

Rank, Name, Town, State, Age, Time, Pace per km, Date, Place/Race

MALE AGE GROUP: 01 - 19

1	Joe Metcalf	Stillwater	OK	19	1:03:53	3:12	11-82	Tulsa/Nat. Champship
2	Paul Larkins	Stillwater	OK	19	1:05:11	3:16	11-82	Tulsa/Nat. Champship
3	Mike Engleman	Lewisville	TX	19	1:09:10	3:28	10-77	Tulsa/Nat. Champship
4	Bryan Yockers	Bartlesville	OK	18	1:09:13	3:28	12-88	B'ville/Fanny Freezer
5	Kendall Robbins	Owasso	OK	18	1:09:32	3:29	01-07	Tulsa/Run Long
6	Daniel Littlebear	Sapulpa	OK	17	1:10:10	3:31	12-78	Tulsa/Mohawk/TRC
7	Donnie Anderson	Bartlesville	OK	18	1:10:34	3:32	12-87	B'ville/Fanny Freezer
8	Mark Stafford	Tulsa	OK	16	1:12:01	3:37	12-76	Tulsa/Mohawk/TRC
9	Mark Morrisett	Tulsa	OK	17	1:12:45	3:39	09-75	Tulsa/Mohawk/TRC
10	Paul Malott	Lawrence	KS	19	1:12:53	3:39	10-77	Tulsa/Nat. Champship

MALE AGE GROUP: 35 - 39

1	Tom Redding	Norman	OK	35	1:04:50	3:15	01-97	Tulsa/Run Long
2	Jeff Fischer	Aurora	CO	39	1:07:25	3:23	11-82	Tulsa/Nat. Champship
3	Nathan Chamer	Oklahoma City	OK	35	1:08:13	3:25	04-16	OKC/Choose Your K
4	Gary Madison	Tulsa	OK	36	1:09:31	3:29	11-82	Tulsa/Nat. Champship
5	Denton Childs	Springdale	AR	38	1:09:44	3:30	12-88	Tulsa/Mohawk/TRC
6	Ed Mendoza	Fayetteville	AR	35	1:10:12	3:31	12-87	Tulsa/Mohawk/TRC
7	Tom Maher	Tulsa	OK	35	1:10:57	3:33	03-93	Tulsa/Red Deer Run
8	Jim McFadden	Stillwater	OK	38	1:11:11	3:34	10-77	Tulsa/Nat. Champship
9	Steve Jennings	Tulsa	OK	38	1:11:37	3:35	02-95	Tulsa/Red Deer Run
10	Martin Flynn	Tulsa	OK	35	1:12:40	3:38	02-95	Tulsa/Red Deer Run
11	Bill Singletary	Tulsa	OK	37	1:13:08	3:40	12-81	Tulsa/Mohawk/TRC
12	Richard Sinner	Bethany	OK	36	1:13:15	3:40	11-82	Tulsa/Mohawk/TRC
13	Danny Ponder	Norman	OK	39	1:13:21	3:41	01-98	Tulsa/Run Long
14	Terry Hipsher	Tulsa	OK	35	1:13:34	3:41	12-88	Tulsa/Mohawk/TRC

MALE AGE GROUP: 40 - 44

1	Brad Hawthorne	Tulsa	OK	40	1:05:54	3:18	02-96	Tulsa/Red Deer Run
2	John Stukey	Tulsa	OK	41	1:09:34	3:29	02-95	Tulsa/Red Deer Run
3	Gary Madison	Tulsa	OK	43	1:09:57	3:30	12-89	Tulsa/Mohawk/TRC
4	Norman Roper	Oklahoma City	OK	41	1:10:14	3:31	01-99	Tulsa/Run Long
5	Jim McFadden	Tulsa	OK	42	1:10:20	3:31	12-81	Tulsa/Mohawk/TRC
6	Rene Sepulveda	Stillwater	OK	40	1:10:37	3:32	01-06	Tulsa/Run Long
7	Jason Butler	Oklahoma City	OK	43	1:11:16	3:34	04-16	OKC/Choose Your K
8	Ron Parks	Tulsa	OK	44	1:12:06	3:37	01-06	Tulsa/Run Long
9	John Maness	Tulsa	OK	41	1:12:36	3:38	02-95	Tulsa/Red Deer Run
10	Pete Orban	Claremore	OK	43	1:12:51	3:39	01-99	Tulsa/Run Long

11	Eddie Mulkey	Tulsa	OK	40	1:13:30	3:41	01-99	Tulsa/Run Long
12	Kent Zwayer	Tulsa	OK	41	1:14:12	3:43	01-99	Tulsa/Run Long
13	Steve Jennings	Tulsa	OK	41	1:14:37	3:44	01-98	Tulsa/Run Long
14	Tom Lloyd	Broken Arrow	OK	43	1:14:43	3:45	03-93	Tulsa/Red Deer Run
15	Larry Krutka	Tulsa	OK	40	1:14:44	3:45	02-90	Tulsa/Red Deer Run
16	David Wrenn	Norman	OK	43	1:14:46	3:45	02-11	Tulsa/Sweetheart Run
17	Robert Maddy	Sperry	OK	41	1:14:53	3:45	12-87	Tulsa/Mohawk/TRC
18	Kent Metcalf	Stillwater	OK	44	1:15:02	3:46	03-83	Tulsa/Mohawk/TRC
19	Stan Warren	Oklahoma City	OK	43	1:15:13	3:46	03-81	Tulsa/Mohawk/TRC
20	Brooks Queen	Tulsa	OK	44	1:15:43	3:48	02-96	Tulsa/Red Deer Run
21	Ted Riley	Claremore	OK	43	1:15:44	3:48	12-86	Tulsa/Mohawk/TRC
22	Don Burnett	Oklahoma City	OK	41	1:16:10	3:49	02-95	Tulsa/Red Deer Run
23	Dave Cundiff	Tulsa	OK	40	1:16:22	3:50	10-77	Tulsa/Nat. Champship
24	John Wood	Sand Springs	OK	41	1:16:35	3:50	02-96	Tulsa/Red Deer Run
25	Dan Vasicek	Tulsa	OK	40	1:16:40	3:50	02-83	Tulsa/Mohawk/TRC
26	Jim Baker	Oklahoma City	OK	40	1:17:27	3:53	02-91	Tulsa/Red Deer Run
27	Mike Moucka	Shawnee	OK	40	1:17:40	3:53	01-98	Tulsa/Run Long
28	Donnie Harris	Hennessey	OK	44	1:18:04	3:55	01-03	Tulsa/Run Long
29	Hub Barker	Mustang	OK	43	1:18:20	3:55	09-73	Tulsa/Mohawk/TRC
30	Joe McDaniel	Tulsa	OK	43	1:18:29	3:56	03-80	Tulsa/Mohawk/TRC

MALE AGE GROUP: 45 - 49

1	Pete Orban	Claremore	OK	47	1:11:43	3:36	01-03	Tulsa/Run Long
2	Gary Madison	Tulsa	OK	45	1:13:42	3:42	02-92	Tulsa/Red Deer Run
3	Jay Minor	Owasso	OK	46	1:14:08	3:43	12-87	Tulsa/Mohawk/TRC
4	Ray Lattanzia	Claremore	OK	45	1:14:34	3:44	12-88	Tulsa/Mohawk/TRC
5	Larry Worth	Richardson	TX	45	1:15:27	3:47	04-84	OKC/Hefner/OKCRC
6	Everett Crum	Miami	FL	48	1:15:40	3:47	03-83	OKC/Hefner/OKCRC
7	Richard Sinner	Bethany	OK	47	1:15:47	3:48	03-93	Tulsa/Red Deer Run
8	Chris Lipscomb	Temple	OK	46	1:15:47	3:48	01-05	Tulsa/Run Long
9	Glen Lafarlette	Tulsa	OK	45	1:16:15	3:49	12-81	Tulsa/Mohawk/TRC
10	Bob Thomas	Oklahoma City	OK	46	1:16:19	3:49	02-95	Tulsa/Red Deer Run
11	Russell Bennett	Tulsa	OK	45	1:16:25	3:50	02-83	Tulsa/Mohawk/TRC
12	Jerry Crockett	Stillwater	OK	49	1:16:35	3:50	10-77	Tulsa/Nat. Champship
13	Hub Barker	Mustang	OK	47	1:17:12	3:52	10-77	Tulsa/Nat. Champship
14	Robert Anderson	Tulsa	OK	48	1:18:52	3:57	02-96	Tulsa/Red Deer Run
15	Bill London	Oklahoma City	OK	48	1:19:13	3:58	01-98	Tulsa/Run Long
16	David Wray	Edmond	OK	47	1:19:25	3:59	02-11	Tulsa/Sweetheart Run
17	Donnie Harris	Hennessey	OK	45	1:20:19	4:01	01-04	Tulsa/Run Long

18	Peter Bernhardt	Tulsa	OK	48	1:20:22	4:02	02-92	Tulsa/Red Deer Run
19	Tom Kempf	Bartlesville	OK	49	1:20:25	4:02	09-73	Tulsa/Mohawk/TRC
20	John Burdan	Wichita	KS	47	1:20:37	4:02	09-75	Tulsa/Mohawk/TRC
21	Doug Kopp	Bartlesville	OK	45	1:20:47	4:03	02-95	Tulsa/Red Deer Run
22	Tom Bogue	Edmond	OK	45	1:20:53	4:03	02-95	Tulsa/Red Deer Run
MALE AGE GROUP: 50 - 54								
1	Pete Orban	Claremore	OK	50	1:12:13	3:37	01-06	Tulsa/Run Long
2	Larry Worth	Highland Village	TX	51	1:15:05	3:46	02-90	Tulsa/Red Deer Run
3	Tom Kempf	Bartlesville	OK	51	1:15:19	3:46	09-75	Tulsa/Mohawk/TRC
4	Mark Dolph	Tulsa	OK	52	1:15:27	3:47	02-10	Tulsa/Winter Classic
5	Gary Madison	Tulsa	OK	50	1:16:08	3:49	01-97	Tulsa/Run Long
6	George Marchetti	Tulsa	OK	52	1:17:17	3:52	02-95	Tulsa/Red Deer Run
7	Jim McFadden	Sulphur	OK	51	1:17:45	3:54	02-91	Tulsa/Red Deer Run
8	Nocus McIntosh	Tulsa	OK	52	1:18:57	3:57	10-77	Tulsa/Nat. Champship
9	John Stukey	Broken Arrow	OK	52	1:19:22	3:59	01-06	Tulsa/Run Long
10	Art Melendez	Tulsa	OK	53	1:21:35	4:05	12-84	Tulsa/Mohawk/TRC
11	Steve Haigh	Bartlesville	OK	51	1:21:49	4:06	01-97	Tulsa/Run Long
12	Warren Jones	Oklahoma City	OK	51	1:22:07	4:07	01-98	Tulsa/Run Long
13	Mark Plucinski	Joplin	MO	51	1:22:07	4:07	01-06	Tulsa/Run Long
14	Joe Haeggquist	Cookson	OK	51	1:22:09	4:07	02-91	Tulsa/Red Deer Run
15	Henry Hawkins	Tulsa	OK	50	1:22:45	4:09	12-89	Tulsa/Mohawk/TRC
16	Ray Lattanzia	Claremore	OK	53	1:22:55	4:09	01-97	Tulsa/Run Long
17	Ron Kuykendall	Bethany	OK	52	1:22:59	4:09	01-98	Tulsa/Run Long
18	Larry Krutka	Tulsa	OK	51	1:23:16	4:10	01-01	Tulsa/Run Long
19	Tom Ford	Edmond	OK	51	1:23:23	4:11	02-92	Tulsa/Red Deer Run
20	Eddie Dukes	Tahlequah	OK	50	1:23:31	4:11	12-88	Tulsa/Mohawk/TRC
21	Charles Taylor	Oklahoma City	OK	53	1:23:38	4:11	03-93	Tulsa/Red Deer Run
22	Steve Blanchard	Tulsa	OK	53	1:23:42	4:12	12-84	Tulsa/Mohawk/TRC
23	Peter Bernhardt	Tulsa	OK	51	1:24:02	4:13	02-95	Tulsa/Red Deer Run
24	Colin Bray	Tulsa	OK	50	1:24:12	4:13	02-83	Tulsa/Mohawk/TRC
25	Robert Maddy	Sperry	OK	52	1:24:20	4:13	01-98	Tulsa/Run Long
26	Harold McDonald	Broken Arrow	OK	52	1:24:25	4:14	12-79	Tulsa/Mohawk/TRC
27	Larry Clenney	Sand Springs	OK	51	1:24:29	4:14	01-98	Tulsa/Run Long
MALE AGE GROUP: 55 - 59								
1	Nocus McIntosh	Tulsa	OK	55	1:16:09	3:49	12-80	Tulsa/Mohawk/TRC
2	Art Melendez	Tulsa	OK	55	1:19:04	3:58	12-86	Tulsa/Mohawk/TRC
3	Jerry Crockett	Stillwater	OK	55	1:19:54	4:00	04-84	OKC/Hefner/OKCRC
4	George Marchetti	Tulsa	OK	56	1:20:07	4:01	01-99	Tulsa/Run Long

5	Gerald Glass	Springfield	MO	56	1:20:34	4:02	02-95	Tulsa/Red Deer Run
6	Walter Birney	Copeland	KS	56	1:22:23	4:08	02-91	Tulsa/Red Deer Run
7	John Stukey	Broken Arrow	OK	56	1:22:57	4:09	02-10	Tulsa/Winter Classic
8	Glenn Lumry	Choctaw	OK	55	1:22:59	4:09	02-95	Tulsa/Red Deer Run
9	Jim Peller	Tahlequah	OK	55	1:23:17	4:10	03-93	Tulsa/Red Deer Run
10	Ray Lattanzia	Claremore	OK	55	1:23:55	4:12	01-99	Tulsa/Run Long
11	Ron King	Tulsa	OK	56	1:26:03	4:19	01-02	Tulsa/Run Long
12	Jim Tabor	Choctaw	OK	56	1:26:34	4:20	01-97	Tulsa/Run Long
13	Henry Hawkins	Tulsa	OK	55	1:27:20	4:22	02-95	Tulsa/Red Deer Run
14	Jim Smith	Oklahoma City	OK	59	1:27:30	4:23	02-82	Tulsa/Mohawk/TRC
15	Charles Taylor	Oklahoma City	OK	56	1:28:15	4:25	02-96	Tulsa/Red Deer Run
16	Andy Hogan	Claremore	OK	55	1:28:22	4:26	02-95	Tulsa/Red Deer Run
17	Rich Chillingworth	Tulsa	OK	57	1:28:34	4:26	01-09	Tulsa/Winter Classic
18	Charles Bertalot	Tulsa	OK	57	1:28:57	4:27	01-98	Tulsa/Run Long
19	Bob Pannell	Tulsa	OK	55	1:29:16	4:28	12-88	Tulsa/Mohawk/TRC
20	Ross Waltzer	Tulsa	OK	57	1:29:30	4:29	12-79	Tulsa/Mohawk/TRC
21	Jim McFadden	Tulsa	OK	58	1:29:34	4:29	01-98	Tulsa/Run Long
22	Robert Maddy	Sperry	OK	57	1:30:35	4:32	01-03	Tulsa/Run Long

MALE AGE GROUP: 60 - 64

1	Jim Smith	Oklahoma City	OK	60	1:23:35	4:11	11-82	Tulsa/Nat. Champship
2	Frank Miorandi	Coffeyville	KS	60	1:23:53	4:12	10-79	Tulsa/Mohawk/TRC
3	Art Melendez	Tulsa	OK	60	1:24:28	4:14	02-92	Tulsa/Red Deer Run
4	Tom Kempf	Bartlesville	OK	60	1:24:53	4:15	12-84	B'ville/Fanny Freezer
5	Gerald Glass	Springfield	MO	61	1:26:17	4:19	01-00	Tulsa/Run Long
6	Oakland DeMoss	Ft. Smith	AR	60	1:28:04	4:25	12-88	Tulsa/Mohawk/TRC
7	Jim Campbell	Oklahoma City	OK	63	1:28:43	4:27	02-96	Tulsa/Red Deer Run
8	Walter Birney	Copeland	KS	60	1:29:22	4:29	02-95	Tulsa/Red Deer Run
9	Bob Adkins	Tulsa	OK	62	1:29:44	4:30	01-97	Tulsa/Run Long
10	Curt Ransom	Oklahoma City	OK	60	1:30:30	4:32	01-99	Tulsa/Run Long
11	Eugene Byrnes	Tulsa	OK	60	1:31:30	4:35	12-87	Tulsa/Mohawk/TRC
12	Harold McDonald	Broken Arrow	OK	60	1:33:40	4:41	12-87	Tulsa/Mohawk/TRC
13	Richard Mitchell	Tulsa	OK	60	1:34:41	4:45	12-88	Tulsa/Mohawk/TRC
14	Bobby Bomer	Tulsa	OK	62	1:35:55	4:48	01-05	Tulsa/Run Long
15	Rich Thompson	Tulsa	OK	60	1:36:09	4:49	12-89	Tulsa/Mohawk/TRC
16	Andy Hogan	Claremore	OK	63	1:38:04	4:55	01-03	Tulsa/Run Long
17	Ron King	Tulsa	OK	61	1:38:23	4:56	01-07	Tulsa/Run Long
18	Perry Tennison	Guthrie	OK	61	1:38:27	4:56	02-91	Tulsa/Red Deer Run
19	Adrian Wolford	Mustang	OK	63	1:39:31	4:59	01-01	Tulsa/Run Long

MALE AGE GROUP: 65 - 69

1	Paul Heitzman	Eudora	KS	68	1:28:54	4:27	01-00	Tulsa/Run Long
2	Bob Boal	Wake Forest	NC	65	1:32:25	4:38	10-77	Tulsa/Nat. Champship
3	Oakland DeMoss	Ft. Smith	AR	66	1:37:00	4:51	02-95	Tulsa/Red Deer Run
4	Andy Hogan	Claremore	OK	65	1:40:48	5:03	01-05	Tulsa/Run Long
5	Ray Lattanzia	Claremore	OK	65	1:42:10	5:07	01-09	Tulsa/Winter Classic
6	Bob Adkins	Tulsa	OK	67	1:42:56	5:09	01-02	Tulsa/Run Long
7	Perry Tennison	Guthrie	OK	66	1:43:08	5:10	02-95	Tulsa/Red Deer Run
8	Jim McFadden	Owasso	OK	67	1:43:14	5:10	01-07	Tulsa/Run Long
9	Jim McGowan	Tulsa	OK	66	1:45:58	5:18	02-96	Tulsa/Red Deer Run

MALE AGE GROUP: 70 - 74

1	Paul Heitzman	Eudora	KS	70	1:31:55	4:36	01-02	Tulsa/Run Long
2	Jim Smith	Oklahoma City	OK	71	1:38:52	4:57	02-94	Tulsa/Red Deer Run
3	Fisher Lewis	Bethany	OK	70	1:47:30	5:23	02-91	Tulsa/Red Deer Run
4	Jim McFadden	Owasso	OK	70	1:48:57	5:27	02-10	Tulsa/Winter Classic
5	Richard Mitchell	Tulsa	OK	70	1:52:43	5:39	01-99	Tulsa/Run Long
6	Ross Waltzer	Tulsa	OK	70	1:53:25	5:41	03-93	Tulsa/Red Deer Run

