16:20 | 79.00 | 15 | M1315 | 07-18 | OKC/Stares & Stripes |
| Charlie Gray | Lee's Summit MO | | 15:14 | 14:18 | 90.26 | 41 | M4044 | 12-95 | Tulsa/Jingle Bell |
| Charlie Gray | Lee's Summit MO | X | 15:40 | 14:22 | 89.79 | 44 | M4044 | 05-98 | Bristow/Wildflower |
| Charlie Gray | Lee's Summit MO | X | 15:54 | 14:22 | 89.83 | 46 | M4549 | 05-00 | Bristow/Wildflower |
| Joe Gray | Stillwater OK | | 14:53 | 14:53 | 86.67 | 23 | M2024 | 09-07 | Norman/Brookhaven |
| Samuel Gray | Tulsa OK | | 16:35 | 16:14 | 79.50 | 35 | M3539 | 05-84 | Liberty/Prairie Run |
| Scott Gray | Stillwater OK | | 15:54 | 15:34 | 82.91 | 19 | M1619 | 10-96 | Stillwater/Juke Joint |
| Danny Green | Fayetteville AR | | 15:01 | 14:32 | 88.79 | 18 | M1619 | 11-88 | Tulsa/Night Light |
| Danny Green | Fayetteville AR | | 14:40 | 14:40 | 87.95 | 24 | M2024 | 05-94 | Tulsa/Field of Dreams |
| Lowell Green | Oklahoma City OK | | 30:40 | 18:22 | 70.27 | 81 | M8084 | 08-05 | OKC/Run with Bulls |
| Lowell Green | Oklahoma City OK | X | 35:24 | 18:48 | 68.64 | 85 | M8599 | 05-09 | OKC/Gusher Gallop |
| Tommy Green | Oklahoma City OK | | 15:49 | 15:30 | 83.35 | 19 | M1619 | 11-90 | Tulsa/Night Lights |
| Tommy Green | Norman OK | | 15:44 | 15:44 | 81.99 | 22 | M2024 | 11-93 | OKC/Wings |
| Kevin Greer | Bixby OK | | 19:53 | 16:34 | 77.95 | 56 | M5559 | 03-18 | Tulsa/St. Patricks |
| Kevin Greer | Bixby OK | | 20:06 | 16:10 | 79.77 | 60 | M6064 | 03-22 | Tulsa/St. Patricks |
| Gary Gregg | Edmond OK | | 19:58 | 15:56 | 81.05 | 61 | M6064 | 12-16 | Edmond/Holiday Hustle |
| Don Greiner | Edmond OK | | 17:23 | 15:20 | 84.18 | 49 | M4549 | 11-13 | Edmond/Turkey Trot |
| Matt Grey | Norman OK | | 15:29 | 15:20 | 84.18 | 20 | M2024 | 04-08 | Tulsa/Get Fit |
| Don Grimes | Lantana TX | | 22:57 | 16:09 | 79.96 | 73 | M7074 | 11-17 | Tulsa/Route 66 |
| Don Grimes | Lantana TX | | 26:43 | 17:52 | 72.18 | 76 | M7579 | 11-21 | Tulsa/Route 66 |
| Luke Groom | Tulsa OK | | 19:43 | 17:07 | 75.40 | 12 | M0112 | 03-92 | Claremore Challenge |
| Al Guevara | Austin TX | | 17:50 | 15:52 | 81.40 | 48 | M4549 | 09-02 | Norman/Brookhaven |
| Paul Gugliuzza | Bixby OK | | 20:54 | 16:23 | 78.79 | 63 | M6064 | 05-21 | Tulsa/9Run8 |
| Tim Gundy | Burrton KS | | 14:28 | 14:28 | 89.17 | 27 | M2529 | 09-89 | Tulsa/Night Tracks |
| Ed Gustavson | Tulsa OK | | 18:44 | 16:08 | 79.98 | 52 | M5054 | 02-98 | Tulsa/Relief Run |
| Joe Gutierrez | Wichita KS | | 15:14 | 15:14 | 84.68 | 24 | M2024 | 02-94 | Broken Arrow/S. Heart |
| Joe Gutierrez | Wichita KS | | 15:15 | 15:15 | 84.59 | 25 | M2529 | 04-95 | OKC/Grace Run |
| Joe Gutierrez | Wichita KS | | 15:31 | 15:24 | 83.78 | 32 | M3034 | 09-02 | Norman/Brookhaven |
| Ray Habrock | Mustang OK | | 17:59 | 15:29 | 83.32 | 52 | M5054 | 10-89 | Enid/TBird Challenge |
| Mike Haeger | Oklahoma City OK | | 16:14 | 15:48 | 81.72 | 36 | M3539 | 05-87 | OKC/Andy Payne |
| Mike Haeger | Oklahoma City OK | | 18:48 | 16:19 | 79.08 | 51 | M5054 | 03-02 | Tulsa/St. Patricks |
| Mike Haeger | Oklahoma City OK | | 19:05 | 16:02 | 80.52 | 55 | M5559 | 07-05 | Shawnee/St. Gregory's |

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| Joe Haeggquist | Cookson OK | 18:30 | 16:11 | 79.73 | 50 | M5054 | 01-90 | Tulsa/Mohawk/TRC | |
| Steve Haigh | Bartlesville OK | 17:07 | 15:49 | 81.60 | 43 | M4044 | 04-88 | Tulsa/Corp. Challenge | |
| Steve Haigh | Bartlesville OK | 17:30 | 15:34 | 82.95 | 48 | M4549 | 04-94 | Tulsa/Corp. Challenge | |
| Steve Haigh | Bartlesville OK | 17:45 | 15:32 | 83.10 | 50 | M5054 | 07-95 | Tulsa/Mohawk/TRC | |
| Steve Haigh | Bartlesville OK | 19:18 | 16:04 | 80.31 | 56 | M5559 | 03-01 | Tulsa/Schlotzskys | |
| Mike Hairston | Tulsa OK | 15:23 | 15:23 | 83.86 | 23 | M2024 | 09-78 | Tulsa/Mohawk/TRC | |
| Mike Hairston | Tulsa OK | 14:45 | 14:43 | 87.68 | 30 | M3034 | 03-85 | Tulsa/Amer. Airlines | |
| Chase Hall | Tulsa OK | 18:59 | 16:29 | 78.31 | 12 | M0112 | 11-95 | Tulsa/Okey 5 km | |
| Chase Hall | Tulsa OK | 16:52 | 15:38 | 82.51 | 15 | M1315 | 08-98 | Tulsa/Night Light | |
| Chase Hall | Tulsa OK | 15:32 | 15:02 | 85.84 | 18 | M1619 | 11-01 | Tulsa/Turkey Trot | |
| Jaxon Hall | Tulsa OK | 22:55 | 17:23 | 74.25 | 8 | M0112 | 05-16 | Tulsa/Cinco de Mayo | |
| Jared Haltom | Broken Arrow OK | 16:56 | 15:42 | 82.19 | 15 | M1315 | 08-12 | Tulsa/Riverside 5000 | |
| Jared Haltom | Broken Arrow OK | 15:14 | 15:11 | 85.01 | 21 | M2024 | 08-18 | Tulsa/Riverside 5000 | |
| Craig Halverson | Omaha NE | 16:45 | 15:36 | 82.69 | 42 | M4044 | 11-22 | Tulsa/Route 66 | |
| Janne Hamalainen | Tulsa OK | 15:10 | 15:07 | 85.39 | 21 | M2024 | 10-83 | Tulsa/Mohawk/TRC | |
| Janne Hamalainen | Tulsa OK | 15:10 | 15:10 | 85.06 | 27 | M2529 | 10-89 | Stillwater/Juke Joint | |
| Janne Hamalainen | Tulsa OK | 15:37 | 15:35 | 82.82 | 30 | M3034 | 04-92 | Tulsa/Corp. Challenge | |
| Gary Hamer | Edmond OK | 15:09 | 15:09 | 85.15 | 27 | M2529 | 02-99 | Tulsa/Relief Run | |
| Gary Hamer | Tulsa OK | 15:29 | 15:25 | 83.75 | 31 | M3034 | 09-02 | Norman/Brookhaven | |
| Gary Hamer | Tulsa OK | 15:55 | 15:17 | 84.50 | 38 | M3539 | 05-10 | Tulsa/Full Moon | |
| Gary Hamer | Tulsa OK | 16:38 | 15:30 | 83.27 | 42 | M4044 | 09-13 | Tulsa/Gold. Sneaker | |
| Clark Hamilton | Moore OK | 15:39 | 15:39 | 82.53 | 29 | M2529 | 06-85 | OKC/Hefner/OKCRC | |
| John Hamilton | Gunnison CO | 15:38 | 15:38 | 82.52 | 23 | M2024 | 09-04 | Norman/Brookhaven | |
| Doug Hamm | Austin TX | 18:28 | 16:10 | 79.87 | 50 | M5054 | 01-94 | Tulsa/Run Short | |
| Ray Hammitt | Stillwater OK | 16:50 | 15:34 | 82.97 | 43 | M4044 | 06-91 | Stillwater/Freedom | |
| Reese Hammon | Bartlesville OK | 17:18 | 16:02 | 80.44 | 15 | M1315 | 08-15 | Tulsa/Riverside 5000 | |
| Jim Hammond | Oklahoma City OK | 18:54 | 16:00 | 80.60 | 54 | M5054 | 11-09 | OKC/Turkey Trot | |
| Jim Hammond | Oklahoma City OK | 19:48 | 16:38 | 77.61 | 55 | M5559 | 10-10 | Clinton/Downtown Dash | |
| Nigel Hampton | Clinton OK | 16:56 | 15:24 | 83.76 | 14 | M1315 | 06-08 | Clinton/Integriss Race | |
| Brian Hamrick | Norman OK | 15:24 | 15:24 | 83.77 | 27 | M2529 | 09-88 | MWC/Raider Fall Run | |
| Brian Hamrick | Norman OK | 15:25 | 15:23 | 83.89 | 30 | M3034 | 10-91 | Stillwater/Juke Joint | |
| Frank Hanley | Fayetteville AR | 14:28 | 14:28 | 89.17 | 23 | M2024 | 03-94 | Claremore Challenge | |
| Philliman Hanneck | El Paso TX | X | 14:07 | 14:07 | 91.38 | 23 | M2024 | 05-94 | Bristow/Wildflower |
| John Hansen | Tulsa OK | 17:34 | 16:17 | 79.22 | 15 | M1315 | 05-72 | Tulsa/Mohawk Park/TRC | |
| Todd Hanson | Portsmouth NH | 17:08 | 16:12 | 79.67 | 40 | M4044 | 01-99 | Tulsa/Resolution Run | |
| Todd Hanson | Portsmouth NH | 17:10 | 15:30 | 83.20 | 46 | M4549 | 01-05 | Tulsa/The First Race | |
| Scott Hardway | Fort Wayne IN | 16:48 | 15:35 | 82.84 | 15 | M1315 | 01-98 | Tulsa/Resolution Run | |
| Ken Hardwick | Oklahoma City OK | X | 15:11 | 14:57 | 86.39 | 34 | M3034 | 10-84 | Enid/Chisholm Trail |

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| Ken Hardwick | Moore OK | | 15:34 | 15:09 | 85.22 | 36 | M3539 | 07-86 | Tulsa/Mohawk/TRC |
| Jack Harms | Tulsa OK | | 17:52 | 16:08 | 79.94 | 46 | M4549 | 04-91 | Tulsa/Corp. Challenge |
| Scott Harper | Tulsa OK | | 15:34 | 15:04 | 85.65 | 18 | M1619 | 12-81 | Tulsa/Mohawk/TRC |
| Ian Harrell | Tulsa OK | | 22:07 | 16:46 | 76.94 | 8 | M0112 | 05-08 | Tulsa/Kidney Klassic |
| Donnie Harris | Hennessey OK | | 17:51 | 16:15 | 79.46 | 45 | M4549 | 11-03 | Tulsa/Turkey Trot |
| Eric Harris | Tulsa OK | | 15:22 | 15:19 | 84.27 | 21 | M2024 | 07-08 | Tulsa/Mohawk/TRC |
| Homer Hastings | Newcastle WY | | 16:28 | 15:20 | 84.11 | 42 | M4044 | 07-85 | Tulsa/Mohawk/TRC |
| Josh Hatzell | Owasso OK | | 17:36 | 16:00 | 80.59 | 14 | M1315 | 11-04 | Tulsa/Turkey Trot |
| Jack Hatzenbuehler | Tulsa OK | | 22:12 | 17:05 | 75.53 | 65 | M6569 | 03-23 | Tulsa/St. Patricks |
| Brad Hawthorne | Tulsa OK | | 15:20 | 14:36 | 88.37 | 39 | M3539 | 06-95 | Tulsa/Break Barriers |
| Brad Hawthorne | Tulsa OK | | 15:34 | 14:43 | 87.69 | 40 | M4044 | 04-96 | Tulsa/ABC Run |
| Brian Hayes | Claremore OK | | 19:39 | 16:35 | 77.86 | 11 | M0112 | 09-90 | Tulsa/Night Tracks |
| Brian Hayes | Bartlesville OK | | 16:26 | 14:57 | 86.31 | 14 | M1315 | 11-93 | Tulsa/M. Houghton |
| Clint Hedges | Bixby OK | | 16:58 | 16:03 | 80.45 | 40 | M4044 | 08-03 | Sapulpa/BIOS Run |
| Michael Hegarty | Fayetteville AR | | 15:33 | 15:33 | 82.96 | 24 | M2024 | 12-95 | Tulsa/Jingle Bell |
| Randy Heierding | Edmond OK | | 15:33 | 15:08 | 85.32 | 36 | M3539 | 03-88 | MWC/Raider Spring Run |
| Randy Heierding | Edmond OK | | 18:11 | 15:39 | 82.40 | 52 | M5054 | 11-03 | OKC/Race for Rainbow |
| Randy Heierding | Edmond OK | | 18:40 | 15:41 | 82.32 | 55 | M5559 | 10-06 | OKC/Trolley Track |
| Joshua Heimbach | Norman OK | | 17:36 | 15:32 | 83.14 | 49 | M4549 | 08-19 | Norman/Brookhaven |
| Paul Heitzman | Eudora KS | X | 19:21 | 14:37 | 88.29 | 67 | M6569 | 08-98 | Tulsa/SandRun |
| Paul Heitzman | Eudora KS | X | 19:06 | 14:18 | 90.31 | 68 | M6569 | 01-00 | Tulsa/Resolution Run |
| Paul Heitzman | Eudora KS | X | 19:12 | 14:13 | 90.80 | 69 | M6569 | 04-00 | Tulsa/Grace Race |
| Paul Heitzman | Eudora KS | X | 19:52 | 14:33 | 88.76 | 70 | M7074 | 03-01 | Tulsa/Schlotzskys |
| Paul Heitzman | Eudora KS | X | 20:05 | 14:32 | 88.88 | 71 | M7074 | 03-02 | Tulsa/St. Patricks |
| Paul Heitzman | Eudora KS | X | 20:27 | 14:36 | 88.43 | 72 | M7074 | 03-03 | Tulsa/Wish Lemons |
| Paul Heitzman | Eudora KS | X | 22:43 | 15:44 | 82.03 | 74 | M7074 | 10-05 | Tulsa/Red Ribbon |
| Paul Heitzman | Eudora KS | X | 22:24 | 15:15 | 84.60 | 75 | M7579 | 02-06 | Tulsa/Mohawk Thirty |
| Paul Heitzman | Eudora KS | X | 28:48 | 16:47 | 76.91 | 82 | M8084 | 05-13 | Tulsa/Cinco de Mayo |
| Jed Helker | Tulsa OK | X | 18:41 | 14:45 | 87.51 | 9 | M0112 | 04-09 | Broken Arrow/Grace |
| Tyler Helt | Tulsa OK | | 17:10 | 15:55 | 81.07 | 15 | M1315 | 08-11 | Tulsa/Riverside 5000 |
| Kevin Helton | Fairview OK | | 15:42 | 15:11 | 84.93 | 18 | M1619 | 01-83 | Tulsa/Mohawk/TRC |
| Kevin Helton | Gastonia NC | | 15:39 | 15:32 | 83.07 | 32 | M3034 | 07-96 | Fairview/Boot Scoot |
| Kevin Helton | Edmond OK | | 16:22 | 16:02 | 80.55 | 35 | M3539 | 11-99 | Lawton/Frost Fanny |
| Ron Hendee | Fayetteville AR | | 15:29 | 15:26 | 83.64 | 21 | M2024 | 01-74 | Tulsa/Mohawk/TRC |
| Eric Henry | Fayetteville AR | | 14:47 | 14:47 | 87.26 | 24 | M2024 | 03-93 | Claremore Challenge |
| Jim Henry | Jackson WY | | 19:47 | 16:37 | 77.67 | 55 | M5559 | 03-09 | Tulsa/St. Patricks |
| Lawson Henry | Pawnee OK | | 20:24 | 15:28 | 83.42 | 8 | M0112 | 04-19 | Stillwater/Remember |
| Eddy Henshaw | Tulsa OK | | 14:45 | 14:36 | 88.36 | 20 | M2024 | 07-06 | Tulsa/Mohawk/TRC |

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| Keith Hensley | Waco TX | 15:56 | 15:36 | 82.74 | 19 | M1619 | 11-94 | Tulsa/M. Houghton |
| Gene Henson | Tulsa OK | 21:48 | 16:28 | 78.36 | 67 | M6569 | 09-92 | Tulsa/Okla. Sen. Oly. |
| Gene Henson | Tulsa OK | 23:24 | 17:08 | 75.36 | 70 | M7074 | 09-95 | Tulsa/Okla. Sen. Oly. |
| Jim Herberg | Norman OK | 15:07 | 15:04 | 85.67 | 21 | M2024 | 12-84 | Tulsa/Mohawk/TRC |
| Agustin Hernandez | Irving TX | 15:40 | 14:42 | 87.77 | 41 | M4044 | 09-12 | Norman/Brookhaven |
| Jordan Heroux | Tulsa OK | 17:43 | 16:25 | 78.55 | 15 | M1315 | 09-03 | Tulsa/Race for Cure |
| Jose Herrera | Tulsa OK | 20:41 | 16:30 | 78.24 | 61 | M6064 | 05-98 | Tulsa/Woody's |
| Steve Hicks | Tulsa OK | 16:17 | 15:03 | 85.77 | 43 | M4044 | 05-99 | Tulsa/Woody's |
| Steve Hicks | Claremore OK | 16:47 | 15:17 | 84.51 | 45 | M4549 | 06-01 | Tulsa/Full Moon |
| Dan Hildebrand | Tulsa OK | 16:38 | 16:17 | 79.26 | 35 | M3539 | 11-88 | Tulsa/Night Light |
| Russell Hill | Stillwater OK | 15:03 | 15:03 | 85.71 | 22 | M2024 | 10-90 | Stillwater/Juke Joint |
| Russell Hill | Sunnyvale CA | 15:32 | 15:32 | 83.05 | 26 | M2529 | 11-94 | OKC/Wings |
| Brock Hime | Fairfax OK | 17:36 | 16:19 | 79.07 | 15 | M1315 | 08-07 | Tulsa/Riverside 5000 |
| Brock Hime | Fairfax OK | 15:49 | 15:30 | 83.35 | 19 | M1619 | 01-11 | Tulsa/Resolution Run |
| Ted Hine | Muskogee OK | 22:14 | 17:06 | 75.41 | 65 | M6569 | 12-91 | Tulsa/Jingle Bell |
| Ted Hine | Muskogee OK | 23:44 | 17:10 | 75.21 | 71 | M7074 | 04-98 | Muskogee/Azalea |
| Ted Hine | Muskogee OK | 25:33 | 17:24 | 74.17 | 75 | M7579 | 09-02 | Muskogee/Fit 4 Life |
| Ted Hine | Muskogee OK | 27:48 | 17:04 | 75.60 | 80 | M8084 | 04-07 | Muskogee/Flower |
| Jim Hix | Claremore OK | 22:24 | 17:05 | 75.59 | 66 | M6569 | 05-09 | Tulsa/Full Moon |
| Ron Hoar | Plano TX | 18:43 | 15:43 | 82.10 | 55 | M5559 | 09-94 | Tulsa/Okla. Sen. Oly. |
| Ty Hobbs | Duncan OK | 19:24 | 16:50 | 76.63 | 12 | M0112 | 04-25 | Duncan/Stampede |
| Andy Hogan | Claremore OK | 19:26 | 16:03 | 80.45 | 57 | M5559 | 05-97 | Tulsa/Full Moon |
| Andy Hogan | Claremore OK | 20:33 | 16:32 | 78.02 | 60 | M6064 | 03-00 | Tulsa/Heartbreaker |
| Andy Hogan | Claremore OK | 21:18 | 16:23 | 78.72 | 65 | M6569 | 10-04 | Sand Spgs./Remember |
| Andy Hogan | Claremore OK | 23:09 | 16:57 | 76.17 | 70 | M7074 | 03-10 | Tulsa/St. Patricks |
| Andy Hogan | Claremore OK | 25:40 | 17:29 | 73.83 | 75 | M7579 | 03-15 | Tulsa/St. Patricks |
| Kevin Hogan | Norman OK | 19:50 | 17:13 | 74.96 | 12 | M0112 | 07-94 | OKC/Torch Run |
| Skeeter Hogue | Allen OK | 21:44 | 16:34 | 77.91 | 66 | M6569 | 10-12 | Sallisaw/Hospice Run |
| Skeeter Hogue | Allen OK | 24:07 | 17:40 | 73.12 | 70 | M7074 | 03-17 | OKC/No to Violence |
| Skeeter Hogue | Allen OK | 26:41 | 18:10 | 71.02 | 75 | M7579 | 07-21 | Porter/Peach Classic |
| Douglas Holland | Milford CT | 22:32 | 17:01 | 75.81 | 67 | M6569 | 04-08 | OKC/Miracle Run |
| Chris Holloway | Tulsa OK | 21:34 | 16:21 | 78.90 | 8 | M0112 | 12-91 | Tulsa/Jingle Bell |
| Bobby Holmes | Chandler OK | 17:09 | 15:54 | 81.15 | 15 | M1315 | 06-95 | Tulsa/Full Moon |
| Conor Holt | Norman OK | 14:48 | 14:48 | 87.16 | 22 | M2024 | 06-95 | Tulsa/Break Barriers |
| Conor Holt | Norman OK | 14:58 | 14:54 | 86.64 | 31 | M3034 | 10-03 | Norman/Brookhaven |
| Barry Honyouti | Sapulps OK | 15:26 | 15:07 | 85.42 | 19 | M1619 | 11-88 | Tulsa/Night Light |
| Eli Hopkins | Broken Arrow OK | 17:08 | 14:52 | 86.77 | 12 | M0112 | 03-19 | Tulsa/St. Patricks |
| Eli Hopkins | Broken Arrow OK | 16:15 | 15:04 | 85.64 | 15 | M1315 | 08-21 | Tulsa/Noah Jaguars |

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| Eric Hopkins | Bartlesville OK | | 20:10 | 15:18 | 84.38 | 8 | M0112 | 04-90 | Stillwater/Freedom |
| Eric Hopkins | Bartlesville OK | | 19:35 | 15:27 | 83.49 | 9 | M0112 | 10-90 | Stillwater/Juke Joint |
| Eric Hopkins | Bartlesville OK | | 17:49 | 15:28 | 83.44 | 12 | M0112 | 03-94 | OKC/Coats for Kids |
| Eric Hopkins | Bartlesville OK | | 17:26 | 15:51 | 81.36 | 14 | M1315 | 09-95 | Tulsa/Night Tracks |
| Tommy Horn | Broken Arrow OK | X | 15:30 | 14:49 | 87.10 | 17 | M1619 | 09-78 | Tulsa/Mohawk/TRC |
| Keith Horton | Broken Arrow OK | | 17:14 | 16:18 | 79.21 | 40 | M4044 | 03-05 | Tulsa/St. Patrick's |
| Ben Houlberg | Tulsa OK | | 15:19 | 15:19 | 84.22 | 28 | M2529 | 07-06 | Tulsa/Mohawk/TRC |
| Frank Houston | Duncan OK | | 15:32 | 15:32 | 83.05 | 27 | M2529 | 04-85 | OKC/Oklahoma 10000 |
| Craig Howe | Tulsa OK | | 14:36 | 14:36 | 88.36 | 26 | M2529 | 02-86 | Tulsa/Mohawk/TRC |
| Nathan Howe | Broken Arrow OK | | 22:31 | 17:04 | 75.57 | 8 | M0112 | 03-00 | Tulsa/Red Eye Run |
| Tom Howe | Tulsa OK | | 15:26 | 14:56 | 86.39 | 18 | M1619 | 11-82 | Tulsa/Mohawk/TRC |
| Zane Howell | Madill OK | | 19:38 | 17:02 | 75.72 | 12 | M0112 | 10-04 | Madill/Reuel Little |
| Keith Howerton | Edmond OK | | 18:13 | 15:49 | 81.61 | 12 | M0112 | 12-17 | Edmond/Holiday Hustle |
| Eric Hudgens | Tulsa OK | | 17:28 | 16:24 | 78.72 | 41 | M4044 | 10-19 | Tulsa/Skeleton Dash |
| Phil Hudnall | Kansas City MO | | 15:27 | 15:27 | 83.50 | 27 | M2529 | 04-98 | Tulsa/Field of Dreams |
| Mark Hughes | Oklahoma City OK | | 17:41 | 16:24 | 78.70 | 15 | M1315 | 04-83 | OKC/Lake Draper/OKCRC |
| Seamus Hynes | Fayetteville AR | | 14:44 | 14:44 | 87.56 | 23 | M2024 | 04-92 | Broken Arrow/Rooster |
| Keith Iovine | Dubach LA | | 14:30 | 14:30 | 88.97 | 27 | M2529 | 12-90 | Tulsa/Holiday Classic |
| Richard Irons | Tulsa OK | X | 26:13 | 17:12 | 75.02 | 77 | M7579 | 09-11 | Tulsa/Race for Cure |
| Dawitt Iteffy | Lincoln NE | | 15:15 | 15:15 | 84.59 | 25 | M2529 | 05-96 | Bristow/Wildflower |
| Matt Ivory | Stillwater OK | | 15:59 | 15:39 | 82.48 | 19 | M1619 | 11-89 | Tulsa/Night Light |
| Cameron Jackson | Denton TX | | 17:35 | 16:00 | 80.66 | 14 | M1315 | 11-09 | Ardmore/Chigger Chase |
| Ed Jackson | Garland TX | | 22:10 | 16:14 | 79.55 | 70 | M7074 | 09-00 | OKC/Race for Cure |
| James Jackson | El Dorado KS | | 15:09 | 15:09 | 85.15 | 26 | M2529 | 05-94 | Bristow/Wildflower |
| James Jackson | Denton TX | | 17:14 | 15:56 | 81.04 | 43 | M4044 | 11-09 | Ardmore/Chigger Chase |
| Nick Jackson | Washington MI | | 15:54 | 15:23 | 83.86 | 18 | M1619 | 03-11 | Ardmore/Arb. to Ard. |
| Randy Jackson | Tulsa OK | | 15:21 | 15:21 | 84.04 | 26 | M2529 | 08-84 | Tulsa/Mohawk/TRC |
| Reese Jackson | Tulsa OK | | 17:11 | 15:56 | 80.99 | 15 | M1315 | 05-05 | Tulsa/Full Moon |
| Skylar Jackson | Mena AR | | 19:43 | 16:07 | 80.05 | 10 | M0112 | 09-07 | Tuskahoma/Choc. Nat. |
| Lonnie James | Bartlesville OK | | 15:07 | 15:07 | 85.34 | 24 | M2024 | 07-86 | Tulsa/Mohawk/TRC |
| Lonnie James | Bartlesville OK | | 15:19 | 15:19 | 84.22 | 27 | M2529 | 09-89 | Tulsa/Night Tracks |
| Trestin January | Jay OK | | 19:58 | 16:51 | 76.63 | 11 | M0112 | 10-09 | Stillwater/Juke Joint |
| Jacob Janzen | Jenks OK | | 15:52 | 15:10 | 85.08 | 17 | M1619 | 08-14 | Tulsa/Riverside 5000 |
| Darrell Jeffries | Oklahoma City OK | | 15:34 | 15:34 | 82.87 | 22 | M2024 | 04-98 | Tulsa/Grace Race |
| Steve Jennings | Tulsa OK | | 16:52 | 15:50 | 81.52 | 41 | M4044 | 04-98 | Tulsa/Grace Race |
| Steve Jennings | Tulsa OK | | 17:18 | 15:45 | 81.98 | 45 | M4549 | 08-01 | Fort Gibson Run |
| Grant Joerger | Ardmore OK | | 19:35 | 17:00 | 75.92 | 12 | M0112 | 09-02 | Ringling/Great Steaks |
| Adam Johnson | Broken Arrow OK | | 16:36 | 15:23 | 83.83 | 15 | M1315 | 03-08 | Tulsa/St. Patricks |

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| Brent Johnson | Oklahoma City OK | | 17:28 | 16:12 | 79.68 | 15 | M1315 | 09-85 | OKC/Memorial Hospital |
| Carl Johnson | Jenks OK | | 17:35 | 16:18 | 79.15 | 15 | M1315 | 11-81 | Tulsa/Mohawk Park/TRC |
| Clarence Johnson | Sherman TX | | 17:10 | 16:07 | 80.10 | 41 | M4044 | 06-95 | Sulphur/Sizzler |
| Darren Johnson | Oklahoma City OK | | 15:13 | 14:43 | 87.62 | 18 | M1619 | 12-93 | OKC/Kris Kringle |
| Mitch Johnson | Broken Arrow OK | | 19:35 | 17:00 | 75.92 | 12 | M0112 | 04-03 | Tulsa/Kappa Klassic |
| Mitch Johnson | Broken Arrow OK | | 16:55 | 15:41 | 82.27 | 15 | M1315 | 06-06 | Tulsa/Kidney Klassic |
| Mitch Johnson | Broken Arrow OK | | 15:54 | 15:12 | 84.91 | 17 | M1619 | 08-07 | Tulsa/Riverside 5000 |
| Steven Johnson | Kingwood TX | | 17:53 | 15:31 | 83.13 | 12 | M0912 | 05-85 | OKC/Andy Payne |
| Zac Johnson | Shawnee OK | | 15:38 | 15:38 | 82.52 | 28 | M2529 | 09-05 | Norman/Brookhaven |
| Cody Jones | Tulsa OK | X | 16:38 | 14:26 | 89.38 | 12 | M0112 | 05-10 | Tulsa/Full Moon |
| Cody Jones | Tulsa OK | | 16:06 | 14:56 | 86.44 | 15 | M1315 | 08-12 | Tulsa/Riverside 5000 |
| Cody Jones | Jenks OK | X | 15:43 | 14:49 | 87.17 | 16 | M1619 | 08-13 | Tulsa/Riverside 5000 |
| Jakob Jones | Oklahoma City OK | | 17:19 | 15:45 | 81.91 | 14 | M1315 | 07-05 | Edmond/Midnight Strk. |
| Kevin Jones | Oklahoma City OK | | 14:38 | 14:38 | 88.16 | 25 | M2529 | 01-86 | Tulsa/Mohawk/TRC |
| Mark Jones | Tulsa OK | | 18:53 | 16:23 | 78.73 | 51 | M5054 | 08-94 | Tulsa/Night Light |
| Warren Jones | Oklahoma City OK | | 18:20 | 16:03 | 80.45 | 50 | M5054 | 05-97 | Tulsa/Full Moon |
| Warren Jones | Oklahoma City OK | | 19:38 | 16:29 | 78.27 | 55 | M5559 | 01-03 | OKC/Chili Day |
| Taber Jordan | Ardmore OK | | 19:54 | 17:16 | 74.71 | 12 | M0112 | 05-08 | Ardmore/Race 2 Cure |
| Johan Juarez | Oklahoma City OK | | 16:58 | 15:26 | 83.59 | 14 | M1315 | 08-16 | Moore/War Run |
| Abel Kahuni | Edmond OK | | 15:27 | 15:27 | 83.50 | 23 | M2024 | 09-95 | OKC/Adjutant General |
| Sharif Karie | Fayetteville AR | | 15:35 | 15:35 | 82.78 | 26 | M2529 | 05-04 | Tulsa/Road to Show |
| Solomon Kariuki | Stillwater OK | | 14:37 | 14:37 | 88.25 | 24 | M2024 | 12-95 | OKC/Kris Kringle |
| Solomon Kariuki | Stillwater OK | | 14:38 | 14:38 | 88.16 | 25 | M2529 | 01-96 | Tulsa/Resolution Run |
| Ken Karty | Lawton OK | | 19:36 | 16:28 | 78.40 | 55 | M5559 | 08-84 | Tulsa/Mohawk/TRC |
| Brad Keeton | Perry OK | | 15:15 | 15:15 | 84.59 | 27 | M2529 | 08-84 | Tulsa/Mohawk/TRC |
| Brad Keeton | Perry OK | | 16:11 | 15:51 | 81.46 | 35 | M3539 | 07-92 | Tulsa/Mohawk/TRC |
| Brad Keeton | Perry OK | | 19:47 | 16:37 | 77.67 | 55 | M5559 | 09-12 | Perry/Cherokee Strip |
| Ryan Keig | Stillwater OK | | 17:37 | 16:20 | 79.00 | 15 | M1315 | 10-92 | Cushing/Run for Mums |
| Bryant Keirns | Stillwater OK | | 15:29 | 15:29 | 83.31 | 27 | M2529 | 08-21 | Stillwater/Remember |
| Norm Kellar | Springfield MO | | 15:28 | 15:28 | 83.41 | 27 | M2529 | 12-90 | Tulsa/Jingle Bell |
| Mike Kelly | Stillwater OK | | 16:41 | 14:43 | 87.71 | 49 | M4549 | 06-03 | Stillwater/Freedom |
| Mike Kelly | Stillwater OK | | 16:41 | 14:36 | 88.41 | 50 | M5054 | 09-03 | Stillwater/Juke Joint |
| Mike Kelly | Stillwater OK | X | 16:45 | 14:18 | 90.25 | 53 | M5054 | 05-07 | OKC/Sooner Games |
| Mike Kelly | Stillwater OK | X | 16:58 | 14:22 | 89.78 | 54 | M5054 | 09-07 | Perry/Cherokee Strip |
| Mike Kelly | Stillwater OK | X | 17:01 | 14:18 | 90.30 | 55 | M5559 | 04-09 | Stillwater/Remember |
| Mike Kelly | Stillwater OK | X | 17:27 | 14:25 | 89.59 | 57 | M5559 | 07-11 | OKC/Stars & Stripes |
| Mike Kelly | Stillwater OK | X | 17:21 | 14:12 | 90.87 | 58 | M5559 | 09-11 | Perkins/Pistol Pete |
| Mike Kelly | Stillwater OK | X | 17:47 | 14:26 | 89.41 | 59 | M5559 | 10-12 | Shawnee/FamilyPromise |

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| Mike Kelly | Stillwater OK | | 18:49 | 15:09 | 85.21 | 60 | M6064 | 10-13 | Cushing/Run for Mums |
| Tyler Kelly | Bristow OK | | 15:43 | 15:24 | 83.88 | 19 | M1619 | 06-04 | Tulsa/Full Moon |
| Tom Kempf | Bartlesville OK | | 18:11 | 15:39 | 82.40 | 52 | M5054 | 04-77 | Tulsa/Mohawk/TRC |
| Tom Kempf | Bartlesville OK | | 18:55 | 15:21 | 84.05 | 59 | M5559 | 08-84 | Tulsa/Mohawk/TRC |
| Phil Kenkel | Stillwater OK | | 19:41 | 16:24 | 78.75 | 56 | M5559 | 09-12 | Perry/Cherokee Strip |
| Chester Kennedy | Avery TX | | 17:45 | 16:10 | 79.91 | 45 | M4549 | 09-94 | Idabel/Darter Dash |
| Michael Kent | Lawton OK | | 17:56 | 15:42 | 82.25 | 50 | M5054 | 03-97 | Concho/Running Brave |
| Garrett Kenyon | Waukee IA | | 14:37 | 14:37 | 88.25 | 28 | M2529 | 08-22 | Tulsa/Riverside 5000 |
| Duke Kern | Oklahoma City OK | | 16:30 | 15:43 | 82.12 | 39 | M3539 | 07-91 | Tulsa/Mohawk/TRC |
| Duke Kern | Oklahoma City OK | | 16:29 | 15:35 | 82.81 | 40 | M4044 | 10-91 | Stillwater/Juke Joint |
| Meshack Kerwa | Santa Fe NM | | 16:07 | 15:08 | 85.31 | 41 | M4044 | 09-16 | Norman/Brookhaven |
| George Kharazoshool | Norman OK | | 17:30 | 15:56 | 81.05 | 45 | M4549 | 01-97 | OKC/Chili Day |
| Shadrack Kimeli | Manhattan KS | | 14:47 | 14:47 | 87.26 | 27 | M2529 | 09-04 | Norman/Brookhaven |
| Silverus Kimeli | Oklahoma City OK | | 14:37 | 14:37 | 88.25 | 24 | M2024 | 05-04 | Tulsa/Road to Show |
| Bobby Kincaid | Farley MO | | 20:23 | 16:24 | 78.66 | 60 | M6064 | 05-98 | Bristow/Wildflower |
| Kyle King | Tulsa OK | | 14:21 | 14:21 | 89.89 | 27 | M2529 | 08-08 | Tulsa/Riverside 5000 |
| Kyle King | Jenks OK | | 14:47 | 14:45 | 87.49 | 30 | M3034 | 05-12 | Tulsa/Full Moon |
| Ron King | Tulsa OK | | 19:45 | 16:35 | 77.81 | 55 | M5559 | 09-01 | Tulsa/Race for Cure |
| Ron King | Tulsa OK | | 20:47 | 16:43 | 77.14 | 60 | M6064 | 04-06 | Broken Arrow/Grace |
| Jordan Kinsley | Norman OK | | 14:54 | 14:54 | 86.58 | 22 | M2024 | 09-07 | Norman/Brookhaven |
| Jordan Kinsley | Norman OK | | 15:05 | 15:05 | 85.53 | 25 | M2529 | 07-09 | OKC/Midnight Streak |
| Sammy Kiplagat | San Antonio TX | X | 15:05 | 14:09 | 91.16 | 41 | M4044 | 08-14 | Norman/Brookhaven |
| Patrick Kiptum | Stillwater OK | X | 14:32 | 14:29 | 89.11 | 21 | M2024 | 08-94 | Tulsa/Night Light |
| Patrick Kiptum | Stillwater OK | | 14:20 | 14:20 | 90.00 | 25 | M2529 | 08-97 | Tulsa/Night Light |
| Patrick Kiptum | Stillwater OK | | 15:09 | 15:07 | 85.37 | 30 | M3034 | 05-02 | Bristow/Wildflower |
| Patrick Kiptum | Stillwater OK | | 15:32 | 15:01 | 85.94 | 37 | M3539 | 08-08 | Tulsa/Riverside 5000 |
| Mike Kirk | Oklahoma City OK | | 17:43 | 16:25 | 78.55 | 15 | M1315 | 05-89 | OKC/Andy Payne |
| Phil Kirk | Gracemont OK | | 15:50 | 15:31 | 83.26 | 19 | M1619 | 03-86 | Enid/Helping Hand |
| Phil Kirk | Stillwater OK | | 14:57 | 14:57 | 86.29 | 22 | M2024 | 04-88 | Tulsa/Golden Palace |
| Craig Kirkwood | Norman OK | | 14:24 | 14:24 | 89.58 | 23 | M2024 | 05-98 | Tulsa/Woody's |
| Barnabas Kirui | Dallas TX | | 14:48 | 14:48 | 87.16 | 27 | M2529 | 08-13 | Norman/Brookhaven |
| Evans Kirui | Nairobi KN | | 14:16 | 14:16 | 90.42 | 24 | M2024 | 09-17 | Norman/Brookhaven |
| James Kirwa | El Paso TX | | 14:30 | 14:30 | 88.97 | 26 | M2529 | 09-10 | Norman/Brookhaven |
| Silas Kisorio | Norman OK | | 14:40 | 14:40 | 88.07 | 29 | M2529 | 08-13 | Norman/Brookhaven |
| Brandon Kissack | Norman OK | | 15:28 | 15:28 | 83.41 | 23 | M2024 | 11-01 | Norman/Brookhaven |
| Kurt Klevin | Oklahoma City OK | | 17:20 | 16:16 | 79.33 | 41 | M4044 | 07-10 | OKC/Stars & Stripes |
| Andy Kmetz | Sapulpa OK | | 19:25 | 16:23 | 78.80 | 11 | M0112 | 12-94 | Tulsa/Jingle Bell |
| Camden Knutson | Tulsa OK | | 19:56 | 16:18 | 79.18 | 10 | M0112 | 03-16 | Tulsa/St. Patricks |

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| Jonathan Koscinski | Norman OK | 16:25 | 16:05 | 80.31 | 35 | M3539 | 09-16 | Norman/Brookhaven |
| John Kosgei | Stillwater OK | 15:05 | 15:05 | 85.53 | 25 | M2529 | 09-10 | Norman/Brookhaven |
| Sammy Kosgei | Santa Fe NM | 14:09 | 14:09 | 91.17 | 27 | M2529 | 09-10 | Norman/Brookhaven |
| Dave Kraus | Tulsa OK | 15:18 | 15:09 | 85.19 | 20 | M2024 | 02-81 | Tulsa/Mohawk/TRC |
| Dave Kraus | Tulsa OK | 15:53 | 15:53 | 81.32 | 29 | M2529 | 07-89 | Tulsa/Home Run |
| Dave Kraus | Tulsa OK | 15:32 | 15:30 | 83.26 | 30 | M3034 | 09-90 | Tulsa/Okla-Motion |
| Dave Kraus | Tulsa OK | 16:16 | 15:56 | 81.05 | 35 | M3539 | 07-95 | Porter/Peach Classic |
| Gil Krout | Enid OK | 18:13 | 15:49 | 81.61 | 51 | M5054 | 06-94 | Tulsa/Full Moon |
| Larry Krutka | Tulsa OK | 17:14 | 16:18 | 79.21 | 40 | M4044 | 04-90 | Tulsa/Corp. Challenge |
| David Kunselman | Stillwater OK | 15:14 | 15:14 | 84.68 | 23 | M2024 | 11-89 | Tulsa/Night Light |
| Ron Kuykendall | Bethany OK | 17:48 | 15:50 | 81.55 | 48 | M4549 | 08-93 | Tulsa/Night Light |
| Ron Kuykendall | Bethany OK | 18:23 | 16:05 | 80.24 | 50 | M5054 | 01-96 | OKC/Chili Day |
| Ron Kuykendall | Bethany OK | 19:20 | 16:06 | 80.17 | 56 | M5559 | 03-01 | Tulsa/Schlotzskys |
| Ron Kuykendall | Bethany OK | 20:18 | 16:20 | 78.98 | 60 | M6064 | 05-05 | Tulsa/Full Moon |
| Ron Kuykendall | Bethany OK | 22:33 | 17:21 | 74.35 | 65 | M6569 | 05-10 | Tulsa/Full Moon |
| Glen Lafarlette | Broken Arrow OK | 17:50 | 16:06 | 80.09 | 46 | M4549 | 01-83 | Tulsa/Mohawk/TRC |
| Jonah Lagach | Tulsa OK | 15:23 | 15:20 | 84.18 | 21 | M2024 | 08-07 | Tulsa/Riverside 5000 |
| Ben Lake | Stillwater OK | 15:13 | 14:54 | 86.64 | 19 | M1619 | 05-99 | Tulsa/Woody's |
| Tom Lam | Tulsa OK | 16:59 | 16:04 | 80.37 | 40 | M4044 | 05-02 | Tulsa/Schlotzskys |
| Tom Lam | Owasso OK | 17:05 | 15:33 | 83.02 | 45 | M4549 | 07-06 | Tulsa/Mohawk/TRC |
| Evan Landes | Lawrence KS | 14:36 | 14:36 | 88.36 | 23 | M2024 | 08-16 | Tulsa/Riverside 5000 |
| Nathaniel Lane | Stillwater OK | 15:16 | 15:13 | 84.83 | 21 | M2024 | 09-97 | Stillwater/Juke Joint |
| Kent Lang | Sedalia MO | 17:28 | 16:09 | 79.96 | 43 | M4044 | 07-06 | Porter/Peach Classic |
| Bernard Langat | Santa Fe NM | 14:42 | 14:42 | 87.75 | 27 | M2529 | 09-11 | Norman/Brookhaven |
| Mel Langston | Gladstone MO | 17:14 | 16:10 | 79.79 | 41 | M4044 | 09-89 | Tulsa/Night Tracks |
| Jason Larabee | Norman OK | 15:29 | 14:59 | 86.11 | 18 | M1619 | 11-93 | Bethany/Run Children |
| Jason Larabee | Oklahoma City OK | 14:22 | 14:22 | 89.79 | 23 | M2024 | 05-99 | Tulsa/Woody's |
| Jason Larabee | Norman OK | 15:04 | 15:04 | 85.62 | 25 | M2529 | 03-01 | Tulsa/Schlotzskys |
| Paul Larkins | Folkestone GB | 14:21 | 14:21 | 89.89 | 27 | M2529 | 10-89 | Stillwater/Juke Joint |
| Seef LaRoux | Enid OK | 15:20 | 15:20 | 84.13 | 24 | M2024 | 09-97 | Stillwater/Juke Joint |
| Michael Larsen | Tyro KS | X 14:58 | 14:48 | 87.19 | 33 | M3034 | 06-87 | Brkn. Arrow/Love Run |
| Korey Larson | Norman OK | 16:00 | 15:40 | 82.40 | 35 | M3539 | 08-19 | Norman/Brookhaven |
| Ray Lattanzia | Claremore OK | 17:45 | 15:55 | 81.13 | 47 | M4549 | 04-91 | Tulsa/Corp. Challenge |
| Ray Lattanzia | Claremore OK | 18:31 | 16:12 | 79.66 | 50 | M5054 | 03-94 | Tulsa/C. Mitchell's |
| Ray Lattanzia | Claremore OK | 19:39 | 16:30 | 78.20 | 55 | M5559 | 06-99 | Tulsa/Sooner Games |
| Ray Lattanzia | Claremore OK | 22:49 | 17:33 | 73.48 | 65 | M6569 | 05-09 | Tulsa/Day-Ohn-Day |
| Nathan Lauritsen | Bartlesville OK | 17:42 | 16:25 | 78.63 | 15 | M1315 | 08-15 | Tulsa/Riverside 5000 |
| Isaiah Leach | Tulsa OK | 20:51 | 15:49 | 81.61 | 8 | M0112 | 10-90 | Tulsa/Indian Summer |

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| Andrew Leahey | Oklahoma City OK | 15:38 | 15:38 | 82.52 | 23 | M2024 | 08-16 | Tulsa/Riverside | 5000 |
| Andrew Leahey | Oklahoma City OK | 15:15 | 15:15 | 84.59 | 25 | M2529 | 08-18 | Tulsa/Riverside | 5000 |
| Dustin Lee | Claremore OK | 19:13 | 16:13 | 79.62 | 11 | M0112 | 11-90 | Tulsa/Night Lights | |
| Richard Lee | Albuquerque NM | 15:27 | 15:25 | 83.71 | 30 | M3034 | 12-91 | Tulsa/Jingle Bell | |
| Steve Lee | Claremore OK | 19:48 | 16:38 | 77.61 | 55 | M5559 | 04-10 | Tulsa/Zarrow Chall. | |
| Ronny LeFebvre | Dallas TX | 17:43 | 15:53 | 81.28 | 47 | M4549 | 05-19 | Broken Arrow/Rooster | |
| Frezer Legesse | Oklahoma City OK | 14:29 | 14:29 | 89.07 | 27 | M2529 | 08-17 | Tulsa/Riverside | 5000 |
| Bob Lehw | Tulsa OK | 17:41 | 16:06 | 80.21 | 45 | M4549 | 04-88 | Tulsa/Corp. Challenge | |
| Bob Lehw | Tulsa OK | 18:10 | 15:39 | 82.48 | 52 | M5054 | 04-95 | Tulsa/Corp. Challenge | |
| Henry Lelei | Bryan TX | 15:18 | 15:18 | 84.31 | 27 | M2529 | 08-16 | Tulsa/Riverside | 5000 |
| Greg LeMieux | Edmond OK | 15:32 | 15:32 | 83.05 | 24 | M2024 | 08-84 | OKC/Overholser/OKCRC | |
| Roger Lemmons | Edmond OK | 17:54 | 15:47 | 81.75 | 49 | M4549 | 12-16 | Edmond/Holiday Hustle | |
| Rafael Lencina | Tucuman AG | 16:56 | 16:01 | 80.61 | 40 | M4044 | 11-17 | Tulsa/Route 66 | |
| Jack Lenhart | Tulsa OK | 17:24 | 16:20 | 79.02 | 41 | M4044 | 10-79 | Tulsa/Mohawk/TRC | |
| Seef LeRoux | Enid OK | 15:10 | 15:10 | 85.06 | 25 | M2529 | 10-97 | OKC/Trolley Track | |
| Greg LeRoy | Enid OK | 17:10 | 15:52 | 81.36 | 43 | M4044 | 06-91 | Stillwater/Freedom | |
| William Levett | Kent EN | 15:36 | 15:26 | 83.55 | 20 | M2024 | 12-95 | Tulsa/Jingle Bell | |
| Fisher Lewis | Bethany OK | 21:51 | 16:49 | 76.73 | 65 | M6569 | 03-86 | Enid/Helping Hand | |
| Fisher Lewis | Bethany OK | 23:17 | 17:03 | 75.73 | 70 | M7074 | 03-91 | OKC/Spring to Park | |
| Fisher Lewis | Bethany OK | 24:54 | 16:58 | 76.10 | 75 | M7579 | 03-96 | Tulsa/Schlotzskys | |
| Fisher Lewis | Bethany OK | 28:53 | 17:44 | 72.76 | 80 | M8084 | 09-01 | Norman/Brookhaven | |
| Fisher Lewis | Bethany OK | X 29:26 | 17:37 | 73.22 | 81 | M8084 | 10-02 | Watonga/Rat Race | |
| Fisher Lewis | Bethany OK | 40:01 | 21:15 | 60.73 | 85 | M8599 | 10-06 | Madill/Reuel Little | |
| Jim Lewis | Fort Worth TX | 17:24 | 16:27 | 78.45 | 40 | M4044 | 07-87 | Tulsa/Mohawk/TRC | |
| Jim Lewis | Fort Worth TX | 17:48 | 16:12 | 79.68 | 45 | M4549 | 06-92 | Bixby/Green Corn | |
| Terry Lewis | Broken Arrow OK | 17:13 | 16:17 | 79.28 | 40 | M4044 | 06-92 | Tulsa/Full Moon | |
| Owen Likens | Texarkana TX | 22:11 | 16:49 | 76.71 | 8 | M0112 | 04-11 | Stillwater/Remember | |
| Scott Likins | Bartlesville OK | 19:41 | 17:05 | 75.53 | 12 | M0112 | 11-90 | Tulsa/Night Lights | |
| Jeff Lindsay | Tulsa OK | 16:34 | 16:13 | 79.58 | 35 | M3539 | 06-94 | Tulsa/Full Moon | |
| Jeff Lindsay | Tulsa OK | 17:11 | 16:08 | 80.02 | 41 | M4044 | 04-00 | Tulsa/Grace Race | |
| Chris Lipscomb | Temple OK | 16:12 | 15:46 | 81.89 | 36 | M3539 | 10-94 | Stillwater/Juke Joint | |
| Chris Lipscomb | Temple OK | 16:38 | 15:37 | 82.67 | 41 | M4044 | 10-99 | Duncan/Stampede | |
| Chris Lipscomb | Temple OK | 16:54 | 15:09 | 85.21 | 47 | M4549 | 08-05 | OKC/Run with Bulls | |
| Chris Lipscomb | Norman OK | 17:16 | 14:52 | 86.78 | 52 | M5054 | 08-10 | Anadarko/Expo | |
| Chris Lipscomb | Walters OK | 18:34 | 15:36 | 82.77 | 55 | M5559 | 08-13 | Anadarko/Anadarko Run | |
| Chris Lipscomb | Walters OK | 19:49 | 15:57 | 80.91 | 60 | M6064 | 09-18 | Norman/Brookhaven | |
| Chris Lipscomb | Walters OK | 20:35 | 16:08 | 80.00 | 63 | M6064 | 09-21 | Bethany/Swazi Run | |
| Stuart Lisle | Edmond OK | 15:25 | 15:11 | 85.08 | 34 | M3034 | 09-17 | Norman/Brookhaven | |

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| Stuart Lisle | Edmond OK | 15:29 | 15:04 | 85.68 | 36 | M3539 | 08-19 | Norman/Brookhaven |
| Will Littlefield | Tulsa OK | 17:12 | 15:57 | 80.91 | 15 | M1315 | 08-12 | Tulsa/Riverside 5000 |
| Ross Livingston | Salina KS | 17:15 | 16:19 | 79.13 | 40 | M4044 | 04-03 | Tulsa/Kappa Klassic |
| Less Llanez | Alamosa CO | 14:48 | 14:48 | 87.16 | 24 | M2024 | 05-93 | Tulsa/Field of Dreams |
| Tom Lloyd | Broken Arrow OK | 16:19 | 15:33 | 83.04 | 39 | M3539 | 11-89 | Tulsa/Night Light |
| Tom Lloyd | Broken Arrow OK | 16:31 | 15:30 | 83.25 | 41 | M4044 | 04-91 | Tulsa/Oklahoma Cup |
| Tom Lloyd | Broken Arrow OK | 17:23 | 15:20 | 84.18 | 49 | M4549 | 05-99 | Tulsa/Woody's |
| Tom Lloyd | Broken Arrow OK | 17:50 | 15:36 | 82.71 | 50 | M5054 | 02-00 | Muskogee/Flower |
| Don Lodes | Tulsa OK | 17:32 | 15:36 | 82.80 | 48 | M4549 | 03-97 | Tulsa/Relief Run |
| Don Lodes | Tulsa OK | 17:46 | 15:33 | 83.02 | 50 | M5054 | 05-99 | Tulsa/Woody's |
| Don Lodes | Tulsa OK | 19:09 | 16:05 | 80.24 | 55 | M5559 | 11-03 | Brkn. Arr./Stroke Run |
| Mark Logat | El Dorado KS | 14:47 | 14:47 | 87.26 | 27 | M2529 | 05-98 | Bristow/Wildflower |
| Keith Long | Sedan KS | 18:08 | 15:52 | 81.34 | 50 | M5054 | 09-07 | Tulsa/Run to Son |
| Paul Louderback | Tulsa OK | 15:53 | 15:11 | 85.00 | 17 | M1619 | 03-79 | Tulsa/Mohawk/TRC |
| Ray Love | Claremore OK | 22:33 | 17:21 | 74.35 | 65 | M6569 | 10-08 | Tahlequah/Care Aware |
| Ray Love | Claremore OK | 22:49 | 17:24 | 74.22 | 66 | M6569 | 10-09 | Sallisaw/Hospice Run |
| Barry Lucas | Tulsa OK | 15:42 | 15:42 | 82.17 | 24 | M2024 | 03-83 | Tulsa/Mohawk/TRC |
| John Lukeman | Tulsa OK | 17:12 | 15:39 | 82.46 | 14 | M1315 | 09-03 | Tulsa/Race for Cure |
| Glenn Lumry | Choctaw OK | 18:59 | 16:05 | 80.25 | 54 | M5054 | 03-94 | OKC/Coats for Kids |
| Glenn Lumry | Choctaw OK | 19:25 | 16:02 | 80.52 | 57 | M5559 | 11-96 | Norman/Wings |
| Glenn Lumry | Choctaw OK | 20:19 | 16:12 | 79.66 | 61 | M6064 | 05-00 | OKC/Gusher Gallop |
| Russ Lundstrom | Wichita KS | 17:33 | 15:51 | 81.39 | 46 | M4549 | 08-94 | Tulsa/Night Light |
| Brant Lutz | Tulsa OK | 15:54 | 15:29 | 83.44 | 36 | M3539 | 08-11 | Tulsa/Riverside 5000 |
| Peter Lynch | Tulsa OK | 14:28 | 14:28 | 89.17 | 24 | M2024 | 08-22 | Tulsa/Riverside 5000 |
| Peter Lynch | Tulsa OK | 15:11 | 15:11 | 84.96 | 25 | M2529 | 08-23 | Tulsa/Riverside 5000 |
| Joe Lytle | Tulsa OK | 16:30 | 16:10 | 79.90 | 35 | M3539 | 04-98 | Tulsa/Corp. Challenge |
| Robert Maddy | Sperry OK | 17:20 | 16:09 | 79.90 | 42 | M4044 | 11-88 | Tulsa/Night Light |
| Robert Maddy | Sperry OK | 17:50 | 15:59 | 80.75 | 47 | M4549 | 05-93 | Tulsa/Full Moon |
| Robert Maddy | Sperry OK | 18:47 | 16:18 | 79.15 | 51 | M5054 | 01-97 | Tulsa/Resolution Run |
| Robert Maddy | Sperry OK | 19:06 | 16:03 | 80.45 | 55 | M5559 | 05-01 | Tulsa/Corp. Challenge |
| Gary Madison | Tulsa OK | 16:06 | 15:27 | 83.54 | 38 | M3539 | 08-84 | Tulsa/Mohawk/TRC |
| Gary Madison | Tulsa OK | 16:09 | 14:56 | 86.48 | 43 | M4044 | 11-89 | Tulsa/Night Light |
| Gary Madison | Tulsa OK | 16:45 | 15:01 | 85.97 | 47 | M4549 | 06-94 | Tulsa/Full Moon |
| Gary Madison | Tulsa OK | 17:42 | 15:29 | 83.33 | 50 | M5054 | 09-96 | Tulsa/Okla. Sen. Oly. |
| Gary Madison | Tulsa OK | 19:27 | 16:12 | 79.69 | 56 | M5559 | 06-04 | Tulsa/Full Moon |
| Al Maeder | Norman OK | 16:58 | 15:44 | 82.02 | 15 | M1315 | 09-09 | Norman/Brookhaven |
| Al Maeder | Norman OK | 15:33 | 15:33 | 82.96 | 22 | M2024 | 09-16 | Norman/Brookhaven |
| Al Maeder | Oklahoma City OK | 15:24 | 15:24 | 83.77 | 28 | M2529 | 09-22 | Norman/Brookhaven |

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| Jani Mahendra | Stillwater OK | X | 19:25 | 14:43 | 87.64 | 8 | M0112 | 12-90 | Tulsa/Jingle Bell |
| Tom Maher | Tulsa OK | | 15:29 | 15:27 | 83.53 | 30 | M3034 | 07-88 | Tulsa/Mohawk/TRC |
| Tom Maher | Tulsa OK | | 16:38 | 16:11 | 79.76 | 36 | M3539 | 08-94 | Tulsa/Night Light |
| Craig Mahl | Canute OK | | 17:28 | 16:01 | 80.53 | 44 | M4044 | 05-95 | Ada/Gear Up & Go |
| Craig Mahl | Canute OK | | 17:49 | 16:13 | 79.61 | 45 | M4549 | 10-96 | Watonga/Rat Race |
| Craig Mahl | Canute OK | | 18:10 | 15:54 | 81.19 | 50 | M5054 | 09-01 | OKC/Race for Cure |
| Craig Mahl | Canute OK | | 19:12 | 16:08 | 80.03 | 55 | M5559 | 08-06 | OKC/Run with Bulls |
| Craig Mahl | Canute OK | | 20:12 | 16:15 | 79.37 | 60 | M6064 | 04-11 | Weatherford/Race Moon |
| Doug Mahler | Springdale AR | | 16:16 | 15:37 | 82.68 | 38 | M3539 | 05-00 | Tulsa/Full Moon |
| Rajiv Main | Tulsa OK | | 17:23 | 15:28 | 83.51 | 48 | M4549 | 07-02 | Owasso/Ram Run |
| Gilberto Maldonado | Clinton OK | | 17:52 | 15:53 | 81.25 | 48 | M4549 | 11-12 | Elk City/Chis. Wishes |
| Jarmo Malmberg | Tulsa OK | | 14:29 | 14:29 | 89.07 | 26 | M2529 | 03-89 | Tulsa/Golden Palace |
| Dade Maloney | Enid OK | | 16:43 | 16:03 | 80.46 | 38 | M3539 | 07-86 | Edmond/Krazy Daze |
| Dade Maloney | Enid OK | | 16:49 | 15:47 | 81.76 | 41 | M4044 | 10-89 | Enid/TBird Challenge |
| Dade Maloney | Enid OK | | 18:50 | 16:21 | 78.94 | 51 | M5054 | 09-99 | Enid/Great Land Run |
| Dade Maloney | Enid OK | | 19:04 | 15:53 | 81.29 | 56 | M5559 | 09-04 | Enid/Great Land Run |
| Dade Maloney | Enid OK | | 20:07 | 16:03 | 80.45 | 61 | M6064 | 10-09 | OKC/Life Saver |
| John Maness | Tulsa OK | | 16:56 | 15:53 | 81.20 | 41 | M4044 | 12-94 | Tulsa/Jingle Bell |
| John Maness | Tulsa OK | | 18:27 | 15:53 | 81.21 | 52 | M5054 | 02-06 | Tulsa/Mohawk Thirty |
| John Maness | Tulsa OK | | 19:03 | 15:36 | 82.77 | 58 | M5559 | 11-11 | Jenks 5 km Run |
| John Maness | Tulsa OK | | 20:03 | 16:08 | 79.97 | 60 | M6064 | 04-14 | Tulsa/Parkside Side |
| John Maness | Tulsa OK | | 21:36 | 16:37 | 77.62 | 65 | M6569 | 11-18 | Tulsa/Route 66 |
| Mike Manke | Stillwater OK | | 15:25 | 15:25 | 83.68 | 25 | M2529 | 09-77 | Tulsa/Mohawk/TRC |
| Mike Manning | Chandler OK | | 15:44 | 15:44 | 81.99 | 27 | M2529 | 06-92 | Stillwater/Freedom |
| Tommy Manning | Tulsa OK | | 17:28 | 16:12 | 79.68 | 15 | M1315 | 10-91 | Stillwater/Juke Joint |
| Tommy Manning | Colorado Springs | | 15:38 | 15:28 | 83.47 | 33 | M3034 | 11-09 | Tulsa/Black Friday |
| George Marchetti | Tulsa OK | | 17:16 | 14:59 | 86.10 | 51 | M5054 | 08-94 | Tulsa/Night Light |
| George Marchetti | Tulsa OK | | 17:45 | 14:55 | 86.57 | 55 | M5559 | 09-97 | Tulsa/Okla. Sen. Oly. |
| George Marchetti | Tulsa OK | | 17:57 | 14:34 | 88.58 | 59 | M5559 | 11-01 | Tulsa/Turkey Trot |
| George Marchetti | Tulsa OK | | 18:39 | 15:01 | 85.97 | 60 | M6064 | 09-02 | Dewey/Tom Mix |
| George Marchetti | Tulsa OK | | 21:08 | 16:16 | 79.34 | 65 | M6569 | 10-07 | Tulsa/Red Ribbon |
| Maurice Markwardt | Tulsa OK | | 24:15 | 17:45 | 72.72 | 70 | M7074 | 09-10 | Perkins/Pistol Pete |
| Maurice Markwardt | Tulsa OK | | 26:16 | 17:53 | 72.14 | 75 | M7579 | 08-15 | Tulsa/Riverside 5000 |
| Jon Marshall | Stillwater OK | | 15:21 | 14:51 | 86.86 | 18 | M1619 | 10-77 | Tulsa/Mohawk/TRC |
| Tom Marshall | Tulsa OK | | 15:20 | 15:20 | 84.13 | 23 | F2024 | 11-12 | Tulsa/Turkey Trot |
| Richard Martin | Tulsa OK | | 17:28 | 16:24 | 78.72 | 41 | M4044 | 10-82 | Tulsa/Mohawk/TRC |
| Richard Martin | Tulsa OK | | 17:56 | 16:20 | 79.09 | 45 | M4549 | 06-87 | Tulsa/Daybreak Run |
| Richard Martin | Tulsa OK | | 18:24 | 16:06 | 80.16 | 50 | M5054 | 06-92 | Tulsa/Full Moon |

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| Richard Martin | Tulsa OK | 19:12 | 16:08 | 80.03 | 55 | M5559 | 07-97 | Catoosa/Glory Run |
| Richard Martin | Tulsa OK | 20:49 | 16:45 | 77.02 | 60 | M6064 | 09-02 | Tulsa/Sickle Cell |
| Richard Martin | Tulsa OK | 22:37 | 17:24 | 74.13 | 65 | M6569 | 05-07 | Tulsa/Maple Ridge |
| Russell Martin | Tulsa OK | 16:39 | 16:18 | 79.18 | 35 | M3539 | 11-88 | Tulsa/Night Light |
| William Martin | Dodge TX | 16:15 | 15:22 | 84.00 | 40 | M4044 | 06-95 | Tulsa/Break Barriers |
| William Martin | Dodge TX | 17:17 | 15:29 | 83.32 | 47 | M4549 | 05-02 | Bristow/Wildflower |
| Bob Mason | Bartlesville OK | 19:53 | 16:42 | 77.28 | 55 | M5559 | 09-97 | Stillwater/Juke Joint |
| Cornelius Mason | Tulsa OK | 15:25 | 15:25 | 83.68 | 23 | M2024 | 09-99 | MWC/Renaissance |
| Cornelius Mason | Tulsa OK | 15:37 | 15:37 | 82.60 | 25 | M2529 | 05-01 | Tulsa/Corp. Challenge |
| Brian Masquesva | Muskogee OK | 15:31 | 15:28 | 83.46 | 21 | M2024 | 08-17 | Tulsa/Riverside 5000 |
| Joseph Matathas | Tulsa OK | 15:40 | 15:40 | 82.34 | 24 | M2024 | 08-07 | Tulsa/Riverside 5000 |
| John Mathiason | Fort Madison IA | 15:39 | 15:09 | 85.20 | 18 | M1619 | 10-77 | Tulsa/Mohawk/TRC |
| Keith Matiskella | Fort Leonard Wood | 15:04 | 15:04 | 85.62 | 24 | M2024 | 05-96 | Tulsa/Field of Dreams |
| Jay Matlack | Denver CO | 15:25 | 15:25 | 83.68 | 24 | M2024 | 05-10 | Tulsa/Full Moon |
| Dave Matlock | Garland TX | 15:10 | 15:10 | 85.06 | 25 | M2529 | 05-93 | Tulsa/Pacificare Run |
| Brian Matthews | Stillwater OK | 15:02 | 14:44 | 87.69 | 19 | M1619 | 12-84 | Tulsa/Mohawk/TRC |
| Trani Matthews | Tulsa OK | 18:24 | 16:06 | 80.16 | 50 | M5054 | 09-08 | Tulsa/Race for Cure |
| Trani Matthews | Tulsa OK | 20:07 | 15:37 | 82.60 | 64 | M6064 | 03-22 | Tulsa/St. Patricks |
| Patrick Matui | El Paso TX | 14:57 | 14:57 | 86.29 | 22 | M2024 | 05-09 | Bristow/Wildflower |
| Whit Mauzy | Tulsa OK | 20:16 | 15:53 | 81.25 | 63 | M6064 | 12-89 | Tulsa/Jingle Bell |
| Whit Mauzy | Tulsa OK | 21:38 | 16:39 | 77.50 | 65 | M6569 | 10-91 | Tulsa/Indian Summer |
| Daniel Maxwell | Tulsa OK | 16:45 | 15:32 | 83.08 | 15 | M1315 | 11-01 | Tulsa/Turkey Trot |
| Daniel Maxwell | Tulsa OK | 15:52 | 15:21 | 84.03 | 18 | M1619 | 07-04 | Tulsa/Firecracker |
| Randy Maxwell | Tulsa OK | 15:35 | 15:21 | 84.17 | 34 | M3034 | 05-93 | Tulsa/Full Moon |
| Steve May | Edmond OK | 17:34 | 16:17 | 79.22 | 15 | M1315 | 05-98 | Tulsa/Full Moon |
| Clay Mayes III | Claremore OK | 16:52 | 15:38 | 82.51 | 15 | M1315 | 05-02 | Tulsa/Full Moon |
| Clay Mayes III | Claremore OK | 15:53 | 15:11 | 85.00 | 17 | M1619 | 06-04 | Tulsa/Full Moon |
| Clay Mayes III | Claremore OK | 15:19 | 15:19 | 84.22 | 22 | M2024 | 05-09 | Tulsa/Kidney Klassic |
| Pete Mayo | Tulsa OK | 19:49 | 16:14 | 79.56 | 58 | M5559 | 10-10 | Tulsa/Red Ribbon |
| Daniel Mazzei | Jenks OK | 17:04 | 15:49 | 81.54 | 15 | M1315 | 08-14 | Tulsa/Riverside 5000 |
| Marion McAnelly | Stilwell OK | X 44:51 | 18:25 | 70.08 | 91 | M8599 | 05-91 | Stilwell/Berries |
| Sean McCabe | Duncan OK | 15:55 | 15:35 | 82.83 | 19 | M1619 | 11-02 | Lawton/Frost Fanny |
| Sean McCabe | Stillwater OK | 15:38 | 15:38 | 82.52 | 24 | M2024 | 08-07 | Tulsa/Riverside 5000 |
| Cade McCall | Glenpool OK | 18:15 | 15:50 | 81.46 | 12 | M0112 | 10-17 | Tulsa Run |
| Brandon McCarthy | Tulsa OK | 19:29 | 16:55 | 76.31 | 12 | M0112 | 02-99 | Tulsa/Relief Run |
| Brandon McCarthy | Tulsa OK | 16:36 | 15:23 | 83.83 | 15 | M1315 | 03-02 | Tulsa/St. Patricks |
| Malcolm McCollam | Tulsa OK | 17:23 | 16:26 | 78.52 | 40 | M4044 | 10-94 | Tulsa/Indian Summer |

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| Malcolm McCollam | Tulsa OK | 18:32 | 16:13 | 79.59 | 50 | M5054 | 09-05 | Tulsa/Race for Cure |
| Malcom McCollam | Tulsa OK | 17:42 | 15:37 | 82.67 | 49 | M4549 | 10-03 | Tulsa/Land Run |
| Bob McCoy | Tulsa OK | 17:59 | 16:22 | 78.87 | 45 | M4549 | 04-88 | Tulsa/Golden Palace |
| Bob McCoy | Tulsa OK | 20:23 | 15:41 | 82.26 | 65 | M6569 | 09-08 | Tulsa/Race for Cure |
| Tip McCubbins | Endi OK | 16:50 | 15:55 | 81.09 | 40 | M4044 | 10-84 | Enid/Chisholm Trail |
| Cliff McCurdy | Sanger TX | 17:02 | 15:52 | 81.31 | 42 | M4044 | 03-96 | Tulsa/Schlotzskys |
| Joe McDaniel | Tulsa OK | 17:55 | 16:19 | 79.16 | 45 | M4549 | 10-82 | Tulsa/Mohawk/TRC |
| Randy McDermott | Salt Lake City U | 15:41 | 15:39 | 82.47 | 30 | M3034 | 05-02 | Tulsa/Schlotzskys |
| Harold McDonald | Broken Arrow OK | 18:36 | 16:01 | 80.56 | 52 | M5054 | 10-79 | Tulsa/Mohawk/TRC |
| Larry McDonald | Weatherford OK | 15:44 | 15:41 | 82.31 | 21 | M2024 | 03-76 | Tulsa/Mohawk/TRC |
| Jim McFadden | Burbank OK | 16:35 | 15:34 | 82.92 | 41 | M4044 | 12-80 | Tulsa/Mohawk/TRC |
| Jim McFadden | Okarche OK | 17:11 | 15:31 | 83.12 | 46 | M4549 | 07-85 | Edmond/Krazy Days |
| Jim McFadden | Tulsa OK | 17:27 | 15:16 | 84.53 | 50 | M5054 | 07-89 | Tulsa/Mohawk/TRC |
| Jim McFadden | Owasso OK | 18:19 | 15:15 | 84.62 | 56 | M5559 | 03-96 | Tulsa/Schlotzskys |
| Jim McFadden | Owasso OK | 20:15 | 16:09 | 79.92 | 61 | M6064 | 09-99 | Tulsa/Schlotzskys |
| Jim McFadden | Owasso OK | 22:01 | 16:56 | 76.15 | 65 | M6569 | 10-04 | Sand Spgs./Remember |
| Jim McFadden | Owasso OK | 23:21 | 17:06 | 75.52 | 70 | M7074 | 09-09 | Tulsa/Race for Cure |
| Don McGinley | Kiowa KS | 20:51 | 16:47 | 76.90 | 60 | M6064 | 10-98 | Watonga/Rat Race |
| Jim McGowan | Tulsa OK | 22:33 | 17:11 | 75.09 | 66 | M6569 | 07-95 | Stillwater/Freedom |
| Jim McGowan | Tulsa OK | 24:18 | 17:48 | 72.56 | 70 | M7074 | 06-99 | Stillwater/Freedom |
| Patrick McGuire | Ardmore OK | 16:38 | 15:25 | 83.67 | 15 | M1315 | 08-98 | Sulphur/Sizzler |
| Nocus McIntosh | Tulsa OK | 17:47 | 15:11 | 85.00 | 53 | M5054 | 09-78 | Tulsa/Mohawk/TRC |
| Nocus McIntosh | Tulsa OK | 17:35 | 14:31 | 88.91 | 57 | M5559 | 10-82 | Tulsa/Mohawk/TRC |
| Nocus McIntosh | Spavinaw OK | 19:04 | 15:21 | 84.09 | 60 | M6064 | 07-85 | Tulsa/Mohawk/TRC |
| Nocus McIntosh | Spavinaw OK | 22:02 | 16:48 | 76.85 | 66 | M6569 | 09-91 | Tulsa/Okla. Sen. Oly. |
| Robert McIntyre | Roundrock TX | 25:05 | 17:05 | 75.55 | 75 | M7579 | 09-96 | Tulsa/Okla. Sen. Oly. |
| Conner McKee | Tulsa OK | 21:53 | 16:36 | 77.76 | 8 | M0112 | 03-07 | Tulsa/St. Patricks |
| Connor McKee | Tulsa OK | 19:07 | 16:08 | 80.03 | 11 | M0112 | 09-08 | Tulsa/Race for Cure |
| Ash McKinney | Oklahoma City OK | 19:44 | 16:08 | 79.98 | 10 | M0112 | 03-12 | OKC/Earlywine Dash |
| Brian McKinney | Tulsa OK | 16:39 | 16:18 | 79.18 | 35 | M3539 | 05-07 | Tulsa/Full Moon |
| Brian McKinney | Tulsa OK | 17:00 | 15:50 | 81.47 | 42 | M4044 | 08-13 | Tulsa/Riverside 5000 |
| Brian McKinney | Tulsa OK | 16:46 | 14:55 | 86.58 | 48 | M4549 | 03-20 | Tulsa/St. Patricks |
| Jericho McKinney | Paden OK | X 20:40 | 14:16 | 90.48 | 6 | M0112 | 09-18 | Tuskahoma/Choc. Nat. |
| Rick McLain | Birmingham AL | 15:44 | 15:44 | 81.99 | 23 | M2024 | 11-05 | Owasso/Hog Jog |
| Joey McNair | Bartlesville OK | 17:44 | 16:26 | 78.48 | 15 | M1315 | 07-97 | Stroud/Mid Summer |
| Joey McNair | Bartlesville OK | 15:29 | 15:10 | 85.14 | 19 | M1619 | 06-01 | Tulsa/Full Moon |
| Joey McNair | Norman OK | 15:21 | 15:18 | 84.36 | 21 | M2024 | 08-02 | Tulsa/SandRun |
| Brad McNiff | Stillwater OK | 15:23 | 15:04 | 85.70 | 19 | M1619 | 09-07 | Tulsa/Race for Cure |

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|-----------------|------------------|-------|-------|-------|----|-------|-------|-----------------------|
| Rubin McRae | Gunnison CO | 15:43 | 15:41 | 82.29 | 30 | M3034 | 07-03 | Shawnee/St. Gregory's |
| David McVay | Tulsa OK | 17:22 | 16:06 | 80.13 | 15 | M1315 | 09-01 | Tulsa/Race for Cure |
| Chris McWatters | Oklahoma City OK | 17:13 | 15:58 | 80.83 | 15 | M1315 | 09-96 | OKC/Race for Cure |
| Chris McWatters | Moore OK | 15:29 | 15:10 | 85.14 | 19 | M1619 | 09-99 | MWC/Renaissance |
| Noah Meacham | Tulsa OK | 17:33 | 16:16 | 79.30 | 15 | M1315 | 03-31 | Tulsa/St. Patricks |
| Randy Melancon | Fayetteville AR | 15:10 | 15:01 | 85.93 | 20 | M2024 | 01-74 | Tulsa/Mohawk/TRC |
| Art Melendez | Tulsa OK | 18:34 | 15:43 | 82.05 | 54 | M5054 | 03-85 | Tulsa/Amer. Airlines |
| Art Melendez | Tulsa OK | 18:40 | 15:17 | 84.46 | 58 | M5559 | 06-89 | Tulsa/Daybreak Run |
| Art Melendez | Tulsa OK | 18:39 | 15:01 | 85.97 | 60 | M6064 | 09-91 | Tulsa/Okla. Sen. Oly. |
| Art Melendez | Tulsa OK | 20:51 | 16:03 | 80.42 | 65 | M6569 | 09-96 | Tulsa/Okla. Sen. Oly. |
| Alex Mendoza | Madill OK | 17:30 | 16:13 | 79.52 | 15 | M1315 | 10-06 | Madill/Reuel Little |
| Patrick Merrick | Edmond OK | 18:58 | 16:20 | 79.00 | 52 | M5054 | 05-15 | OKC/Piece Walk |
| Bryce Merriman | Norman OK | 15:02 | 15:02 | 85.81 | 23 | M2024 | 09-23 | Norman/Brookhaven |
| Joe Metcalf | Tulsa OK | 15:09 | 15:09 | 85.15 | 28 | M2529 | 04-92 | Tulsa/Corp. Challenge |
| Joe Metcalf | Tulsa OK | 14:53 | 14:51 | 86.90 | 30 | M3034 | 07-94 | Tulsa/Mohawk/TRC |
| Dustin Mettler | Duncan OK | 15:32 | 15:29 | 83.37 | 21 | M2024 | 08-11 | OKC/Midnight Streak |
| Rowen Meyers | Tulsa OK | 18:07 | 15:43 | 82.06 | 12 | M0112 | 03-19 | Tulsa/St. Patricks |
| Rowen Meyers | Tulsa OK | 17:25 | 15:50 | 81.44 | 14 | M1315 | 03-22 | Tulsa/St. Patricks |
| Taylor Miles | Edmond OK | 17:18 | 16:02 | 80.44 | 15 | M1315 | 03-98 | Stillwater/Scholastic |
| Bryan Miller | Talihina OK | 18:16 | 15:44 | 82.03 | 52 | M5054 | 10-08 | Honobia/Big Foot |
| Bryan Miller | Moyers OK | 18:38 | 15:39 | 82.47 | 55 | M5559 | 10-11 | Talihina/Diabetes Run |
| Bryan Miller | Moyers OK | 20:59 | 16:53 | 76.41 | 60 | M6064 | 09-17 | Tuskahoma/Choc. Nat. |
| Larry Miller | Tulsa OK | 18:41 | 16:05 | 80.20 | 52 | M5054 | 07-85 | Tulsa/Mohawk/TRC |
| Larry Miller | Tulsa OK | 19:26 | 16:11 | 79.76 | 56 | M5559 | 09-89 | Tulsa/Night Tracks |
| Nate Miller | Tulsa OK | 16:19 | 15:08 | 85.29 | 15 | M1315 | 04-88 | Tulsa/Golden Palace |
| Nate Miller | Tulsa OK | 15:40 | 15:09 | 85.11 | 18 | M1619 | 01-92 | Tulsa/Resolution Run |
| Nate Miller | Tulsa OK | 15:25 | 15:16 | 84.54 | 20 | M2024 | 08-93 | Tulsa/Night Light |
| Steven Miller | Stillwater OK | 18:58 | 16:28 | 78.38 | 51 | M5054 | 07-10 | Stroud/Mid Summer |
| Tony Miller | Lewisville TX | 15:44 | 15:44 | 81.99 | 22 | M2024 | 04-91 | OKC/Oklahoma Cup |
| John Mills | Sapulpa OK | 17:20 | 15:46 | 81.83 | 14 | M1315 | 11-88 | Tulsa/Night Light |
| Dave Minier | Wyoming MI | 19:34 | 16:26 | 78.53 | 55 | M5559 | 04-04 | McAlester/Ryans Run |
| Jay Minor | Owasso OK | 17:26 | 16:00 | 80.69 | 44 | M4044 | 07-86 | Collinsville/Firecrkr |
| Jay Minor | Owasso OK | 17:20 | 15:39 | 82.40 | 46 | M4549 | 04-88 | Tulsa/Corp. Challenge |
| Jay Minor | Tulsa OK | 22:28 | 17:17 | 74.63 | 65 | M6569 | 03-07 | Tulsa/Wish Lemons |
| Phil Minton | Pittsburg KS | 15:34 | 15:34 | 82.87 | 24 | M2024 | 07-85 | Tulsa/Mohawk/TRC |
| Mark Misch | Bolivar MO | 15:22 | 15:22 | 83.95 | 28 | M2529 | 03-01 | Tulsa/Schlotzskys |
| Kevin Mitchell | Moore OK | 15:08 | 15:08 | 85.24 | 27 | M2529 | 11-89 | Tulsa/Night Light |
| Kevin Mitchell | Fayetteville AR | 14:50 | 14:46 | 87.42 | 31 | M3034 | 05-93 | Tulsa/Pacificare Run |

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| Kevin Mitchell | Fayetteville AR | X | 15:04 | 14:57 | 86.28 | 32 | M3034 | 03-94 | Tulsa/C. Mitchell's |
| Kevin Mitchell | West Fork AR | | 15:32 | 15:07 | 85.41 | 36 | M3539 | 07-98 | Tulsa/Mohawk/TRC |
| Matt Mitchell | Fayetteville AR | | 14:57 | 14:57 | 86.29 | 23 | M2024 | 03-94 | Claremore Challenge |
| Richard Mitchell | Tulsa OK | | 20:47 | 16:35 | 77.87 | 61 | M6064 | 11-89 | Tulsa/Night Light |
| Richard Mitchell | Tulsa OK | | 21:45 | 16:44 | 77.09 | 65 | M6569 | 03-94 | Tulsa/Wing Ding |
| Richard Mitchell | Tulsa OK | | 23:54 | 17:30 | 73.78 | 70 | M7074 | 05-99 | Tulsa/Woody's |
| Teddy Mitchell | Fayetteville AR | | 14:27 | 14:27 | 89.27 | 24 | M2024 | 03-96 | Tulsa/Schlotzskys |
| Teddy Mitchell | Fayetteville AR | | 14:47 | 14:47 | 87.26 | 25 | M2529 | 05-97 | Tulsa/Woody's |
| Joseph Mitro | Mustang OK | | 17:06 | 16:03 | 80.41 | 41 | M4044 | 11-13 | OKC/Turkey Tracks |
| Taylor Monaghan | Tulsa OK | | 17:22 | 16:06 | 80.13 | 15 | M1315 | 08-06 | Tulsa/Riverside 5000 |
| David Monk | Waco TX | | 15:23 | 15:04 | 85.70 | 19 | M1619 | 11-93 | Tulsa/M. Houghton |
| Brandon Moore | Mena AR | | 17:38 | 16:21 | 78.92 | 15 | M1315 | 10-98 | Sallisaw/Hospice Run |
| Lynn Moore | Tulsa OK | | 17:56 | 16:12 | 79.65 | 46 | M4549 | 10-91 | Tulsa/Indian Summer |
| Lynn Moore | Tulsa OK | | 19:38 | 16:29 | 78.27 | 55 | M5559 | 04-00 | Tulsa/Grace Race |
| Brock Moreaux | Norman OK | | 15:11 | 15:11 | 84.96 | 24 | M2024 | 09-16 | Norman/Brookhaven |
| Matt Morgan | Melbourne AU | | 15:26 | 15:07 | 85.42 | 19 | M1619 | 10-92 | Stillwater/Juke Joint |
| James Morrissey | Stillwater OK | | 14:49 | 14:46 | 87.40 | 21 | M2024 | 03-94 | Tulsa/C. Mitchell's |
| Duane Morrow | Hoschton GA | | 18:04 | 15:41 | 82.29 | 51 | M5054 | 11-18 | Tulsa/Route 66 |
| Jack Morrow | Tulsa OK | | 19:26 | 16:24 | 78.73 | 11 | M0112 | 04-00 | Tulsa/Grace Race |
| Jack Morrow | Tulsa OK | | 16:58 | 15:44 | 82.02 | 15 | M1315 | 05-05 | Tulsa/Full Moon |
| Jack Morrow | Tulsa OK | | 15:40 | 15:40 | 82.34 | 22 | M2024 | 12-11 | Tulsa/Jingle Bell |
| John Morrow | Tulsa OK | | 22:44 | 17:20 | 74.49 | 66 | M6569 | 08-22 | Tulsa/Riverside 5000 |
| Garrett Morton | Broken Arrow OK | | 17:14 | 15:59 | 80.75 | 15 | M1315 | 07-12 | Tulsa/Firecracker |
| Nate Moseley | Tulsa OK | | 17:16 | 16:00 | 80.60 | 15 | M1315 | 09-00 | Tulsa/Race for Cure |
| Mike Moucka | Shawnee OK | | 17:28 | 16:16 | 79.29 | 42 | M4044 | 07-99 | Shawnee/St. Gregory's |
| Taylor Moulton | Tulsa OK | | 17:18 | 16:02 | 80.44 | 15 | M1315 | 09-08 | Tulsa/Race for Cure |
| Mark Muggleton | Fayetteville AR | | 14:56 | 14:47 | 87.28 | 20 | M2024 | 09-77 | Tulsa/Mohawk/TRC |
| Daniel Muiz | Fayetteville AR | | 15:07 | 14:48 | 87.21 | 19 | M1619 | 12-89 | Tulsa/Jingle Bell |
| Charles Mulinga | Fayetteville AR | | 16:56 | 16:56 | 76.18 | 23 | M2024 | 09-04 | Norman/Brookhaven |
| Charles Mulinga | Fayetteville AR | X | 14:12 | 13:54 | 92.84 | 35 | M3539 | 09-98 | Norman/Brookhaven |
| Charles Mulinga | Fayetteville AR | X | 14:33 | 14:04 | 91.75 | 37 | M3539 | 08-00 | Tulsa/Night Light |
| Eddie Mulkey | Tulsa OK | | 16:49 | 15:54 | 81.17 | 40 | M4044 | 04-98 | Tulsa/Corp. Challenge |
| James Mullins | Fort Smith AR | | 21:48 | 16:28 | 78.36 | 67 | M6569 | 02-92 | Glenpool/Spaulding |
| Danny Munz | Richmond KY | | 14:52 | 14:52 | 86.77 | 25 | M2529 | 07-96 | Tulsa/Sickle Cell |
| Luke Murphy | Tulsa OK | | 16:37 | 15:24 | 83.75 | 15 | M1315 | 10-15 | Tulsa Run |
| Luke Murphy | Tulsa OK | | 15:27 | 15:08 | 85.33 | 19 | M1619 | 08-19 | Tulsa/Riverside 5000 |
| Sean Murphy | Norman OK | | 18:18 | 15:53 | 81.24 | 12 | M0912 | 10-87 | MWC/Raider Fall Run |
| Sean Murphy | Norman OK | | 16:44 | 15:31 | 83.17 | 15 | M1315 | 06-90 | Lindsay/Run Around |

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|---------------------|------------------|---|-------|-------|-------|----|-------|-------|-----------------------|
| Timmie Murphy | Albuquerque OK | | 19:42 | 19:03 | 67.68 | 18 | M1619 | 01-03 | Edmond/Balto Run |
| Alick Musukuma | Tulsa OK | | 16:38 | 15:44 | 82.06 | 40 | M4044 | 06-01 | Tulsa/Full Moon |
| Daniel Mutai | Stillwater OK | | 15:12 | 15:12 | 84.87 | 26 | M2529 | 02-96 | Broken Arrow/S. Heart |
| Daniel Mutai | Stillwater OK | | 15:54 | 15:02 | 85.85 | 40 | M4044 | 10-10 | Norman/Brookhaven |
| Daniel Mutai | Muskogee OK | | 17:19 | 15:46 | 81.91 | 45 | M4549 | 09-15 | Tahlequah/Cher. Hol. |
| Enoch Nadler | Dallas TX | | 14:59 | 14:59 | 86.10 | 28 | M2529 | 08-13 | Norman/Brookhaven |
| Scott Nagelkerke | Gunnison CO | | 15:12 | 15:12 | 84.87 | 23 | M2024 | 09-04 | Norman/Brookhaven |
| Nicodemus Naimodu | Abilene TX | | 14:57 | 14:57 | 86.29 | 24 | M2024 | 05-08 | Bristow/Wildflower |
| Bob Nale | Sapulpa OK | | 18:43 | 16:15 | 79.43 | 51 | M5054 | 03-85 | Tulsa/Mohawk/TRC |
| Hewlett Nash | Tulsa OK | | 17:03 | 15:38 | 82.50 | 44 | M4044 | 08-84 | Tulsa/Mohawk/TRC |
| Hewlett Nash | Tulsa OK | | 17:54 | 16:10 | 79.80 | 46 | M4549 | 07-87 | Tulsa/Mohawk/TRC |
| Hewlett Nash | Tulsa OK | | 18:38 | 15:47 | 81.75 | 54 | M5054 | 08-94 | Tulsa/Night Light |
| Stuart Nash | Stillwater OK | | 15:23 | 15:23 | 83.86 | 22 | M2024 | 12-90 | Tulsa/Jingle Bell |
| Mike Nathman | Tulsa OK | | 19:42 | 17:06 | 75.47 | 12 | M0912 | 10-82 | Tulsa/Mohawk/TRC |
| Karlton Naylor | Fayetteville AR | | 17:29 | 15:03 | 85.70 | 52 | M5054 | 07-89 | Tulsa/Mohawk/TRC |
| Mark Nelson | Oklahoma City OK | | 17:06 | 15:51 | 81.38 | 15 | M1315 | 07-05 | Shawnee/St. Gregory's |
| Ray Nelson | Benton LA | | 24:11 | 17:42 | 72.92 | 70 | M7074 | 09-06 | Stillwater/Juke Joint |
| Eliud Ngetich | Santa Fe NM | X | 14:06 | 14:06 | 91.49 | 22 | M2024 | 09-16 | Norman/Brookhaven |
| Nicodemus Ngetish | El Paso TX | | 15:05 | 15:05 | 85.53 | 27 | M2529 | 08-10 | Tulsa/Riverside 5000 |
| George Nicholas | Anderson SC | | 14:37 | 14:37 | 88.25 | 25 | M2529 | 03-89 | Tulsa/Golden Palace |
| Christian Nicolson | Stillwater OK | | 14:26 | 14:26 | 89.38 | 24 | M2024 | 02-98 | Tulsa/Sweetheart |
| Jim Niederberger | Tulsa OK | | 15:16 | 15:16 | 84.50 | 22 | M2024 | 04-88 | Tulsa/Golden Palace |
| Tjaart Von Nieuwenh | Wichita KS | | 14:27 | 14:27 | 89.27 | 24 | M2024 | 12-90 | Tulsa/Jingle Bell |
| Tjaart Von Niewenhu | Wichita KS | | 14:55 | 14:55 | 86.48 | 26 | M2529 | 03-93 | Claremore Challenge |
| Conrad Nightingale | San Antonio TX | | 15:25 | 15:25 | 83.68 | 26 | M2529 | 04-72 | Tulsa/Mohawk/TRC |
| Layne Nixon | Fayetteville AR | | 15:37 | 15:37 | 82.60 | 23 | M2024 | 08-13 | Tulsa/Riverside 5000 |
| Geoffrey Njonjo | Oklahoma City OK | | 15:09 | 14:59 | 86.14 | 33 | M3034 | 09-15 | Norman/Brookhaven |
| Terrance Nofire | Stilwell OK | | 18:08 | 15:44 | 81.98 | 12 | M0112 | 04-03 | Roland/Ranger Run |
| Terrance Nofire | Stilwell OK | | 17:37 | 15:41 | 82.31 | 13 | M1315 | 05-10 | Stilwell/Berries |
| Andy Norman | Tulsa OK | | 15:11 | 15:08 | 85.29 | 21 | M2024 | 08-02 | Tulsa/SandRun |
| Craig Nowak | Cypress TX | | 14:50 | 14:50 | 86.97 | 23 | M2024 | 08-17 | Tulsa/Riverside 5000 |
| Christopher O'Hare | Tulsa OK | | 14:48 | 14:48 | 87.16 | 28 | M2529 | 11-18 | Tulsa/Turkey Trot |
| Peter O'Neil | Tulsa OK | | 17:25 | 16:13 | 79.52 | 42 | M4044 | 09-88 | Glenpool/Roses |
| Jay Ogle | Stillwater OK | | 17:32 | 16:15 | 79.37 | 15 | M1315 | 08-13 | Tulsa/Riverside 5000 |
| John Ogle | Enid OK | | 18:44 | 16:16 | 79.36 | 51 | M5054 | 10-89 | Enid/Chisholm Trail |
| Laddie Ondracek | Tulsa OK | | 24:32 | 17:58 | 71.88 | 70 | M7074 | 09-98 | Tulsa/Sickle Cell |
| Pete Orban | Claremore OK | | 16:20 | 15:13 | 84.80 | 42 | M4044 | 05-98 | Tulsa/Woody's |
| Pete Orban | Claremore OK | X | 16:04 | 14:38 | 88.28 | 45 | M4549 | 06-01 | Tulsa/Full Moon |

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| Pete Orban | Claremore OK | X | 16:14 | 14:33 | 88.71 | 47 | M4549 | 06-03 | Tulsa/Twilight Run |
| Pete Orban | Claremore OK | X | 16:17 | 14:29 | 89.15 | 48 | M4549 | 06-04 | Tulsa/Full Moon |
| Pete Orban | Claremore OK | X | 16:17 | 14:22 | 89.87 | 49 | M4549 | 06-05 | Tulsa/Kidney Klassic |
| Pete Orban | Claremore OK | X | 16:24 | 14:21 | 89.94 | 50 | M5054 | 08-05 | Norman/Brookhaven |
| Pete Orban | Claremore OK | X | 16:25 | 14:15 | 90.56 | 51 | M5054 | 10-06 | Tulsa/Red Ribbon |
| Pete Orban | Claremore OK | X | 16:38 | 14:19 | 90.08 | 52 | M5054 | 07-08 | Tulsa/Mohawk/TRC |
| Pete Orban | Claremore OK | | 17:06 | 14:22 | 89.86 | 55 | M5559 | 04-11 | Tulsa/Scrub Run |
| Pete Orban | Claremore OK | X | 17:08 | 14:16 | 90.47 | 56 | M5559 | 03-12 | Tulsa/Parkside Run |
| Pete Orban | Claremore OK | X | 17:47 | 14:26 | 89.41 | 59 | M5559 | 09-14 | Pyror/Fall Fever |
| Pete Orban | Claremore OK | | 18:40 | 14:38 | 88.21 | 63 | M6064 | 03-19 | Tulsa/St. Patricks |
| Pete Orban | Sapulpa OK | | 19:14 | 14:48 | 87.17 | 65 | M6569 | 03-21 | Tulsa/St. Patricks |
| Bill Orthwein | Tulsa OK | | 15:33 | 15:33 | 82.96 | 22 | M2024 | 10-77 | Tulsa/Mohawk/TRC |
| Daare Osnes | Gainesville FL | | 15:53 | 15:01 | 85.94 | 40 | M4044 | 04-91 | Tulsa/Oklahoma Cup |
| Tim Owens | Fayetteville AR | | 15:30 | 15:28 | 83.44 | 30 | M3034 | 05-93 | Tulsa/Miracle Run |
| Tim Owens | Fayetteville AR | | 16:15 | 15:55 | 81.13 | 35 | M3539 | 05-98 | Stilwell/Berries |
| Tristan Owens | Oologah OK | | 16:40 | 15:27 | 83.50 | 15 | M1315 | 08-12 | Tulsa/Riverside 5000 |
| Greg Owings | Oklahoma City OK | | 15:31 | 15:24 | 83.78 | 32 | M3034 | 12-80 | Tulsa/Mohawk/TRC |
| Greg Owings | Norman OK | | 15:39 | 15:20 | 84.24 | 35 | M3539 | 04-83 | OKC/Fun & Fitness |
| Greg Owings | Norman OK | | 15:53 | 15:01 | 85.94 | 40 | M4044 | 10-88 | MWC/Raider Fall Run |
| Greg Owings | Norman OK | | 16:40 | 15:10 | 85.10 | 45 | M4549 | 09-93 | Norman/Brookhaven |
| Greg Owings | Norman OK | | 18:50 | 16:13 | 79.56 | 52 | M5054 | 09-00 | Norman/Brookhaven |
| Greg Owings | Norman OK | | 20:15 | 15:52 | 81.32 | 63 | M6064 | 10-11 | Stillwater/Juke Joint |
| Greg Owings | Norman OK | | 20:54 | 16:05 | 80.22 | 65 | M6569 | 08-13 | Norman/Brookhaven |
| Mitchel Ownbey | Yukon OK | | 16:35 | 15:22 | 83.92 | 15 | M1315 | 08-04 | Norman/Ike Hike |
| Juan Pacheco | Ada OK | | 15:11 | 15:11 | 84.96 | 25 | M2529 | 09-16 | Norman/Brookhaven |
| Sergio Padron | Madill OK | | 19:52 | 17:15 | 74.83 | 12 | M0112 | 10-06 | Madill/Reuel Little |
| Andrew Pannell | Owasso OK | | 18:49 | 16:28 | 78.39 | 50 | M5054 | 07-83 | Tulsa/Mohawk/TRC |
| Nimish Parekh | Oklahoma City OK | | 19:50 | 17:13 | 74.96 | 12 | M0112 | 10-95 | Watonga/Rat Race |
| Heston Parker | Blackwell OK | | 17:10 | 14:54 | 86.60 | 12 | M0112 | 04-97 | Bartlesville/Gusher |
| Heston Parker | Blackwell OK | | 16:55 | 15:03 | 85.71 | 13 | M1315 | 03-98 | Stillwater/Scholastic |
| Johnny Parker | Blackwell OK | | 18:44 | 16:24 | 78.74 | 50 | M5054 | 06-97 | Tulsa/Sooner Games |
| N. R. Parker | Tulsa OK | | 18:59 | 15:57 | 80.95 | 55 | M5559 | 04-00 | Tulsa/Corp. Challenge |
| Ron Parks | Tulsa OK | | 15:07 | 15:07 | 85.34 | 23 | M2024 | 03-85 | Tulsa/Amer. Airlines |
| Ron Parks | Jenks OK | | 14:37 | 14:37 | 88.25 | 27 | M2529 | 11-88 | Tulsa/Night Light |
| Ron Parks | Jenks OK | | 15:06 | 15:02 | 85.87 | 31 | M3034 | 10-92 | Stillwater/Juke Joint |
| Ron Parks | Jenks OK | | 14:58 | 14:39 | 88.08 | 35 | M3539 | 05-97 | Tulsa/Woody's |
| Ron Parks | Tulsa OK | | 15:39 | 14:41 | 87.86 | 41 | M4044 | 09-02 | Norman/Brookhaven |
| Ron Parks | Tulsa OK | | 16:23 | 14:55 | 86.57 | 45 | M4549 | 08-06 | Tulsa/Riverside 5000 |

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| Ron Parks | Tulsa OK | 18:12 | 15:56 | 81.04 | 50 | M5054 | 03-12 | Tulsa/St. Patricks |
| Paul Paschal | Ponca City OK | 16:51 | 15:37 | 82.59 | 15 | M1315 | 10-95 | Stillwater/Juke Joint |
| John Pavlicek | Broken Arrow OK | 19:45 | 16:19 | 79.16 | 57 | M5559 | 04-17 | Tulsa/Cinco de Mayo |
| Matt Pearson | Siloam Springs A | 17:56 | 15:26 | 83.55 | 52 | M5054 | 07-15 | Tulsa/Firecracker |
| Lucas Peiser | Fayetteville AR | 17:05 | 15:32 | 83.02 | 14 | M1315 | 05-07 | Tulsa/Full Moon |
| Joel Pelia | Tulsa OK | 17:25 | 16:13 | 79.52 | 42 | M4044 | 07-15 | Tulsa/Firecracker |
| Matthew Pelier | Carmen OK | 19:28 | 16:54 | 76.37 | 12 | M0112 | 10-93 | Stillwater/Juke Joint |
| Jim Peller | Tahlequah OK | 18:02 | 15:09 | 85.21 | 55 | M5559 | 08-92 | Tulsa/Akdar Run |
| Trevor Pendergraft | Owasso OK | 17:24 | 16:08 | 79.98 | 15 | M1315 | 08-16 | Tulsa/Riverside 5000 |
| Ansel PendleyGriffi | Norman OK | 15:44 | 15:02 | 85.81 | 17 | M1619 | 09-17 | Norman/Brookhaven |
| Stu Penn | Fayetteville AR | 15:36 | 15:06 | 85.47 | 18 | M1619 | 01-74 | Tulsa/Mohawk/TRC |
| Zack Penrod | Norman OK | 15:43 | 15:43 | 82.08 | 25 | M2529 | 09-22 | Norman/Brookhaven |
| Adam Perkins | Fayetteville AR | 14:51 | 14:51 | 86.87 | 24 | M2024 | 08-08 | Tulsa/Riverside 5000 |
| Wes Perkins | Tulsa OK | 17:00 | 16:04 | 80.29 | 40 | M4044 | 12-91 | Tulsa/Corp. Challenge |
| Ken Peterson | Bethany OK | 20:34 | 16:33 | 77.96 | 60 | M6064 | 05-92 | OKC/Andy Payne |
| Mike Peterson | Oklahoma City OK | 17:56 | 16:20 | 79.09 | 45 | M4549 | 03-90 | OKC/First Run |
| Matt Pile | Tulsa OK | 16:29 | 15:49 | 81.60 | 38 | M3539 | 08-94 | Tulsa/Night Light |
| Matt Pile | Tulsa OK | 16:28 | 15:27 | 83.50 | 41 | M4044 | 04-96 | Tulsa/Grace Race |
| Matt Pile | Tulsa OK | 16:53 | 15:22 | 84.01 | 45 | M4549 | 10-00 | Broken Arrow/Missions |
| Matt Pile | Tulsa OK | 17:59 | 15:44 | 82.02 | 50 | M5054 | 05-05 | Tulsa/Full Moon |
| Jesse Pilgrim | Tulsa OK | 18:18 | 15:45 | 81.88 | 52 | M5054 | 08-07 | Tulsa/Route 66 |
| Jessie Pilgrim | Tulsa OK | 19:41 | 16:15 | 79.42 | 57 | M5559 | 04-15 | Tulsa/Scrub Run |
| Jonathan Pillow | Tulsa OK | 16:43 | 15:30 | 83.25 | 15 | M1315 | 11-91 | Tulsa/M. Houghton |
| Jonathan Pillow | Edmond OK | 15:38 | 15:28 | 83.47 | 33 | M3034 | 10-09 | OKC/Race for Cure |
| Jonathan Pillow | Edmond OK | 15:36 | 15:05 | 85.58 | 37 | M3539 | 08-13 | Norman/Brookhaven |
| Jonathon Pillow | Edmond OK | 16:38 | 15:37 | 82.67 | 41 | M4044 | 09-17 | Norman/Brookhaven |
| Wilson Pipestem | Stillwater OK | 15:41 | 15:22 | 84.06 | 19 | M1619 | 03-89 | Tulsa/Golden Palace |
| Bill Pitchkolan | Edmond OK | 15:40 | 15:30 | 83.19 | 20 | M2024 | 08-84 | OKC/Overholsher/OKCRC |
| Cliff Pittman | Broken Arrow OK | 19:16 | 16:43 | 77.16 | 12 | M0112 | 03-97 | Tulsa/Relief Run |
| Allen Pitzer | Fayetteville AR | 15:28 | 15:19 | 84.27 | 20 | M2024 | 11-90 | Tulsa/Okey 5 km |
| Cameron Plate | Tulsa OK | 22:39 | 17:10 | 75.13 | 8 | M0112 | 04-10 | Broken Arrow/Grace |
| Mark Plucinski | Joplin MO | 18:36 | 16:01 | 80.56 | 52 | M5054 | 08-07 | Tulsa/Riverside 5000 |
| Colton Poe | Owasso OK | 19:29 | 16:55 | 76.31 | 12 | M0112 | 03-13 | Tulsa/St. Patricks |
| Jim Pogue | Sand Springs OK | 18:47 | 16:26 | 78.53 | 50 | M5054 | 07-89 | Tulsa/Mohawk/TRC |
| Karl Polivka | Norman OK | 15:43 | 15:43 | 82.08 | 24 | M2024 | 06-95 | Tulsa/Break Barriers |
| Karl Polivka | Chicago IL | 15:27 | 15:25 | 83.71 | 30 | M3034 | 03-01 | Tulsa/Schlotzskys |
| Jamie Pollard | St. Louis MO | 15:32 | 15:32 | 83.16 | 29 | M2529 | 05-94 | Bristow/Wildflower |
| Danny Ponder | Norman OK | 17:14 | 16:18 | 79.21 | 40 | M4044 | 04-99 | Lexington/89er |

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| Danny Ponder | Norman OK | 17:54 | 16:10 | 79.80 | 46 | M4549 | 09-05 | Norman/Brookhaven |
| Danny Ponder | Norman OK | 18:55 | 16:25 | 78.59 | 51 | M5054 | 09-10 | Norman/Brookhaven |
| Danny Ponder | Oklahoma City OK | 19:40 | 16:14 | 79.49 | 57 | M5559 | 09-16 | Norman/Brookhaven |
| Austin Poplin | Pryor OK | 19:59 | 17:21 | 74.39 | 12 | M0912 | 09-89 | Tulsa/Night Tracks |
| Ervin Postier | Tulsa OK | 19:20 | 16:14 | 79.48 | 55 | M5559 | 11-81 | Tulsa/Mohawk/TRC |
| Don Potter | Conway AR | 20:51 | 16:03 | 80.42 | 65 | M6569 | 09-02 | OKC/Race for Cure |
| Jordan Powell | Edmond OK | 15:38 | 15:38 | 82.52 | 22 | M2024 | 12-09 | Edmond/Holiday Hustle |
| Terry Powell | Shawnee OK | 18:45 | 16:09 | 79.91 | 52 | M5054 | 07-96 | Shawnee/St. Gregory's |
| Andy Price | Frederick OK | 15:41 | 15:22 | 84.06 | 19 | M1619 | 08-84 | OKC/Overholser/OKCRC |
| Andy Price | Stillwater OK | 15:25 | 15:16 | 84.54 | 20 | M2024 | 12-84 | Tulsa/Mohawk/TRC |
| Phil Price | Tulsa OK | 14:55 | 14:55 | 86.48 | 26 | M2529 | 06-01 | Tulsa/Night Light |
| Phillip Price | Fayetteville AR | 15:41 | 15:22 | 84.06 | 19 | M1619 | 07-94 | Tulsa/Mohawk/TRC |
| Mindaugas Pukstas | Stillwater OK | 14:14 | 14:14 | 90.63 | 28 | M2529 | 09-06 | Norman/Brookhaven |
| Mindaugas Pukstas | Stillwater OK | 14:37 | 14:35 | 88.48 | 30 | M3034 | 08-08 | Tulsa/Riverside 5000 |
| Rokas Pukstas | Stillwater OK | 20:41 | 15:00 | 86.06 | 7 | M0112 | 03-12 | Tulsa/St. Patricks |
| Brooks Queen | Tulsa OK | 17:10 | 15:59 | 80.68 | 42 | M4044 | 06-94 | Tulsa/Full Moon |
| Kent Rader | Mangum OK | 16:23 | 16:03 | 80.47 | 35 | M3539 | 05-94 | Tulsa/Miracle Run |
| Clifton Railsback | Bartlesville OK | 17:38 | 16:21 | 78.92 | 15 | M1315 | 12=89 | Tulsa/Jingle Bell |
| Clifton Railsback | Bartlesville OK | 15:43 | 15:24 | 83.88 | 19 | M1619 | 01943 | Tulsa/Resolution Run |
| Jerry Rainey | Stillwater OK | 15:29 | 15:29 | 83.31 | 22 | M2024 | 08-97 | Tulsa/Night Light |
| Vesko Rajouie | Plano TX | 16:43 | 15:41 | 82.25 | 41 | M4044 | 08-14 | Norman/Brookhaven |
| Randy Randolph | Tulsa OK | 17:24 | 16:12 | 79.60 | 42 | M4044 | 04-95 | Tulsa/Corp. Challenge |
| Erin Rankin | Oklahoma City OK | 14:53 | 14:53 | 86.67 | 25 | M2529 | 12-83 | Tulsa/Mohawk/TRC |
| Curt Ransom | Oklahoma City OK | 18:53 | 15:36 | 82.79 | 57 | M5559 | 03-96 | Tulsa/Schlotzskys |
| Curt Ransom | Oklahoma City OK | 20:11 | 16:14 | 79.44 | 60 | M6064 | 02-99 | Tulsa/Relief Run |
| Scott Rantall | Stillwater OK | 15:29 | 15:29 | 83.31 | 23 | M2024 | 12-04 | Tulsa/Jingle Bell |
| Ralph Ratcliff | Oklahoma City OK | 20:04 | 16:09 | 79.90 | 60 | M6064 | 07-83 | Tulsa/Mohawk/TRC |
| Ralph Ratcliff | Oklahoma City OK | 22:05 | 16:41 | 77.36 | 67 | M6569 | 01-90 | OKC/Chili Day |
| Ralph Ratcliff | Oklahoma City OK | 23:25 | 16:56 | 76.23 | 71 | M7074 | 06-93 | OKC/Sooner Games |
| Gil Ratliff | Tulsa OK | 16:40 | 16:13 | 79.60 | 36 | M3539 | 04-91 | Tulsa/Corp. Challenge |
| Marv Reath | Bixby OK | 19:17 | 16:12 | 79.69 | 55 | M5559 | 08-07 | Tulsa/Route 66 |
| Jack Rector | Oklahoma City OK | 22:12 | 16:26 | 78.53 | 69 | M6569 | 07-94 | OKC/Torch Run |
| Jack Rector | Oklahoma City OK | 22:49 | 16:42 | 77.28 | 70 | M7074 | 09-95 | OKC/Adjutant General |
| Jack Rector | Oklahoma City OK | 26:16 | 17:34 | 73.41 | 76 | M7579 | 09-01 | OKC/Race for Cure |
| Jack Rector | Oklahoma City OK | 31:55 | 19:36 | 65.85 | 80 | M8084 | 05-05 | OKC/Gusher Gallop |
| Tom Redding | Norman OK | 15:30 | 15:16 | 84.62 | 34 | M3034 | 12-96 | OKC/Kris Kringle |
| Tom Redding | Norman OK | 15:22 | 14:51 | 86.88 | 37 | M3539 | 07-98 | Shawnee/St. Gregory's |
| Mark Reeder | Norman OK | 16:40 | 16:13 | 79.60 | 36 | M3539 | 09-96 | OKC/Race for Cure |

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| Jeff Reid | Tulsa OK | | 17:42 | 16:25 | 78.63 | 15 | M1315 | 06-93 | Tulsa/Full Moon |
| Jonathan Reid | Enid OK | X | 20:27 | 14:50 | 87.04 | 7 | M0112 | 09-97 | Enid/Great Land Run |
| Randy Reina | Fayetteville AR | | 14:38 | 14:29 | 89.07 | 20 | M2024 | 03-80 | Tulsa/Mohawk/TRC |
| Marv Reith | Bixby OK | | 19:00 | 15:49 | 81.58 | 56 | M5559 | 10-11 | Tulsa/Route 66 |
| Marv Reith | Bixby OK | | 19:26 | 15:38 | 82.50 | 60 | M6064 | 03-15 | Jenks/Run to Well |
| Marv Reith | Bixby OK | | 21:02 | 16:02 | 80.51 | 66 | M6569 | 07-21 | Tulsa/Firecracker |
| Larry Ressler | Arcadia OK | | 17:56 | 15:34 | 82.90 | 12 | M0112 | 10-08 | OKC/Race with Stars |
| Larry Ressler | Arcadia OK | | 16:30 | 15:00 | 85.96 | 14 | M1315 | 04-11 | Stillwater/Remember |
| George Reynolds | Claremore OK | | 17:15 | 16:00 | 80.68 | 15 | M1315 | 07-86 | Tulsa/Mohawk/TRC |
| Chris Rice | Tulsa OK | | 16:37 | 16:10 | 79.84 | 36 | M3539 | 03-19 | Tulsa/St. Patricks |
| Eric Richard | Tulsa OK | | 17:19 | 16:03 | 80.37 | 15 | M1315 | 07-90 | Tulsa/Mohawk Park/TRC |
| Bill Richardson | Stillwater OK | | 17:57 | 16:20 | 79.02 | 45 | M4549 | 09-05 | Perry/Cherokee Strip |
| Nicholas Richardson | Tulsa OK | | 22:08 | 16:47 | 76.88 | 8 | M0112 | 08-89 | Tulsa/Ski Club |
| Rick Richardson | Ozark AR | | 17:50 | 16:14 | 79.53 | 45 | M4549 | 05-90 | Stilwell/Berries |
| David Riden | Edmond OK | | 16:13 | 15:34 | 82.94 | 38 | M3539 | 08-13 | Norman/Brookhaven |
| Hunter Ridler | Siloam Springs A | | 25:13 | 16:13 | 79.64 | 78 | M7579 | 06-12 | Jay/Huckleberry |
| Steve Riley | Lawrence KS | | 17:24 | 15:21 | 84.10 | 49 | M4549 | 05-03 | Tulsa/Full Moon |
| Ryan Ripley | Tulsa OK | | 14:53 | 14:53 | 86.67 | 24 | M2024 | 08-08 | Tulsa/Riverside 5000 |
| Ryan Ripley | Tulsa OK | | 15:17 | 15:17 | 84.41 | 25 | M2529 | 05-09 | Tulsa/Full Moon |
| Charlie Ritchie | Tulsa OK | | 17:11 | 15:56 | 80.99 | 15 | M1315 | 11-22 | Tulsa/Route 66 |
| Alberto Rivas | Lawton OK | | 17:32 | 14:58 | 86.22 | 53 | M5054 | 09-93 | Duncan/Stampede |
| Alberto Rivas | Lawton OK | | 18:14 | 15:19 | 84.28 | 55 | M5559 | 04-95 | Norman/Resurrection |
| Alberto Rivas | Lawton OK | | 20:17 | 16:02 | 80.53 | 62 | M6064 | 05-02 | Chickasha/Lobster Day |
| Max Rivera | Claremore OK | | 18:03 | 15:48 | 81.72 | 50 | M5054 | 09-95 | Tulsa/Okla. Sen. Oly. |
| Tyler Roark | Broken Arrow OK | X | 17:36 | 14:51 | 86.93 | 11 | M0112 | 04-96 | Muskogee/Azalea |
| Tyler Roark | Tulsa OK | | 17:23 | 15:05 | 85.52 | 12 | M0112 | 05-97 | Tulsa/Woody's |
| Tyler Roark | Hutchinson KS | | 16:26 | 15:14 | 84.69 | 15 | M1315 | 05-99 | Tulsa/Full Moon |
| Tyler Roark | Hutchinson KS | | 15:58 | 15:38 | 82.57 | 19 | M1619 | 03-04 | Tulsa/St. Patrick's |
| Tyler Roark | Hutchinson KS | | 15:28 | 15:19 | 84.27 | 20 | M2024 | 08-04 | Tulsa/SandRun |
| Kendall Robbins | Owasso OK | | 21:51 | 16:34 | 77.88 | 8 | M0112 | 07-96 | Owasso/Race to Grad. |
| Kendall Robbins | Owasso OK | | 18:24 | 15:58 | 80.80 | 12 | M0112 | 11-01 | Tulsa/Turkey Trot |
| Kendall Robbins | Owasso OK | | 15:56 | 14:46 | 87.34 | 15 | M1315 | 11-04 | Tulsa/Turkey Trot |
| Kendall Robbins | Owasso OK | | 15:50 | 15:08 | 85.26 | 17 | M1619 | 08-06 | Tulsa/Riverside 5000 |
| Brian Roberds | Tulsa OK | | 15:40 | 15:40 | 82.34 | 22 | M2024 | 06-01 | Tulsa/Full Moon |
| Freddy Rodriguez | Clarksville TX | | 22:35 | 17:23 | 74.24 | 65 | M6569 | 09-04 | Tuskahoma/Choc. Nat. |
| Isai Rodriquez | Ringwood OK | X | 14:58 | 14:29 | 89.09 | 18 | M1619 | 08-16 | Tulsa/Riverside 5000 |
| Art Roepke | Tulsa OK | | 23:36 | 17:04 | 75.64 | 71 | M7074 | 04-99 | Tulsa/Grace Race |
| Arthur Roepke | Tulsa OK | | 21:57 | 16:35 | 77.83 | 67 | M6569 | 11-94 | Tulsa/M. Houghton |

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| Evan Rogers | Stillwater OK | | 17:10 | 15:55 | 81.07 | 15 | M1315 | 03-98 | Stillwater/Scholastic |
| Darrin Rohr | Tulsa OK | | 15:30 | 15:30 | 83.23 | 23 | M2024 | 07-88 | Tulsa/Mohawk/TRC |
| Darrin Rohr | Florence AL | | 15:41 | 15:41 | 82.25 | 26 | M2529 | 07-91 | Tulsa/Mohawk/TRC |
| Fernando Rojas | Norman OK | | 19:50 | 16:39 | 77.48 | 55 | M5559 | 09-97 | Norman/Brookhaven |
| Aron Rono | Santa Fe NM | X | 13:51 | 13:51 | 93.14 | 27 | M2529 | 09-10 | Norman/Brookhaven |
| Henry Rono | Albuquerque NM | X | 14:36 | 13:55 | 92.81 | 39 | M3539 | 12-91 | Tulsa/Jingle Bell |
| Henry Rono | Shiprock NM | | 16:23 | 15:23 | 83.93 | 41 | M4044 | 12-93 | Tulsa/Jingle Bell |
| Ryan Root | Tulsa OK | | 15:11 | 15:11 | 84.96 | 26 | M2529 | 08-18 | Tulsa/Riverside 5000 |
| Norman Roper | Norman OK | | 15:19 | 14:55 | 86.62 | 36 | M3539 | 08-93 | Tulsa/Night Light |
| Norman Roper | Norman OK | | 15:48 | 14:56 | 86.39 | 40 | M4044 | 05-98 | Tulsa/Woody's |
| Norman Roper | Oklahoma City OK | | 15:52 | 14:53 | 86.66 | 41 | M4044 | 05-99 | Tulsa/Woody's |
| Norman Roper | Arlington TX | | 17:10 | 15:16 | 84.56 | 48 | M4549 | 03-06 | Tulsa/St. Patricks |
| Norman Roper | Arlington TX | | 16:51 | 14:45 | 87.54 | 50 | M5054 | 10-27 | Norman/Monster Dash |
| Jonathan Roscinski | Norman OK | | 17:38 | 16:21 | 78.92 | 15 | M1315 | 09-96 | OKC/Race for Cure |
| Larry Rose | Stillwater OK | | 15:23 | 15:23 | 83.86 | 22 | M2024 | 11-71 | Tulsa/Mohawk/TRC |
| Larry Rose | Oklahoma City OK | | 15:38 | 15:38 | 82.62 | 29 | M2529 | 04-78 | Tulsa/Mohawk/TRC |
| Al Rosenberger | Stillwater OK | | 17:39 | 16:04 | 80.36 | 45 | M4549 | 10-95 | Stillwater/Juke Joint |
| Chris Roswell | Broken Arrow OK | | 17:10 | 15:55 | 81.07 | 15 | M1315 | 11-01 | Tulsa/Turkey Trot |
| Greg Rouault | Tulsa OK | | 15:10 | 15:10 | 85.06 | 24 | M2024 | 08-05 | Broken Arrow/Dog Days |
| Greg Rouault | Tulsa OK | | 14:39 | 14:39 | 88.06 | 26 | M2529 | 08-06 | Tulsa/Riverside 5000 |
| James Roundtree | Tulsa OK | | 17:28 | 15:17 | 84.45 | 50 | M5054 | 09-11 | Tulsa/Race for Cure |
| Richard Ruble | Siloam Springs A | | 19:32 | 16:00 | 80.72 | 58 | M5559 | 06-92 | Bixby/Green Corn |
| Richard Ruble | Siloam Springs A | | 22:51 | 17:16 | 74.76 | 67 | M6569 | 08-01 | Tahlequah/Cher. Hol. |
| Richard Ruble | Siloam Springs AR | | 24:57 | 17:48 | 72.48 | 72 | M7074 | 08-06 | Tahlequah/Ballon Run |
| Jason Ruffin | Pryor OK | | 17:18 | 16:02 | 80.44 | 15 | M1315 | 05-91 | Tulsa/Full Moon |
| Patrick Rupel | Edmond OK | | 18:06 | 15:04 | 85.64 | 56 | M5559 | 07-09 | OKC/Midnight Streak |
| Patrick Rupel | Edmond OK | | 18:20 | 14:37 | 88.27 | 61 | M6064 | 07-14 | OKC/Stars & Stripes |
| Chance Rush | Enid OK | | 15:41 | 15:22 | 84.06 | 19 | M1619 | 06-94 | OKC/Red Earth |
| Chance Rush | Enid OK | | 15:27 | 15:18 | 84.36 | 20 | M2024 | 11-94 | OKC/Wings |
| Jack Russell | Oklahoma City OK | | 17:02 | 15:30 | 83.27 | 14 | M1315 | 02-78 | Tulsa/Mohawk/TRC |
| Kipkiuhi Rutton | Norman OK | | 15:02 | 15:02 | 85.81 | 26 | M2529 | 09-12 | Norman/Brookhaven |
| Isbek Salinas | Madill OK | | 19:19 | 16:46 | 76.96 | 12 | M0112 | 10-02 | Madill/Reuel Little |
| Isbek Salinas | Madill OK | | 17:28 | 16:12 | 79.68 | 15 | M1315 | 10-05 | Madill/Reuel Little |
| Mario Salinas | Tulsa OK | | 17:20 | 15:17 | 84.42 | 49 | M4549 | 08-16 | Tulsa/Riverside 5000 |
| Stephen Samoei | El Paso TX | | 14:58 | 14:58 | 86.19 | 25 | M2529 | 08-08 | Norman/Brookhaven |
| David Sanders | Tulsa OK | | 15:55 | 15:00 | 86.07 | 16 | M1619 | 11-72 | Tulsa/Mohawk/TRC |
| Jose Santiago | Tulsa OK | | 15:34 | 15:34 | 82.87 | 28 | M2529 | 11-29 | Tulsa/M. Houghton |
| David Satre | Oklahoma City OK | X | 14:56 | 14:20 | 90.07 | 38 | M3539 | 05-15 | OKC/Oklahoma Strong |

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| Tammer Satterthwait | Norman OK | | 15:54 | 14:59 | 86.16 | 16 | M1619 | 09-10 | Norman/Brookhaven |
| Tanner Satterthwait | Norman OK | | 16:55 | 15:41 | 82.27 | 15 | M1315 | 09-09 | Norman/Brookhaven |
| Tanner Satterwhaite | Norman OK | | 15:47 | 15:05 | 85.53 | 17 | M1619 | 09-11 | Norman/Brookhaven |
| Jason Satwalekar | Edmond OK | | 18:52 | 16:23 | 78.80 | 12 | M0112 | 12-91 | OKC/Kris Kringle |
| Steven Sawyer | Ada OK | | 15:32 | 15:32 | 83.05 | 27 | M2529 | 05-09 | Chickasha/Lobster Day |
| John Schiefer | Salt Lake City O | | 15:21 | 15:21 | 84.04 | 24 | M2024 | 05-95 | Bristow/Wildflower |
| Cid Schlicher | Oklahoma City OK | | 19:40 | 16:23 | 78.81 | 56 | M5559 | 10-06 | Tulsa/Zoo Run |
| Mike Schmidt | Wichita KS | | 15:16 | 15:16 | 84.50 | 26 | M2529 | 11-88 | Tulsa/Night Light |
| Mike Schmidt | Wichita KS | | 17:27 | 16:30 | 78.22 | 40 | M4044 | 09-02 | Tulsa/Race for Cure |
| Brady Schmiedeberg | Edmond OK | | 15:40 | 15:21 | 84.15 | 19 | M1619 | 03-01 | Tulsa/Schlotzskys |
| Tyler Schmiedeberg | Edmond OK | | 17:07 | 15:52 | 81.31 | 15 | M1315 | 11-99 | Lawton/Frost Fanny |
| Tyler Schmiedeberg | Edmond OK | | 15:57 | 15:26 | 83.59 | 18 | M1619 | 05-03 | Tulsa/Full Moon |
| Peter Schouw | Shawnee OK | | 14:48 | 14:48 | 87.16 | 28 | M2529 | 03-93 | Claremore Challenge |
| Dan Schubert | Tulsa OK | | 14:59 | 14:59 | 86.10 | 24 | M2024 | 09-17 | Norman/Brookhaven |
| Dan Schubert | Stillwater OK | | 14:41 | 14:41 | 87.86 | 26 | M2529 | 08-19 | Norman/Brookhaven |
| Eric Schwab | Nowata OK | | 16:43 | 16:10 | 79.86 | 37 | M3539 | 07-03 | Tulsa/Mohawk/TRC |
| Kevin Schwab | Mustang OK | X | 18:26 | 15:04 | 85.62 | 10 | M0112 | 10-99 | Stillwater/Juke Joint |
| Kevin Schwab | Mustang OK | | 17:44 | 15:24 | 83.83 | 12 | M0112 | 11-01 | Tulsa/Turkey Trot |
| Kevin Schwab | Mustang OK | X | 16:41 | 14:51 | 86.91 | 13 | M1315 | 03-03 | OKC/Beacon on the Bay |
| Kevin Schwab | Mustang OK | X | 16:08 | 14:40 | 87.91 | 14 | M1315 | 01-04 | OKC/Chili Day |
| Kevin Schwab | Mustang OK | X | 15:45 | 14:36 | 88.36 | 15 | M1315 | 08-04 | Norman/Ike Hike |
| Kevin Schwab | Mustang OK | | 15:34 | 14:52 | 86.72 | 17 | M1619 | 10-06 | OKC/Race for Cure |
| Darryl Scroggins | Rogers AR | | 17:48 | 15:50 | 81.55 | 48 | M4549 | 10-98 | Sallisaw/Hospice Run |
| Darryl Scroggins | Rogers AR | | 18:10 | 15:54 | 81.19 | 50 | M5054 | 07-02 | Tulsa/Mohawk/TRC |
| Russell Sears | Edmond OK | | 16:01 | 14:55 | 86.47 | 42 | M4044 | 09-05 | Norman/Brookhaven |
| Russell Sears | Edmond OK | | 17:27 | 15:46 | 81.85 | 46 | M4549 | 10-08 | OKC/Race fo Cure |
| Steve Sselect | Clarion PA | | 15:58 | 15:38 | 82.57 | 19 | M1619 | 04-78 | Tulsa/Mohawk/TRC |
| Reggie Senegal | Fayetteville AR | | 14:53 | 14:53 | 86.67 | 26 | M2529 | 05-93 | Tulsa/Pacificare Run |
| John Sharp | Norman OK | | 14:40 | 14:40 | 88.07 | 29 | M2529 | 04-90 | OKC/Law Day |
| John Sharp | Norman OK | | 14:40 | 14:38 | 88.18 | 30 | M3034 | 12-90 | Tulsa/Jingle Bell |
| John Sharp | Norman OK | | 15:04 | 14:45 | 87.50 | 35 | M3539 | 04-96 | Tulsa/Grace Race |
| John Sharp | Norman OK | | 16:00 | 15:08 | 85.31 | 40 | M4044 | 03-01 | Tulsa/Schlotzskys |
| John Sharp | Norman OK | | 16:51 | 15:20 | 84.17 | 45 | M4549 | 09-06 | Norman/Brookhaven |
| Kevin Shelton-Smith | Bronx NY | | 18:10 | 15:46 | 81.83 | 51 | M5054 | 08-11 | OKC/Midnight Streak |
| Aaron Sherf | Norman OK | | 15:09 | 15:09 | 85.15 | 27 | M2529 | 08-17 | Tulsa/Riverside 5000 |
| Aaron Sherf | Norman OK | | 15:30 | 15:20 | 84.19 | 33 | M3034 | 09-23 | Norman/Brookhaven |
| Cody Sherrill | Sapulpa OK | | 19:35 | 17:00 | 75.92 | 12 | M0112 | 10-93 | Stillwater/Juke Joint |
| Paul Shimon | Winfield KS | | 16:38 | 15:58 | 80.86 | 38 | M3539 | 10-85 | Enid/Chisholm Trial |

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| Jim Shine | Juneau AK | 16:35 | 16:09 | 80.00 | 36 | M3539 | 07-87 | Tulsa/Mohawk/TRC |
| Don Short | Tulsa OK | 17:20 | 15:54 | 81.15 | 44 | M4044 | 04-91 | Tulsa/Corp. Challenge |
| Don Short | Tulsa OK | 17:34 | 16:00 | 80.74 | 45 | M4549 | 04-92 | Tulsa/Corp. Challenge |
| Max Short | Tulsa OK | 19:57 | 17:19 | 74.52 | 12 | M0112 | 09-07 | Tulsa/Race for Cure |
| Godfrey Siamusiye | Fayetteville AR | 15:06 | 14:56 | 86.42 | 33 | M3034 | 08-06 | Tulsa/Riverside 5000 |
| Godfrey Siamusiye | Fayetteville AR | 16:01 | 15:41 | 82.31 | 35 | M3539 | 06-08 | Jay Huckleberry |
| Ryan Siler | Tulsa OK | 15:09 | 15:09 | 85.15 | 22 | M2024 | 11-96 | Tulsa/Okey 5 km |
| Ryan Siler | Edmond OK | 15:40 | 15:02 | 85.85 | 38 | M3539 | 09-12 | Norman/Brookhaven |
| Peter Simmons | Jenks OK | 21:29 | 14:50 | 87.04 | 6 | M0112 | 03-12 | Jenks/Aquarium Run |
| Tracy Simmons | Stillwater OK | 15:42 | 15:32 | 83.02 | 20 | M2024 | 12-90 | Tulsa/Jingle Bell |
| Frankie Simon | Oklahoma City OK | 15:41 | 15:10 | 85.02 | 18 | M1619 | 08-92 | MWC/Y Twilight |
| Frankie Simon | Oklahoma City OK | 15:40 | 15:37 | 82.66 | 21 | M2024 | 09-95 | Norman/Brookhaven |
| Forrest Simpson | Shawnee OK | 17:15 | 15:42 | 82.22 | 45 | M4549 | 03-03 | Kingfisher/Wheat Belt |
| Forrest Simpson | Oklahoma City OK | 18:10 | 15:54 | 81.19 | 50 | M5054 | 05-07 | OKC/Gusher Gallop |
| Richard Sinner | Oklahoma City OK | 17:07 | 15:49 | 81.60 | 43 | M4044 | 04-89 | OKC/Law Day |
| Richard Sinner | Bethany OK | 17:10 | 15:30 | 83.20 | 46 | M4549 | 09-92 | Norman/Brookhaven |
| Galen Skinner | Broken Arrow OK | 19:52 | 16:33 | 78.02 | 56 | M5559 | 03-19 | Tulsa/St. Patricks |
| Mike Skinner | Fayetteville AR | 14:41 | 14:32 | 88.76 | 20 | M2024 | 11-88 | Tulsa/Night Light |
| Steve Skocik | Tulsa OK | 15:19 | 15:19 | 84.22 | 26 | M2529 | 04-88 | Tulsa/Golden Palace |
| Steve Skocik | Tulsa OK | 16:06 | 15:46 | 81.88 | 35 | M3539 | 09-96 | Tulsa/Night Tracks |
| Darin Slade | Norman OK | 15:44 | 15:44 | 81.99 | 26 | M2529 | 09-92 | Norman/Brookhaven |
| Stephen Slater | Tulsa OK | 19:56 | 17:18 | 74.58 | 12 | M0112 | 09-07 | Tulsa/Race for Cure |
| Chuck Sloan | Stillwater OK | 15:07 | 14:48 | 87.21 | 19 | M1619 | 02-96 | Tulsa/Run for Child. |
| Chuck Sloan | Stillwater OK | 15:04 | 15:04 | 85.62 | 23 | M2024 | 11-00 | Fairview/Boot Scoot |
| Chuck Sloan | Stillwater OK | 14:50 | 14:50 | 87.08 | 29 | M2529 | 08-06 | Tulsa/Riverside 5000 |
| Chuck Sloan | Oklahoma City OK | 15:33 | 15:31 | 83.17 | 30 | M3034 | 10-07 | OKC/Race for Cure |
| Chuck Sloan | Tulsa OK | 15:12 | 14:48 | 87.28 | 36 | M3539 | 08-13 | Tulsa/Riverside 5000 |
| Chuck Smead | Alamosa CO | 16:06 | 15:07 | 85.40 | 41 | M4044 | 05-93 | Tulsa/Field of Dreams |
| Bobby Smith | Winfield KS | 15:23 | 15:23 | 83.86 | 24 | M2024 | 10-89 | Stillwater/Juke Joint |
| Brian Smith | Norman OK | 15:41 | 15:31 | 83.10 | 20 | M2024 | 12-09 | OKC/Downtown December |
| Carson Smith | Tulsa OK | 17:38 | 16:02 | 80.44 | 14 | M1315 | 10-17 | Tulsa Run |
| Channing Smith | Tulsa OK | 16:58 | 15:44 | 82.02 | 15 | M1315 | 11-91 | Tulsa/Night Lights |
| Derek Smith | Tulsa OK | 17:39 | 16:22 | 78.85 | 15 | M1315 | 08-96 | Sapulpa/Bob Schmidt |
| Jim Smith | Oklahoma City OK | 19:19 | 15:00 | 86.02 | 64 | M6064 | 06-86 | Tulsa/Home Run |
| Jim Smith | Oklahoma City OK | 19:22 | 14:54 | 86.58 | 65 | M6569 | 07-87 | Tulsa/Mohawk/TRC |
| Jim Smith | Oklahoma City OK X | 19:52 | 15:09 | 85.23 | 66 | M6569 | 07-88 | Tulsa/Mohawk/TRC |
| Jim Smith | Oklahoma City OK | 21:29 | 15:44 | 82.08 | 70 | M7074 | 06-92 | Tulsa/Full Moon |
| Jim Smith | Oklahoma City OK | 21:39 | 15:40 | 82.45 | 71 | M7074 | 10-93 | OKC/Kris Kringle |

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| Jim Smith | Oklahoma City OK | 24:40 | 16:48 | 76.82 | 75 | M7579 | 04-97 | Norman/Resurrection |
| Ken Smith | Sand Springs OK | 18:36 | 15:53 | 81.27 | 53 | M5054 | 09-89 | Glenpool/Roses |
| Ken Smith | Sand Springs OK | 19:47 | 16:37 | 77.67 | 55 | M5559 | 03-92 | Claremore Challenge |
| Logan Smith | Owasso OK | 17:37 | 16:20 | 79.00 | 15 | M1315 | 10-08 | Owasso/Run for Patch |
| Steve Smith | Tulsa OK | 17:50 | 16:14 | 79.53 | 45 | M4549 | 06-94 | Tulsa/Full Moon |
| Steve Smith | Tulsa OK | 18:15 | 15:51 | 81.46 | 51 | M5054 | 05-99 | Tulsa/Woody's |
| Dylan Smith-Sutton | Oklahoma City OK | 15:41 | 15:22 | 84.06 | 19 | M1619 | 11-13 | OKC/Turkey Tracks |
| Dennis Smithhisler | Wichita KS | 14:43 | 14:43 | 87.66 | 24 | M2024 | 11-88 | Tulsa/Night Light |
| Dennis Smithhisler | Wichita KS | 14:50 | 14:50 | 86.97 | 25 | M2529 | 09-89 | Tulsa/Night Tracks |
| Dennis Smithhisler | Wichita KS | 15:38 | 15:00 | 86.03 | 38 | M3539 | 05-00 | Edmond Classic |
| Chris Snider | Rogers AR | 18:23 | 15:57 | 80.87 | 12 | M0112 | 05-96 | Tulsa/Full Moon |
| Chris Snider | Rogers AR | 16:54 | 15:40 | 82.35 | 15 | M1315 | 08-99 | Tulsa/Night Light |
| Tom Snyder | Enid OK | 19:15 | 16:10 | 79.83 | 55 | M5559 | 11-11 | Enid/Turkey Trot |
| Ariel Soap | Jenks OK | 21:44 | 16:29 | 78.30 | 8 | M0112 | 08-12 | Tulsa/Riverside 5000 |
| Hosea Soap | Jenks OK | 22:09 | 16:04 | 80.36 | 7 | M0112 | 07-09 | Tulsa/Mohawk/TRC |
| Hosea Soap | Jenks OK | 19:53 | 17:15 | 74.77 | 12 | M0112 | 04-14 | Jenks/West was Run |
| Hosea Soap | Jenks OK | 17:42 | 16:25 | 78.63 | 15 | M1315 | 10-17 | Tulsa Run |
| Nehemiah Soap | Jenks OK | 19:22 | 16:21 | 79.00 | 11 | M0112 | 07-09 | Tulsa/Mohawk/TRC |
| Nehemiah Soap | Jenks OK | 17:43 | 16:25 | 78.55 | 15 | M1315 | 08-13 | Tulsa/Riverside 5000 |
| Noah Soap | Tulsa OK | 19:40 | 17:04 | 75.59 | 12 | M0112 | 07-09 | Tulsa/Mohawk/TRC |
| Tiqvah Soap | Tulsa OK | 20:40 | 16:54 | 76.37 | 10 | M0112 | 03-10 | Tulsa/St. Patricks |
| Armando Soldivar | Fort Worth TX | 15:33 | 15:30 | 83.28 | 21 | M2024 | 11-09 | Jenks/5 km Run |
| Rob sorrell | Norman OK | 15:09 | 15:09 | 85.15 | 23 | M2024 | 09-11 | Norman/Brookhaven |
| Rob Sorrell | Norman OK | 15:03 | 15:03 | 85.71 | 25 | M2529 | 09-12 | Norman/Brookhaven |
| Leslie Sparkman | Tulsa OK | 18:56 | 16:34 | 77.91 | 50 | M5054 | 03-94 | Tulsa/Wing Ding |
| Sheldon Spelman | Norman OK | 17:22 | 16:06 | 80.13 | 15 | M1315 | 09-08 | OKC/Race for Freedom |
| Luke Spurrer | Norman OK | 16:58 | 15:44 | 82.02 | 15 | M1315 | 09-16 | Norman/Brookhaven |
| Ken Staggs | Stillwater OK | 15:32 | 15:13 | 84.87 | 19 | M1619 | 09-77 | Tulsa/Mohawk/TRC |
| Sam Stalcup | Norman OK | 15:16 | 15:07 | 85.37 | 20 | M2024 | 05-99 | Tulsa/Woody's |
| Sam Stalcup | Oklahoma City OK | 17:08 | 16:12 | 79.67 | 40 | M4044 | 08-19 | Norman/Brookhaven |
| Wayne Stanley | Morrilton AR | 15:27 | 15:18 | 84.36 | 20 | M2024 | 05-92 | Tulsa/Field of Dreams |
| Joel Stanloski | Tulsa OK | 15:58 | 15:38 | 82.57 | 19 | M1619 | 12-04 | Tulsa/Jingle Bell |
| Joel Stansloski | Tulsa OK | 15:18 | 15:18 | 84.31 | 22 | M2024 | 07-08 | Tulsa/Mohawk/TRC |
| Ryan Starr | Bartlesville OK | 18:59 | 16:29 | 78.31 | 12 | M0112 | 09-93 | Tulsa/Labor Day |
| Ryan Starr | Bartlesville OK | 17:28 | 15:53 | 81.20 | 14 | M1315 | 12-94 | Tulsa/Jingle Bell |
| Chris Staub | Tulsa OK | 16:36 | 15:23 | 83.83 | 15 | M1315 | 08-12 | Tulsa/Riverside 5000 |
| Christopher Staub | Tulsa OK | 22:43 | 16:29 | 78.36 | 7 | M0112 | 11-04 | Broken Arrow/Stroke |
| Brian Stephens | Tulsa OK | 15:51 | 15:32 | 83.18 | 19 | M1619 | 10-81 | Tulsa/Mohawk/TRC |

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| John Stevens | Tulsa OK | 20:43 | 15:48 | 81.74 | 66 | M6569 | 08-75 | Tulsa/Mohawk/TRC |
| Josh Stewart | Ada OK | 15:54 | 15:34 | 82.91 | 19 | M1619 | 07-05 | Purcell/Heart of Okla |
| Darryl Stillson | Broken Arrow OK | 18:35 | 16:08 | 80.00 | 51 | M5054 | 07-09 | Tulsa/Mohawk/TRC |
| Mark Stogsdill | Marietta GA | 17:18 | 16:00 | 80.73 | 43 | M4044 | 12-90 | Tulsa/Holiday Classic |
| Theron Stoltzfus | Oklahoma City OK | 15:41 | 15:41 | 82.25 | 23 | M2024 | 08-08 | Tulsa/Riverside 5000 |
| Chris Streub | Tulsa OK | 19:43 | 16:07 | 80.05 | 10 | M0112 | 05-07 | Tulsa/Full Moon |
| Wayne Strohman | Wichita KS | 14:56 | 14:56 | 86.38 | 26 | M2529 | 08-97 | Tulsa/Night Light |
| Robert Stuemky | Newkirk OK | 16:37 | 15:36 | 82.75 | 41 | M4044 | 07-85 | Tulsa/Mohawk/TRC |
| Robert Stuemky | Newkirk OK | 17:15 | 15:28 | 83.48 | 47 | M4549 | 04-91 | Tulsa/Corp. Challenge |
| John Stukey | Tulsa OK | 15:02 | 15:02 | 85.81 | 27 | M2529 | 03-81 | Tulsa/Mohawk/TRC |
| John Stukey | San Angelo TX | 16:04 | 15:25 | 83.71 | 38 | M3539 | 07-91 | Tulsa/Mohawk/TRC |
| John Stukey | Tulsa OK | 16:11 | 15:04 | 85.58 | 42 | M4044 | 06-95 | Tulsa/Break Barriers |
| John Stukey | Broken Arrow OK | 16:29 | 15:00 | 86.05 | 45 | M4549 | 08-98 | Tulsa/Night Light |
| John Stukey | Broken Arrow OK | 17:27 | 15:16 | 84.53 | 50 | M5054 | 04-03 | Broken Arrow/Grace |
| John Stukey | Broken Arrow OK | 18:36 | 15:37 | 82.62 | 55 | M5559 | 04-08 | Tulsa/Zarrow Chall. |
| John Stukey | Broken Arrow OK | 19:40 | 15:50 | 81.53 | 60 | M6064 | 08-13 | Tulsa/Riverside 5000 |
| John Stukey | Broken Arrow OK | 21:51 | 16:39 | 77.50 | 66 | M6569 | 05-19 | Broken Arrow/Rooster |
| John Stukey | Broken Arrow OK | 23:57 | 17:32 | 73.63 | 70 | M7074 | 08-23 | Tulsa/Riverside 5000 |
| Koby Styles | Holliday TX | 15:38 | 15:38 | 82.52 | 27 | M2529 | 03-11 | OKC/Run Lucky |
| Tim Surface | Tulsa OK | 15:04 | 14:55 | 86.50 | 20 | M2024 | 02-99 | Tulsa/Relief Run |
| John Sutrick | Sapulpa OK | 17:41 | 16:24 | 78.70 | 15 | M1315 | 11-01 | Tulsa/Turkey Trot |
| John Sutrick | Sapulpa OK | 15:41 | 15:41 | 82.25 | 23 | M2024 | 03-09 | Tulsa/St. Patricks |
| Ed Swiatocha | Dallas TX | 15:54 | 14:55 | 86.48 | 41 | M4044 | 12-91 | Tulsa/Jingle Bell |
| Jim Tabor | Choctaw OK | 19:20 | 16:06 | 80.17 | 56 | M5559 | 11-96 | Norman/Wings |
| Jeremiah Tangren | Tulsa OK | 17:19 | 16:03 | 80.37 | 15 | M1315 | 02-23 | Tulsa/Sweetheart |
| L. Tangren | Tulsa OK | 19:08 | 16:36 | 77.70 | 12 | M0112 | 11-21 | Tulsa/Eagle Run |
| Ethan Tanner | Tulsa OK | 22:52 | 17:20 | 74.42 | 8 | M0112 | 09-09 | Tulsa/Zoo Run |
| Derek Tate | Stillwater OK | 15:53 | 15:22 | 83.94 | 18 | M1619 | 09-98 | Tulsa/Rhythm Run |
| Derek Tate | Stillwater OK | 15:26 | 15:26 | 83.58 | 28 | M2529 | 04-09 | Stillwater/Remember |
| Charles Taylor | Oklahoma City OK | 18:48 | 16:27 | 78.46 | 50 | M5054 | 03-90 | OKC/First Run |
| Charles Taylor | Oklahoma City OK | 19:21 | 16:07 | 80.10 | 56 | M5559 | 03-96 | Tulsa/Schlotzskys |
| George Taylor | Kennesaw OK | 19:29 | 16:22 | 78.87 | 55 | M5559 | 11-03 | Norman/Fall Classic |
| Lindy Taylor | Joplin MO | 17:14 | 16:18 | 79.21 | 40 | M4044 | 08-98 | Tulsa/Spaulding |
| Matt Taylor | Tulsa OK | 17:33 | 15:58 | 80.82 | 14 | M1315 | 09-03 | Tulsa/Race for Cure |
| Matt Taylor | Fayetteville AR | 14:32 | 14:32 | 88.76 | 23 | M2024 | 11-88 | Tulsa/Night Light |
| Zach Taylor | Tulsa OK | 17:32 | 16:15 | 79.37 | 15 | M1315 | 7-01 | Tulsa/Mohawk/TRC |
| Taylor Tehan | Kilgore TX | 15:56 | 15:36 | 82.74 | 19 | M1619 | 07-01 | Porter/Peach Classic |
| Perry Tennison | Guthrie OK | 21:54 | 16:51 | 76.56 | 65 | M6569 | 06-94 | OKC/Red Earth |

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| Ben Thigpen | Tulsa OK | | 19:16 | 16:11 | 79.76 | 55 | M5559 | 11-05 | Tulsa/Turkey Trot |
| Ben Thigpen | Tulsa OK | | 20:34 | 16:33 | 77.96 | 60 | M6064 | 09-10 | Tulsa/Race for Cure |
| Ben Thigpen | Tulsa OK | | 21:43 | 16:33 | 77.97 | 66 | M6569 | 10-16 | Tulsa Run |
| Bob Thomas | Oklahoma City OK | | 17:21 | 15:55 | 81.08 | 44 | M4044 | 08-92 | Tulsa/Home Run |
| Bob Thomas | Oklahoma City OK | | 17:14 | 15:34 | 82.88 | 46 | M4549 | 08-94 | Tulsa/Night Light |
| Jackson Thomas | Muskogee OK | | 14:26 | 14:26 | 89.38 | 23 | M2024 | 08-17 | Tulsa/Riverside 5000 |
| Bill Thompson | Edmond OK | | 18:48 | 16:27 | 78.46 | 50 | M5054 | 05-99 | Edmond Classic |
| Brian Thompson | Poteau OK | | 18:33 | 16:06 | 80.14 | 12 | M0912 | 02-86 | Tulsa/Mohawk/TRC |
| Jeremy Thompson | Bentonville AR | | 17:44 | 15:47 | 81.77 | 13 | M1315 | 08-96 | Tulsa/Chili Pepper |
| Mark Thompson | Fayetteville AR | | 14:52 | 14:52 | 86.77 | 25 | M2529 | 09-04 | Norman/Brookhaven |
| Mark Thompson | Edmond OK | X | 14:45 | 14:41 | 87.91 | 31 | M3034 | 09-10 | Norman/Brookhaven |
| Mark Thompson | Norman OK | | 15:20 | 14:43 | 87.72 | 38 | M3539 | 09-17 | Norman/Brookhaven |
| Mark Thompson | Edmond OK | | 15:59 | 14:47 | 87.38 | 43 | M4044 | 09-22 | Norman/Brookhaven |
| Timothy Thomson | Midwest City OK | | 19:42 | 17:06 | 75.47 | 12 | M0112 | 09-04 | MWC/Renaissance |
| Timothy Thomson | Midwest City OK | | 17:22 | 15:48 | 81.67 | 14 | M1315 | 09-06 | MWC/Renaissance |
| Ben Thorman | Jenks OK | | 18:22 | 16:04 | 80.31 | 50 | M5054 | 08-04 | Tulsa/SandRun |
| Nick Thorp | Stillwater OK | | 15:37 | 15:37 | 82.60 | 23 | M2024 | 10-15 | Stillwater/Juke Joint |
| Larry Tillis | Chandler OK | | 17:03 | 16:00 | 80.64 | 41 | M4044 | 10-95 | Stillwater/Juke Joint |
| Michael Tillman | Broken Arrow OK | | 20:28 | 15:31 | 83.14 | 8 | M0112 | 11-90 | Tulsa/M. Houghton |
| Lewis Timmins | Tulsa OK | | 15:32 | 15:23 | 83.91 | 20 | M2024 | 12-07 | Tulsa/Jingle Bell |
| Vincent Topiwo | Lenexa KS | | 15:09 | 15:09 | 85.15 | 28 | M2529 | 09-06 | Norman/Brookhaven |
| Andrew Tower | Stillwater OK | | 17:18 | 16:02 | 80.44 | 15 | M1315 | 09-00 | Perry/Cherokee Strip |
| Andrew Tower | Stillwater OK | | 15:48 | 15:06 | 85.44 | 17 | M1619 | 09-02 | Perry/Cherokee Strip |
| John Trepka | Bartlesville OK | | 17:15 | 15:41 | 82.22 | 14 | M1315 | 05-85 | Copan/Dam Run |
| Paul Trulock | Tulsa OK | | 17:09 | 15:54 | 81.15 | 15 | M1315 | 02-86 | Tulsa/Mohawk/TRC |
| Tom Trusdale | Wichita KS | | 17:16 | 15:43 | 82.14 | 45 | M4549 | 05-97 | Bristow/Wildflower |
| Brett Turowski | Bartlesville OK | | 15:35 | 15:05 | 85.56 | 18 | M1619 | 12-04 | Tulsa/Jingle Bell |
| Brett Turowski | Tulsa OK | | 15:11 | 15:08 | 85.29 | 21 | M2024 | 11-06 | Tulsa/Turkey Trot |
| Bill Uzdavines | Broken Arrow OK | | 17:59 | 16:15 | 79.42 | 46 | M4549 | 08-90 | Tulsa/Mohawk/TRC |
| Earnest Vance | Tahlequah OK | | 17:36 | 16:01 | 80.59 | 45 | M4549 | 05-89 | Stilwell/Berries |
| Jacques VanRensburg | Wichita KS | | 14:58 | 14:48 | 87.19 | 33 | M3034 | 09-01 | Norman/Brookhaven |
| Dan Vasicek | Tulsa OK | | 17:28 | 15:54 | 81.20 | 45 | M4549 | 04-88 | Tulsa/Corp. Challenge |
| Dan Vasicek | Tulsa OK | | 18:09 | 15:53 | 81.27 | 50 | M5054 | 05-93 | Tulsa/Full Moon |
| Dan Vasicek | Tulsa OK | | 19:20 | 16:14 | 79.48 | 55 | M5559 | 02-98 | Tulsa/Relief Run |
| Junior Vasquez | Stillwater OK | | 15:00 | 15:00 | 86.00 | 23 | M2024 | 08-02 | Tulsa/SandRun |
| Doug Vaughn | Tulsa OK | | 17:37 | 15:47 | 81.74 | 47 | M4549 | 06-01 | Tulsa/Night Light |
| Doug Vaughn | Tulsa OK | | 18:15 | 15:58 | 80.82 | 50 | M5054 | 11-03 | Brkn. Arr./Stroke Run |
| Pat Vaughn | Tulsa OK | | 15:37 | 14:55 | 86.45 | 17 | M1619 | 02-77 | Tulsa/Mohawk/TRC |

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| Pat Vaughn | Tulsa OK | 14:20 | 14:20 | 90.00 | 23 | M2024 | 11-82 | Tulsa/Mohawk/TRC |
| Rick Ventura | Norman OK | 15:25 | 15:25 | 83.68 | 23 | M2024 | 04-78 | Tulsa/Mohawk/TRC |
| Bob Vernon | Tulsa OK | 22:35 | 17:23 | 74.24 | 65 | M6569 | 08-99 | Fort Gibson Run |
| James Vernon | Shawnee OK | 18:49 | 15:40 | 82.37 | 56 | M5559 | 09-16 | Norman/Brookhaven |
| Trey Vernon | Stillwater OK | 15:57 | 15:37 | 82.65 | 19 | M1619 | 02-99 | Glenpool/Spaulding |
| Austin Vigil | Fruita CO | 15:38 | 15:08 | 85.29 | 18 | M1619 | 03-00 | Tulsa/Schlotzskys |
| Justin Vilhaver | Stillwater OK | 15:27 | 15:27 | 83.50 | 23 | M2024 | 10-15 | Stillwater/Juke Joint |
| Craig Virgin | Lebanon IL | 15:19 | 15:00 | 86.07 | 35 | M3539 | 12-90 | Tulsa/Holiday Classic |
| Tom Von Ruden | Stillwater OK | 15:24 | 15:24 | 83.77 | 27 | M2529 | 11-71 | Tulsa/Mohawk/TRC |
| Josh Vuocolo | Tulsa OK | 21:20 | 16:11 | 79.77 | 8 | M0112 | 12-96 | Tulsa/Jingle Bell |
| Mackenzie WahpapahH | Norman OK | 17:01 | 15:47 | 81.78 | 15 | M1315 | 09-10 | Norman/Brookhaven |
| Mack WahpepahHarris | Oklahoma City OK | 15:10 | 15:10 | 85.06 | 24 | M2024 | 08-19 | Norman/Brookhaven |
| Mackenie WahpepahHa | Norman OK | 15:39 | 14:57 | 86.26 | 17 | M1619 | 09-12 | Norman/Brookhaven |
| Don Walkwitz | Bensenville IL | 22:54 | 17:37 | 73.22 | 65 | M6569 | 04-99 | Muskogee/Azalea |
| Don Walkwitz | Tahlequah OK | 22:36 | 16:21 | 78.98 | 71 | M7074 | 09-04 | Muskogee/Fit 4 Life |
| Don Walkwitz | Tahlequah OK | 24:39 | 16:47 | 76.88 | 75 | M7579 | 09-09 | Tulsa/Zoo Run |
| Don Walkwitz | Tahlequah OK | 26:22 | 16:57 | 76.17 | 78 | M7579 | 05-12 | Stilwell/Berries |
| Ron Wall | Tulsa OK | 16:46 | 15:23 | 83.90 | 44 | M4044 | 10-01 | Broken Arrow/Missions |
| Ron Wall | Tulsa OK | 16:36 | 15:00 | 86.04 | 46 | M4549 | 07-03 | Tulsa/Mohawk/TRC |
| Ron Wall | Tulsa OK | 17:39 | 15:27 | 83.57 | 50 | M5054 | 09-07 | Tulsa/Race for Cure |
| Brandon Wallace | Oklahoma City OK | 17:40 | 16:23 | 78.77 | 15 | M1315 | 04-90 | OKC/Law Day |
| Robert Wallace | Lewisville TX | 15:06 | 14:42 | 87.86 | 36 | M3539 | 08-87 | Tulsa/Ski Club |
| Michael Waller | Tulsa OK | 21:05 | 16:13 | 79.53 | 65 | M6569 | 12-92 | Tulsa/M. Houghton |
| Michael Waller | Tulsa OK | 22:37 | 16:34 | 77.97 | 70 | M7074 | 04-98 | Tulsa/Corp. Challenge |
| Michael Waller | Tulsa OK | 26:35 | 18:06 | 71.28 | 75 | M7579 | 01-03 | Tulsa/Run Short |
| Caleb Walsh | Sapulpa OK | 19:59 | 17:21 | 74.39 | 12 | M0112 | 08-12 | Tulsa/Riverside 5000 |
| Pat Walsh | Gladstone MO | 16:38 | 16:17 | 79.26 | 35 | M3539 | 12-89 | Tulsa/Jingle Bell |
| Pat Walsh | Kansas City MO | 16:53 | 15:44 | 82.03 | 42 | M4044 | 03-96 | Tulsa/Schlotzskys |
| Pat Walsh | Kansas City MO | 17:30 | 15:56 | 81.05 | 45 | M4549 | 05-99 | Tulsa/Woody's |
| Tylan Walter | Edmond OK | 21:52 | 16:35 | 77.82 | 8 | M0112 | 12-16 | Edmond/Holiday Hustle |
| Lee Walther | Oklahoma City OK | 18:56 | 15:46 | 81.87 | 56 | M5559 | 01-17 | OKC/NYD Blastoff |
| Ross Waltzer | Tulsa OK | 19:33 | 16:00 | 80.65 | 58 | M5559 | 10-80 | Tulsa/Mohawk/TRC |
| Ross Waltzer | Tulsa OK | 19:24 | 15:20 | 84.19 | 62 | M6064 | 08-84 | Tulsa/Mohawk/TRC |
| Ross Waltzer | Tulsa OK | 22:54 | 17:27 | 73.94 | 66 | M6569 | 03-87 | Tulsa/New Year Run |
| Ross Waltzer | Tulsa OK | 24:26 | 17:53 | 72.17 | 70 | M7074 | 09-92 | Tulsa/Okla. Sen. Oly. |
| James Wanjiku | Tulsa OK | 15:02 | 15:02 | 85.81 | 23 | M2024 | 08-06 | Tulsa/Riverside 5000 |
| Connor Wann | Tulsa OK | 19:43 | 17:07 | 75.40 | 12 | M0112 | 11-01 | Tulsa/Turkey Trot |
| Kyle Wardell | Norman OK | 15:27 | 15:27 | 83.50 | 22 | M2024 | 08-15 | Tulsa/Riverside 5000 |

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| Joseph Warfield | Oklahoma City OK | 22:32 | 17:20 | 74.41 | 65 | M6569 | 08-19 | Norman/Brookhaven |
| Phillip Watson | Broken Arrow OK | 15:59 | 15:16 | 84.46 | 17 | M1619 | 09-78 | Tulsa/Mohawk/TRC |
| David Weaver | Tulsa OK | 18:37 | 16:10 | 79.86 | 51 | M5054 | 07-83 | Tulsa/Mohawk/TRC |
| Randy Weaver | Sulphur OK | 15:28 | 15:28 | 83.41 | 28 | M2529 | 10-92 | Tishomingo/Chickasaw |
| Randy Weaver | Sulphur OK | 15:25 | 15:21 | 84.11 | 31 | M3034 | 06-95 | Sulphur/Sizzler |
| Caleb Webb | Moore OK | 14:45 | 13:25 | 96.16 | 14 | M1315 | 08-19 | Norman/Brookhaven |
| Chris Weber | Winnipeg ON CN | 14:19 | 14:19 | 90.11 | 28 | M2529 | 05-95 | Bristow/Wildflower |
| Robert Webster | Pryor OK | 20:09 | 15:47 | 81.72 | 63 | M6064 | 04-19 | Jenks/Aquarium Run |
| Robert Webster | Pryor OK | 21:46 | 16:45 | 77.03 | 65 | M6569 | 07-21 | Tulsa/Firecracker |
| Bill Weeks | Spencer OK | 16:41 | 16:20 | 79.02 | 35 | M3539 | 07-87 | OKC/Draper/OKCRC |
| Bill Weeks | Oklahoma City OK | 17:06 | 16:10 | 79.83 | 40 | M4044 | 07-92 | Tulsa/Mohawk/TRC |
| Matt Wegenka | Springfield MO | 14:32 | 14:32 | 88.76 | 27 | M2529 | 12-91 | Tulsa/Jingle Bell |
| Matt Wegenka | Springfield MO | 14:20 | 14:18 | 90.23 | 30 | M3034 | 06-95 | Tulsa/Break Barriers |
| Norm Weigand | Arkansas City KS | 19:32 | 16:24 | 78.67 | 55 | M5559 | 10-83 | Enid/Chisholm Trail |
| Joe Weis | Stillwater OK | 15:49 | 15:30 | 83.35 | 19 | M1619 | 11-89 | Tulsa/Night Light |
| Doug Welch | Tulsa OK | 16:52 | 15:57 | 80.93 | 40 | M4044 | 05-99 | Tulsa/Woody's |
| Lance Welker | Edmond OK | 15:44 | 15:34 | 82.84 | 20 | M2024 | 07-84 | Edmond/Krazy Daze |
| Curtis Wells | Edmond OK | 22:51 | 17:25 | 74.11 | 66 | M6569 | 12-08 | OKC/Downtown December |
| David Welsh | Fayetteville AR | 14:15 | 14:15 | 90.53 | 24 | M2024 | 03-96 | Tulsa/Schlotzskys |
| Philip West | Norman OK | 17:19 | 16:03 | 80.37 | 15 | M1315 | 05-98 | Tulsa/Woody's |
| Philip West | Tulsa OK | 15:49 | 15:30 | 83.35 | 19 | M1619 | 03-02 | Tulsa/St. Patricks |
| Philip West | Tulsa OK | 15:12 | 15:12 | 84.87 | 28 | M2529 | 08-10 | Tulsa/Riverside 5000 |
| Richard West | Tulsa OK | 17:51 | 16:07 | 80.02 | 46 | M4549 | 05-09 | Tulsa/Full Moon |
| Richard West | Tulsa OK | 18:51 | 16:06 | 80.19 | 53 | M5054 | 05-16 | Tulsa/Maple Ridge |
| Elijah White | Moore OK | 17:32 | 15:57 | 80.89 | 14 | M1315 | 08-19 | Moore/War Run |
| Randy White | Tulsa OK | 15:20 | 14:50 | 86.96 | 18 | M1619 | 02-78 | Tulsa/Mohawk/TRC |
| Vern Whiteside | Tulsa OK | 19:39 | 16:14 | 79.56 | 57 | M5559 | 03-77 | Tulsa/Mohawk/TRC |
| Brian Whittach | Shawnee OK | 15:43 | 15:43 | 82.08 | 23 | M2024 | 09-01 | Norman/Brookhaven |
| Hakan Widjedal | Stillwater OK | 15:44 | 15:44 | 81.99 | 22 | M2024 | 03-89 | Tulsa/Golden Palace |
| John Wild | Stillwater OK | 14:30 | 14:30 | 88.97 | 23 | M2024 | 09-96 | Tulsa/Night Tracks |
| Jon Wild | Stillwater OK | 14:35 | 14:35 | 88.46 | 25 | M2529 | 04-99 | Tulsa/Field of Dreams |
| Dave Williams | Choctaw OK | 16:28 | 14:59 | 86.13 | 45 | M4549 | 05-87 | OKC/Andy Payne |
| Dave Williams | Poyallup WA | 20:03 | 16:00 | 80.72 | 61 | M6064 | 09-03 | MWC/Renaissance |
| Henry Williams | Bartlesville OK | 19:51 | 17:14 | 74.89 | 12 | M0112 | 08-11 | Bartlesville/Relief |
| Henry Williams | Bartlesville OK | 17:36 | 16:19 | 79.07 | 15 | M1315 | 03-14 | Nowata/Rotary Club |
| Henry Williams | Bartlesville OK | 15:39 | 15:39 | 82.43 | 22 | M2024 | 07-21 | Tulsa/Firecracker |
| Nick Williams | Sapulpa OK | 19:25 | 16:51 | 76.57 | 12 | M0112 | 05-11 | Tulsa/Full Moon |
| Nick Williams | Sapulpa OK | 15:10 | 15:10 | 85.06 | 22 | M2024 | 05-21 | Tulsa/9Run8 |

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| Peter Williams | Wichita KS | 14:35 | 14:35 | 88.46 | 27 | M2529 | 03-89 | Tulsa/Golden Palace |
| Taylor Williams | Tulsa OK | 15:58 | 15:27 | 83.51 | 18 | M1619 | 04-03 | Broken Arrow/Grace |
| Mark Willits | Tulsa OK | 21:47 | 16:31 | 78.12 | 8 | M0112 | 03-90 | Tulsa/Mohawk/TRC |
| Mike Willmering | Tulsa OK | 16:20 | 15:54 | 81.22 | 36 | M3539 | 04-92 | Tulsa/Corp. Challenge |
| Mike Willmering | Tulsa OK | 16:37 | 15:29 | 83.35 | 42 | M4044 | 05-99 | Tulsa/Woody's |
| Keith Willsey | Acort AR | 18:59 | 16:29 | 78.31 | 51 | M5054 | 12-08 | Poteau/Sleigh Bell |
| Ayden Wilson | Norman OK | 16:53 | 15:39 | 82.43 | 15 | M1315 | 09-18 | Norman/Brookhaven |
| James Wilson | Tulsa OK | 14:42 | 14:42 | 87.75 | 24 | M2024 | 08-16 | Tulsa/Riverside 5000 |
| James Wilson | Lawrence KS | 15:03 | 15:03 | 85.71 | 27 | M2529 | 08-19 | Tulsa/Riverside 5000 |
| Ron Winn | Broken Arrow OK | 20:57 | 16:07 | 80.03 | 65 | M6569 | 08-13 | Tulsa/Riverside 5000 |
| Ron Winn | Tulsa OK | 24:23 | 16:53 | 76.42 | 74 | M7074 | 03-22 | Tulsa/St. Patricks |
| Lewis Winters | Ada OK | 22:08 | 16:12 | 79.67 | 70 | M7074 | 01-91 | OKC/Chili Day |
| Gerald Witherby | Oklahoma City OK | 17:19 | 16:08 | 79.98 | 42 | M4044 | 06-85 | OKC/Hefner/OKCRC |
| Daniel Witmer | Tulsa OK | 16:55 | 15:41 | 82.27 | 15 | M1315 | 09-03 | Tulsa/Race for Cure |
| Jason Wolfe | Enid OK | 18:19 | 15:54 | 81.17 | 12 | M0912 | 07-89 | Tulsa/Home Run |
| Jason Wolfe | Enid OK | 17:08 | 15:15 | 84.63 | 13 | M1315 | 04-90 | Enid/Wheat Capital |
| Steve Wolfe | Oklahoma City OK | 15:29 | 15:10 | 85.14 | 19 | M1619 | 02-74 | Tulsa/Mohawk/TRC |
| John Wood | Sand Springs OK | 16:58 | 15:55 | 81.04 | 41 | M4044 | 04-96 | Tulsa/Corp. Challenge |
| John Wood | Sand Springs OK | 17:40 | 16:05 | 80.28 | 45 | M4549 | 08-99 | Tulsa/Night Light |
| John Wood | Sand Springs OK | 19:40 | 16:23 | 78.81 | 56 | M5559 | 09-10 | Tulsa/Race for Cure |
| Mike Wood | Stillwater OK | 15:35 | 15:16 | 84.60 | 19 | M1619 | 11-82 | Tulsa/Mohawk/TRC |
| Deston Woodlee | Fayetteville AR | 19:37 | 16:33 | 78.00 | 11 | M0112 | 08-93 | Tulsa/Night Light |
| Billy Woodruff | Tulsa OK | 32:43 | 20:05 | 64.24 | 80 | M8084 | 08-18 | Tulsa/Riverside 5000 |
| Dan Woods | Fairview OK | 17:24 | 16:08 | 79.98 | 15 | M1315 | 11-86 | Watonga/Rat Race |
| Larry Worth | Richardson TX | 17:08 | 15:29 | 83.37 | 46 | M4549 | 05-85 | OKC/Andy Payne |
| Larry Worth | Highland Village | 17:00 | 14:53 | 86.77 | 50 | M5054 | 07-88 | Tulsa/Mohawk/TRC |
| Larry Worth | Highland Village | 18:10 | 15:16 | 84.59 | 55 | M5559 | 10-93 | OKC/Jim Thorpe |
| Brad Wotring | Tulsa OK | 15:22 | 15:03 | 85.79 | 19 | M1619 | 07-87 | Tulsa/Mohawk/TRC |
| Brad Wotring | Tulsa OK | 15:28 | 15:25 | 83.73 | 21 | M2024 | 11-88 | Tulsa/Night Light |
| David Wray | Edmond OK | 17:16 | 15:36 | 82.72 | 46 | M4549 | 09-09 | Norman/Brookhaven |
| David Wrenn | Norman OK | 16:31 | 15:16 | 84.56 | 43 | M4044 | 09-10 | Norman/Brookhaven |
| David Wrenn | Norman OK | 17:15 | 15:42 | 82.22 | 45 | M4549 | 09-12 | Norman/Brookhaven |
| Bruce Wright | Stillwater OK | 15:49 | 15:30 | 83.35 | 19 | M1619 | 02-98 | Tulsa/Sweetheart |
| Bruce Wright | Stillwater OK | 15:26 | 15:23 | 83.91 | 21 | M2024 | 03-00 | Tulsa/Red Eye Run |
| Thomas Wright | Stillwater OK | 17:41 | 16:24 | 78.70 | 15 | M1315 | 09-05 | Stillwater/Juke Joint |
| Thomas Wrzosek | Downingtown PA | 22:15 | 16:58 | 76.11 | 66 | M6569 | 05-23 | Bristow/Wildflower |
| Ervin Wyatt | Edmond OK | 20:45 | 15:44 | 82.01 | 8 | M0112 | 12-16 | Edmond/Holiday Hustle |
| Ervin Wyatt II | Edmond OK | 19:56 | 15:44 | 82.02 | 9 | M0112 | 12-17 | Edmond/Holiday Hustle |

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| Robert Yara | Choctaw OK | 15:48 | 15:03 | 85.76 | 39 | M3539 | 05-94 | Bristow/Wildflower |
| Robert Yara | Midwest City OK | 18:47 | 16:18 | 79.15 | 51 | M5054 | 04-06 | OKC/Redbud Classic |
| Robert Yara | Oklahoma City OK | 18:54 | 15:44 | 82.01 | 56 | M5559 | 09-11 | Norman/Brookhaven |
| Bryan Yockers | Norman OK | 14:52 | 14:52 | 86.77 | 24 | M2024 | 08-93 | Tulsa/Night Light |
| Bryan Yockers | Norman OK | 14:44 | 14:44 | 87.56 | 26 | M2529 | 06-95 | Tulsa/Break Barriers |
| Bryan Yockers | Tulsa OK | 15:19 | 15:09 | 85.20 | 33 | M3034 | 07-02 | Tulsa/Mohawk/TRC |
| Brian Young | Tulsa OK | 16:56 | 15:24 | 83.76 | 14 | M1315 | 12-90 | Tulsa/Jingle Bell |
| Brian Young | Tulsa OK | 15:53 | 14:58 | 86.25 | 16 | M1619 | 11-92 | Tulsa/Okey 5 km |
| Brian Young | Stillwater OK | 15:08 | 15:05 | 85.57 | 21 | M2024 | 08-97 | Tulsa/Night Light |
| Matthew Young | Tulsa OK | 15:23 | 14:42 | 87.76 | 17 | M1619 | 08-16 | Tulsa/Riverside 5000 |
| Fred Zalokar | Reno NV | 17:32 | 15:36 | 82.80 | 48 | M4549 | 07-08 | Tulsa/Mohawk/TRC |
| John Zelahy | Edmond OK | 17:39 | 16:22 | 78.85 | 15 | M1315 | 04-84 | Edmond/Broncho Run |
| Terry Ziegler | Richardson TX | 15:32 | 15:25 | 83.69 | 32 | M3034 | 07-85 | Tulsa/Mohawk/TRC |
| Terry Ziegler | Richardson TX | 17:02 | 15:45 | 82.00 | 43 | M4044 | 11-93 | Tulsa/M. Houghton |
| Terry Ziegler | Richardson TX | 17:36 | 15:54 | 81.16 | 46 | M4549 | 05-97 | Tulsa/Full Moon |
| Terry Ziegler | Richardson TX | 18:40 | 16:04 | 80.27 | 52 | M5054 | 04-03 | Kingfisher/Wheat Belt |
| Terry Ziegler | Richardson TX | 19:16 | 15:55 | 81.14 | 57 | M5559 | 08-08 | Tulsa/Riverside 5000 |
| Terry Ziegler | Richardson TX | 20:51 | 16:47 | 76.90 | 60 | M6064 | 11-10 | Edmond/Turkey Trot |
| Henry Zoellner | Tulsa OK | 16:47 | 15:34 | 82.92 | 15 | M1315 | 03-23 | Tulsa/St. Patricks |
| Ben Zywicki | The Woodlands TX | 15:31 | 15:31 | 83.14 | 23 | M2024 | 11-11 | Edmond/Turkey Trot |