

ALL TIME INDIVIDUAL BEST PERFORMANCES BY FEMALE OKLAHOMANS

Based on WMA age-graded Scoring - Actual time is converted to Open time.

(WORLD MASTERS ASSOCIATION)

WMA						AGE	PERF.	
Place	Name	Town	Date	Ag	Place/race	ACTUAL Time	GRADED Time	PERCENTAGE Time
1	Christine Speir	Stillwater	02-91	27	Tulsa/Red Deer Run	1:12:46	1:12:46	85.62
2	Barbara Luciano	Oklahoma City	01-99	48	Tulsa/Run Long	1:22:31	1:14:36	83.52
3	Karen Bridges	Stillwater	10-77	19	Tulsa/Nat. Champship	1:15:00	1:14:37	83.51
4	Suzie Evans	Tulsa	12-89	25	Tulsa/Mohawk/TRC	1:15:19	1:15:19	82.72
5	Pam Sneed	Cleveland	01-05	49	Tulsa/Run Long	1:24:20	1:15:23	82.67
6	Donna Spencer	Tulsa	01-98	46	Tulsa/Run Long	1:23:13	1:16:50	81.09
7	Janet Myers	Bethany	02-96	59	Tulsa/Red Deer Run	1:38:54	1:17:37	80.28
8	Mary Kates	Tulsa	12-89	37	Tulsa/Mohawk/TRC	1:18:59	1:17:39	80.25
9	Shannon Compton	Oklahoma City	01-98	28	Tulsa/Run Long	1:17:43	1:17:43	80.16
10	Lydia Borges	Tulsa	01-98	56	Tulsa/Run Long	1:35:39	1:18:12	79.68
11	Martha O'Rourke	Tulsa	12-87	37	Tulsa/Mohawk/TRC	1:19:36	1:18:15	79.63
12	Doone Riley	Tulsa	10-77	20	Tulsa/Nat. Champship	1:18:57	1:18:55	78.95
13	Emily Levan	Oklahoma City	12-87	14	Tulsa/Mohawk/TRC	1:25:50	1:19:01	78.85
14	Terri Cassel	Tulsa	01-04	42	Tulsa/Run Long	1:23:13	1:19:29	78.39
15	Claudia Patrick	Tulsa	01-05	56	Tulsa/Run Long	1:37:21	1:19:35	78.29
16	Suzy Flagler	Norman	04-84	27	OKC/Hefner/OKCRC	1:19:48	1:19:48	78.07
17	Danielle Twist	Rose	01-00	11	Tulsa/Run Long	1:33:25	1:19:50	78.04
18	Brenda Stukey	Broken Arrow	01-99	39	Tulsa/Run Long	1:22:12	1:20:01	77.86
19	Martha Heinsius	Tulsa	02-92	41	Tulsa/Red Deer Run	1:24:39	1:21:25	76.53
20	Mary Mikkelson	Edmond	03-17	55	Edmond/Choose your K	1:38:35	1:21:40	76.30
21	Roxanne Meyer	Shawnee	01-98	40	Tulsa/Run Long	1:24:22	1:21:39	76.29
22	Rhonda Tipton	Oklahoma City	02-91	31	Tulsa/Red Deer Run	1:21:46	1:21:41	76.27
23	Donna Smith	Tulsa	02-10	49	Tulsa/Winter Classic	1:31:34	1:21:50	76.14
24	Sharon Sowell	Jenks	01-06	66	Tulsa/Run Long	1:56:24	1:22:28	75.56
25	Donna Wright	Bartlesville	12-88	53	B'ville/Fanny Freezer	1:37:16	1:22:42	75.34
26	Sharon Cooper	Claremore	12-87	48	Tulsa/Mohawk/TRC	1:31:32	1:22:45	75.29
27	Linda Brown	Tulsa	02-92	50	Tulsa/Red Deer Run	1:33:49	1:22:50	75.22
28	Jeannie McDaniel	Tulsa	12-88	40	Tulsa/Mohawk/TRC	1:25:48	1:23:03	75.02
29	Donna Middleton	Claremore	02-90	37	Tulsa/Red Deer Run	1:24:35	1:23:09	74.94
30	Brenda Stukey	Broken Arrow	01-03	43	Tulsa/Run Long	1:27:49	1:23:15	74.83
31	Sherri Duke	Tulsa	01-04	41	Tulsa/Run Long	1:26:55	1:23:36	74.53

32	Peggy Adams	Tulsa	01-97	40	Tulsa/Run Long	1:27:25	1:24:37	73.63
33	Sherri Duke	Tulsa	01-03	39	Tulsa/Run Long	1:27:01	1:24:43	73.55
34	Vicky Fegaly	Catoosa	02-90	41	Tulsa/Red Deer Run	1:28:11	1:24:49	73.46
35	Phyllis Downe	Tulsa	12-88	32	Tulsa/Mohawk/TRC	1:25:11	1:24:59	73.31
36	Marlene Martindale	Tulsa	01-00	35	Tulsa/Run Long	1:25:48	1:24:59	73.31
37	Rebecca Gibson	Tulsa	01-00	44	Tulsa/Run Long	1:30:31	1:25:07	73.21
38	Laurie Valade	Tulsa	03-93	34	Tulsa/Red Deer Run	1:25:50	1:25:17	73.07
39	Fay DiZerega	Tulsa	12-84	41	Tulsa/Mohawk/TRC	1:28:45	1:25:22	73.00
40	Joanne Jackson	Edmond	01-01	49	Tulsa/Run Long	1:36:07	1:25:54	72.53
41	Ann Crawley	Tulsa	12-86	41	Tulsa/Mohawk/TRC	1:29:25	1:26:00	72.45
42	Marilyn Thompson	Tulsa	02-95	63	Tulsa/Red Deer Run	1:56:37	1:26:26	72.09
43	Kelli O'Rourke	Tulsa	01-03	22	Tulsa/Run Long	1:26:37	1:26:37	71.93
44	Rosemary Carlile	Luther	03-83	40	OKC/Hefner/OKCRC	1:29:37	1:26:44	71.82
45	Margaret Speer	Tulsa	12-86	49	Tulsa/Mohawk/TRC	1:37:10	1:26:51	71.75
46	Grace McCoy	Tulsa	01-02	55	Tulsa/Run Long	1:44:55	1:26:55	71.69
47	Carol Genet	Tulsa	02-83	31	Tulsa/Mohawk/TRC	1:27:56	1:27:51	70.92
48	Shirley Wilkinson	Broken Arrow	12-87	49	Tulsa/Mohawk/TRC	1:38:29	1:28:01	70.79
49	Kristi Slagle	Owasso	01-03	39	Tulsa/Run Long	1:30:41	1:28:17	70.58
50	Jenny Nemec	Tulsa	02-95	15	Tulsa/Red Deer Run	1:34:15	1:28:25	70.47

