

FEMALE SINGLE AGE 10 km RECORDS

| Name | Town | St | Age | Time | Date | Place/race |
|--------------------|--------------|----|-----|-------|-------|---------------------|
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| Paula Leach | Tulsa | OK | 08 | 40:28 | 04-87 | Tulsa/Hurricane Run |
| Emily Rusley | Tulsa | OK | 10 | 38:59 | 05-88 | Tulsa/River Run |
| Randi Thompson | Poteau | OK | 11 | 38:50 | 05-86 | Tulsa/River Run |
| Natalie Gray | Sapulpa | OK | 12 | 39:08 | 10-88 | OKC/Myriad Gardens |
| Amy Brown | Tulsa | OK | 13 | 39:45 | 09-82 | B'ville/Labor Day |
| Michelle Scholtz | Tulsa | OK | 14 | 38:57 | 04-84 | Tulsa/Hurricane Run |
| Michelle Scholtz | Tulsa | OK | 15 | 37:14 | 09-84 | B'ville/Labor Day |
| Michelle Scholtz | Tulsa | OK | 16 | 37:49 | 10-88 | OKC/Myriad Gardens |
| Sonja Barry | Stillwater | OK | 17 | 34:59 | 09-88 | B'ville/Labor Day |
| Michele Lewis | Stillwater | OK | 18 | 37:57 | 09-88 | B'ville/Labor Day |
| Lourdes Lopez | El Paso | TX | 19 | 37:12 | 04-93 | OKC/Redbud Classic |
| Kelley Cathey | Norman | OK | 20 | 32:58 | 09-82 | B'ville/Labor Day |
| Alicia Moss | Norman | OK | 21 | 35:43 | 04-84 | OKC/Redbud Classic |
| Christine McMiken | Stillwater | OK | 22 | 32:59 | 09-85 | B'ville/Labor Day |
| Sabrina Dornhoefer | Stillwater | OK | 23 | 35:45 | 09-87 | B'ville/Labor Day |
| Christine McMiken | Stillwater | OK | 24 | 34:17 | 10-87 | OKC/Myriad Gardens |
| Yoli Casas | Boulder | CO | 25 | 34:31 | 09-89 | OKC/Myriad Gardens |
| Susan Evans | Tulsa | OK | 26 | 36:28 | 05-90 | Tulsa/River Run |
| Christine Speir | Stillwater | OK | 27 | 34:51 | 05-91 | Tulsa/River Run |
| Marie Boyd | Albuquerque | NM | 28 | 34:36 | 10-88 | OKC/Myriad Gardens |
| Susan Scites | Louisville | CO | 29 | 34:26 | 09-89 | OKC/Myriad Gardens |
| Mary Knisely | Dallas | TX | 30 | 33:33 | 09-89 | OKC/Myriad Gardens |
| Kimball Dryden | Seattle | WA | 31 | 33:54 | 04-89 | OKC/Redbud Classic |
| Suzie Flagler | Norman | OK | 32 | 37:44 | 04-88 | OKC/Redbud Classic |
| Michelle Buchicchi | Glendora | CA | 33 | 35:06 | 09-89 | OKC/Myriad Gardens |
| Brenda Webb | Austin | TX | 34 | 34:12 | 10-88 | OKC/Myriad Gardens |
| Brenda Webb | Austin | TX | 35 | 34:14 | 09-89 | OKC/Myriad Gardens |
| Carol McLatchie | Houston | TX | 36 | 35:19 | 10-88 | OKC/Myriad Gardens |
| Suzy Hunt | Norman | OK | 37 | 36:53 | 09-93 | Woodward/Sandplum |
| Martha O'Rourke | Tulsa | OK | 38 | 37:14 | 05-89 | Tulsa/River Run |
| Martha O'Rourke | Tulsa | OK | 39 | 37:30 | 05-90 | Tulsa/River Run |
| Ngairé Drake | Santa Monica | CA | 40 | 35:19 | 09-89 | OKC/Myriad Gardens |
| Jane Hutchison | Webb City | MO | 41 | 36:13 | 10-87 | OKC/Myriad Gardens |
| Jane Hutchison | Webb City | MO | 42 | 37:09 | 04-88 | OKC/Redbud Classic |
| Jane Hutchison | Webb City | MO | 43 | 35:31 | 09-89 | OKC/Myriad Gardens |

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| Mary Wood | Montrose | CO | 44 | 36:39 | 09-89 | OKC/Myriad Gardens |
| Maureen Bixby | Norman | OK | 45 | 37:57 | 10-87 | OKC/Myriad Gardens |
| Jane Hutchison | Webb City | MO | 46 | 37:26 | 03-92 | OKC/Redbud Classic |
| Jane Hutchison | Webb City | MO | 47 | 37:56 | 09-93 | OKC/National Masters |
| Barbara Luciano | Oklahoma City | OK | 48 | 38:54 | 11-98 | Tulsa/Turkey Trot |
| Jane Hutchison | Webb City | MO | 49 | 39:02 | 04-95 | OKC/Redbud Classic |
| Jane Hutchison | Webb City | MO | 50 | 38:49 | 04-96 | OKC/Redbud Classic |
| Terri Cassel | Tulsa | OK | 51 | 41:17 | 10-12 | Tulsa Zoo Run |
| Marion Irvine | San Raphael | CA | 52 | 39:40 | 04-82 | Tulsa/Pepsi Challenge |
| Lydia Borges | Tulsa | OK | 53 | 45:14 | 02-95 | Broken Arrow/S. Heart |
| Terri Cassel | Tulsa | OK | 54 | 41:39 | 12-15 | Edmond/Holiday Hustle |
| Lydia Borges | Tulsa | OK | 55 | 46:19 | 04-97 | Tulsa/River Run |
| Terri Cassel | Tulsa | OK | 56 | 41:09 | 12-17 | Edmond/Holiday Hustle |
| Lydia Borges | Tulsa | OK | 57 | 46:51 | 10-98 | Tulsa Zoo Run |
| Lydia Borges | Tulsa | OK | 58 | 46:21 | 10-99 | Tulsa Zoo Run |
| Jane Hutchison | Webb City | MO | 59 | 44:37 | 10-05 | Tulsa Zoo Run |
| Janet Myers | Bethany | OK | 60 | 48:38 | 04-97 | OKC/Redbud Classic |
| Donna Spencer | Tulsa | OK | 61 | 49:26 | 10-12 | Tulsa Zoo Run |
| Terri Cassel | Tulsa | OK | 62 | 42:41 | 09-23 | Tulsa/Milestones |
| Dru Young | Sapulpa | OK | 63 | 51:48 | 03-99 | Norman/Arts Classic |
| Mary Norckauer | Baton Rouge | LA | 64 | 52:45 | 09-89 | OKC/Myriad Gardens |
| Kathy Perryman | Tulsa | OK | 65 | 54:02 | 10-04 | Tulsa Zoo Run |
| Sharon Sowell | Jenks | OK | 66 | 55:58 | 11-05 | Tulsa/Trukey Trot |
| Linda Byrd | Warner Robins | GA | 67 | 52:26 | 07-12 | OKC/Blazing Sun |
| Faith Walkwitz | Tahlequah | OK | 68 | 56:29 | 06-02 | Tahlequah/Cher. Chase |
| Judy Bomer | Tulsa | OK | 69 | 55:03 | 04-13 | Jenks/Aquarium Run |
| Faith Walkwitz | Tahlequah | OK | 70 | 58:19 | 11-04 | Tulsa/Turkey Trot |
| Judy Bomer | Tulsa | OK | 71 | 57:26 | 04-15 | Jenks/Aquarium Run |
| Sharon Sowell | Bixby | OK | 72 | 1:05:45 | 10-11 | Tulsa Zoo Run |
| Deloris Green | Oklahoma City | OK | 73 | 1:09:38 | 05-05 | OKC/Sooner Games |
| Pat Hill | Oklahoma City | OK | 74 | 1:03:33 | 04-03 | OKC/Redbud Classic |
| Pat Hill | Oklahoma City | OK | 75 | 1:05:50 | 04-04 | OKC/Redbud Classic |
| Judy Bomer | Tulsa | OK | 76 | 1:07:18 | 07-19 | Tulsa/Bedlam run |
| Judy Bomer | Tulsa | OK | 78 | 1:08:08 | 01-22 | Tulsa/Go ShortGo long |

