

FEMALE SINGLE AGE 20 km RECORDS

Name	Town	St	Time	Age	Date	Place/race
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Danielle Twist	Rose	OK	1:33:25	11	01-00	Tulsa/Run Long
Emily Levan	Oklahoma City	OK	1:25:50	14	12-87	Tulsa/Mohawk/TRC
Jenny Nemeč	Tulsa	OK	1:34:15	15	02-95	Tulsa/Red Deer Run
Allison Welk	Ft. Smith	AR	1:28:33	17	02-82	Tulsa/Mohawk/TRC
Bridget Bennett	Lawrence	KS	1:29:57	18	10-77	Tulsa/Nat. Champship
Karen Bridges	Stillwater	OK	1:15:00	19	10-77	Tulsa/Nat. Champship
Doone Riley	Tulsa	OK	1:18:57	20	10-77	Tulsa/Nat. Champship
Kelli O'Rourke	Tulsa	OK	1:26:37	22	01-03	Tulsa/Run Long
Teri Anderson	Lawrence	KS	1:18:07	24	10-77	Tulsa/Nat. Champship
Suzie Evans	Tulsa	OK	1:15:19	25	12-89	Tulsa/Mohawk/TRC
Christine Speir	Stillwater	OK	1:12:46	27	02-91	Tulsa/Red Deer Run
Sara Major	Pittsburg	KS	1:27:55	28	01-09	Tulsa/Winter Classic
Charlotte Lindley	Tulsa	OK	1:36:17	28	12-79	Tulsa/Mohawk/TRC
Martha Heinsius	Tulsa	OK	1:26:16	30	12-80	Tulsa/Mohawk/TRC
Rhonda Tipton	Oklahoma City	OK	1:21:46	31	02-91	Tulsa/Red Deer Run
Marlene Martindale	Tulsa	OK	1:25:48	35	01-00	Tulsa/Run Long
Mary Kates	Tulsa	OK	1:21:15	36	12-88	Tulsa/Mohawk/TRC
Mary Kates	Tulsa	OK	1:18:59	37	12-89	Tulsa/Mohawk/TRC
Jeannie McDaniel	Tulsa	OK	1:26:13	38	12-86	Tulsa/Mohawk/TRC
Brenda Stucky	Broken Arrow	OK	1:22:12	39	01-99	Tulsa/Run Long
Roxanne Meyer	Shawnee	OK	1:24:22	40	01-98	Tulsa/Run Long
Martha Heinsius	Tulsa	OK	1:24:39	41	02-92	Tulsa/Red Deer Run
Terri Cassel	Tulsa	OK	1:23:13	42	01-04	Tulsa/Run Long
Barbara Beeman	Oklahoma City	OK	1:23:21	43	02-94	Tulsa/Red Deer Run
Rebecca Gibson	Tulsa	OK	1:30:31	44	01-00	Tulsa/Run Long
Sheryl Drevo	Goddard	KS	1:32:13	45	12-89	Tulsa/Mohawk/TRC
Donna Spencer	Tulsa	OK	1:23:13	46	01-98	Tulsa/Run Long
Jeannie McDaniel	Tulsa	OK	1:32:14	47	02-96	Tulsa/Red Deer Run
Barbara Luciano	Oklahoma City	OK	1:22:31	48	01-99	Tulsa/Run Long
Pam Sneed	Cleveland	OK	1:24:20	49	01-05	Tulsa/Run Long
Linda Brown	Tulsa	OK	1:33:49	50	02-92	Tulsa/Red Deer Run
Donna Spencer	Tulsa	OK	1:30:40	51	01-03	Tulsa/Run Long
Claudia Patrick	Tulsa	OK	1:33:16	52	01-01	Tulsa/Run Long
Lydia Borges	Tulsa	OK	1:33:30	53	02-95	Tulsa/Red Deer Run
Grace McCoy	Tulsa	OK	1:46:38	54	01-01	Tulsa/Run Long

Grace McCoy	Tulsa	OK	1:44:55	55	01-02	Tulsa/Run	Long
Lydia Borges	Tulsa	OK	1:35:39	56	01-98	Tulsa/Run	Long
Lydia Borges	Tulsa	OK	1:36:48	57	01-99	Tulsa/Run	Long
Janet Myers	Bethany	OK	1:44:00	58	02-95	Tulsa/Red Deer	Run
Janet Myers	Bethany	OK	1:38:54	59	02-96	Tulsa/Red Deer	Run
Janet Myers	Bethany	OK	1:44:09	60	01-97	Tulsa/Run	Long
Kathy Moffitt	Oklahoma City	OK	2:00:49	61	01-99	Tulsa/Run	Long
Marilyn Thompson	Tulsa	OK	1:56:37	63	02-95	Tulsa/Red Deer	Run
Kathy Moffitt	Oklahoma City	OK	2:11:40	65	01-03	Tulsa/Run	Long

