

ALL TIME INDIVIDUAL BEST PERFORMANCES BY FEMALE OKLAHOMANS

Based on WMA age-graded Scoring - Actual time is converted to Open time.

(WORLD MASTERS ASSOCIATION)

WMA						AGE	PERF.	
Place	Name	Town	Date	Ag	Place/race	ACTUAL Time	GRADED Time	PERCENTAGE Time
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1	Terri Cassel	Tulsa	09-23	62	Tulsa/Milestones	42:41	32:06	94.49
2	Kelley Cathey	Norman	09-82	20	B'ville/Labor Day	32:58	32:58	92.06
3	Christine McMiken	Stillwater	09-85	22	B'ville/Labor Day	32:59	32:59	91.97
4	Paula Leach	Tulsa	04-87	08	Tulsa/Hurricane Run	40:28	33:02	91.84
5	Emily Rusley	Tulsa	05-88	10	Tulsa/River Run	38:59	33:47	89.78
6	Sonja Barry	Stillwater	09-88	17	B'ville/Labor Day	34:59	34:15	88.57
7	Randi Thompson	Poteau	05-86	11	Tulsa/River Run	38:50	34:31	87.90
8	Sara Wells	Stillwater	04-02	23	OKC/Redbud Classic	34:40	34:40	87.50
9	Monique Ecker	Norman	11-91	22	OKC/Jim Thorpe	34:48	34:48	87.17
10	Sabrina Nelson	Broken Arrow	04-13	47	Stillwater/Remember	38:19	35:02	86.60
11	Andrea Bowman	Norman	04-96	30	OKC/Redbud Classic	35:03	35:03	86.59
12	Barbara Luciano	Oklahoma City	11-98	48	Tulsa/Turkey Trot	38:54	35:10	86.25
13	Karen Cramond	Edmond	06-85	27	OKC/Sooner Games	35:15	35:15	86.05
14	Kay Gooch	Norman	04-95	22	OKC/Redbud Classic	35:18	35:18	85.93
15	Maureen Bixby	Norman	10-87	45	OKC/Myriad Gardens	37:57	35:22	85.77
16	Debbie Porter	Lawton	10-87	28	OKC/Myriad Gardens	35:25	35:25	85.65
17	Donna Levy	Stillwater	09-92	24	Skiatook Run	35:31	35:31	85.41
18	Kirsten Chapman	Oklahoma City	03-12	48	Edmond/Creek Classic	39:17	35:31	85.41
19	Michelle Scholtz	Tulsa	09-84	15	B'ville/Labor Day	37:14	35:33	85.36
20	Natalie Gray	Sapulpa	10-88	12	OKC/Myriad Gardens	39:08	35:33	85.35
21	Alicia Moss	Norman	04-84	21	OKC/Redbud Classic	35:43	35:43	84.93
22	Sabrina Dornhoefer	Stillwater	09-87	23	B'ville/Labor Day	35:45	35:45	84.85
23	Amanda Goetschius	Norman	12-15	26	Edmond/Holiday Hustle	35:45	35:45	84.85
24	Katalin Racz	Oklahoma City	04-96	31	OKC/Redbud Classic	35:48	35:46	84.82
25	Pam Sneed	Cleveland	10-05	49	Tulsa Zoo Run	40:05	35:50	84.66
26	Tova Lutdal	Norman	04-85	20	OKC/Redbud Classic	36:00	36:00	84.31
27	Monica Joannes	Tulsa	10-05	24	Tulsa Zoo Run	36:02	36:02	84.18
28	Brenda Stukey	Broken Arrow	10-00	41	Tulsa Zoo Run	37:30	36:04	84.09
29	Stephanie Andre	Bixby	03-17	34	Jenks/Aquarium Run	36:19	36:05	84.08
30	Susan Evans	Tulsa	05-89	25	Tulsa/River Run	36:10	36:10	83.87
31	Shannon Compton	Oklahoma City	04-98	28	OKC/Redbud Classic	36:12	36:12	83.79

32	Suzy Hunt	Norman	09-93	37	Woodward/Sandplum	36:53	36:16	83.64
33	Jackie Goodman	Stillwater	04-90	22	OKC/Redbud Classic	36:17	36:17	83.60
34	Fride Vullum	Tulsa	10-05	29	Tulsa Zoo Run	36:17	36:17	83.60
35	Camille Herron	Norman	10-04	22	Tulsa Zoo Run	36:22	36:22	83.41
36	Donna Spencer	Tulsa	04-97	45	OKC/Redbud Classic	39:02	36:23	83.39
37	Martha O'Rourke	Tulsa	05-89	38	Tulsa/River Run	37:14	36:26	83.26
38	Priscilla Godi	Tulsa	10-00	39	Tulsa Zoo Run	37:26	36:27	83.26
39	Kristin Radcliff	Tulsa	10-12	24	Tulsa Zoo Run	36:27	36:27	83.22
40	Ashley Miller	Oklahoma City	03-16	27	Norman/LuDown Legacy	36:34	36:34	82.95
41	Janet Myers	Bethany	04-96	59	OKC/Redbud Classic	46:45	36:42	82.67
42	Chelsie Baldwin	Ponca City	11-98	12	Ponca City/Pioneer Wo	40:24	36:42	82.67
43	Ashley Carreon	Oklahoma City	07-18	29	Ada/Fireball Classic	36:46	36:46	82.50
44	Angela Davis	Oklahoma City	05-11	32	OKC/Jim Thorpe	36:52	36:47	82.46
45	Amy Brown	Tulsa	09-82	13	B'ville/Labor Day	39:45	36:49	82.39
46	Camille Herron	Oklahoma City	06-12	30	OKC/Downtown Dash	36:51	36:51	82.36
47	Martha O'Rourke	Tulsa	10-12	62	Tulsa Zoo Run	49:01	36:52	82.28
48	Faith Walkwitz	Tahlequah	10-01	67	Tulsa Zoo Run	52:52	36:53	82.25
49	Debbie Heaton	Midwest City	10-87	38	OKC/Myriad Gardens	37:46	36:58	82.08
50	Emily Helms	Oklahoma City	02-13	17	OKC/Queen of Hearts	37:48	37:00	81.97

